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**SUMMIT OF THE AMERICAS: PM TRUDEAU HOLDS BILATERAL MEETING WITH US PRESIDENT BIDEN. | CONTD. ON PAGE 7**

## 1 IN 4 CANADIANS FEEL IF INTEREST RATES GO UP, THEY WOULD SELL THEIR HOME

**The survey takes a closer look at the impact of interest rates, inflation and housing prices on affordability in Canada**

Over one in five Canadians expect rising interest rates to have a significant negative impact on their overall mortgage, debt and financial situation. As many as eighteen per cent of homeowners believe they can no longer afford the house they own. Indebted Canadians are more likely to report that debt is causing them stress with close to half saying it is negatively impacting their mental health. The housing market is out of reach for most – two-thirds do not view home ownership as being affordable, in their local community. Nearly half of Canadians said they would struggle to handle unexpected expenses or are reconsidering summer vacation plans due to affordability concerns.

TORONTO /CNW/ – Home ownership has been viewed as out of reach for many Canadians, for quite some time. In June 2021, Manulife Bank's Debt Survey revealed seven out of ten Canadians (71%) who do not own a home worry about saving up for one, including as many as two in five who worry a lot about this. In June 2022, the bi-annual Debt Survey reveals with interest rates, inflation and housing prices increasing, many who are already homeowners say if interest rates were to increase further, they would be forced to sell their home. The affordable housing crisis has been well-documented for some time, and the renewed data from this year's Debt Survey highlights the impact interest rates, inflation and housing prices continue to have on Canadians' standard of living and livelihoods. About the Manulife Bank of Canada Debt Survey "Now in its twelfth year, the Manulife Bank of Canada poll surveyed 2,001 Canadians in all provinces between ages 20 and 69 with household income of more than \$40,000. The survey was conducted online by Ipsos between April 14 and April 20, 2022. National results were weighted by gender, age, region, and education.

## PUNJAB CM SEEKS SUPPORT FROM CANADA FOR ARRESTING GANGSTERS

Punjab Chief Minister Bhagwant Mann on Friday sought support from Canada for arresting the gangsters operating from its soil. The Chief Minister flagged the issue with Canadian High Commissioner Cameron Mackay, who called on the former at his residence here. The Chief Minister expressed concern over the mushrooming up of gangs and gangsters in both the countries. Mann informed the High Commissioner that gangsters operating from Canadian soil are disturbing hard earned peace of state. He said these gangsters create law and order problem on one hand and derail the progress of the state on other hand. Advocating a harsh punitive action against the gangsters, Mann said that they should be punished under severest of severe provisions of law so that it acts as deterrent for others. The Chief Minister, while batting for joint police operation between Canada and Punjab, said it is the only way which can free both these lands from gangsters. He apprised the High Commissioner that Punjab Police has a glorious tradition of upholding law and order situation even in hostile situations, adding if

advanced police force like Canada cooperates with Punjab Police then these gangs can be weeded out easily.



## Y MEDIA'S NEW VENTURE: Y MEDIA PLUS 24\*7 ENGLISH CHANNEL WELL RECEIVED BY THE COMMUNITY



**POOJA LUTHRA**

Y Media is always connected and engaged with its audience through its five media platforms, namely TV Channel Y, Radio Y FM 91.9, Midweek Newspaper, southasiandaily.com and Y Media TV mobile app. | CONTD. ON PAGE 9

## CANADA CREATES 40,000 JOBS IN MAY, UNEMPLOYMENT RATE DOWN TO 5.1%:

Employment rose by 40,000 (+0.2%) in May and the unemployment rate edged down to 5.1%. The employment increase was driven by gains in full-time work among young and core-aged women. The increase was spread across several industries, led by wholesale and retail trade, and was concentrated in Alberta. Total hours worked were little changed in May, but were up 5.1% compared with 12 months earlier. | CONTD. ON PAGE 11

## MORE THAN TWO IN FIVE CANADIANS REPORT BEING MOST AFFECTED BY RISING FOOD PRICES: STATSCAN

Rising prices are affecting the ability to meet day-to-day expenses for most Canadians. Over the past year, consumer inflation has steadily increased, reaching a year-over-year increase of 6.8% in April 2022. Heightened consumer demand and challenges to the supply chain are some of the main factors contributing to higher prices. | CONTD. ON PAGE 11

## DRIVING INSTRUCTOR MUNISH 'MIKE' BHARDWAJ, 49, FROM BRAMPTON CHARGED WITH SEXUAL ASSAULT & SEXUAL EXPLOITATION

Investigators from the Peel Regional Police Special Victims Unit have charged a 49-year-old driving instructor concerning a sexual assault investigation. In April 2022, a 17-year-old young person hired a driving instructor operating out of a Brampton location to instruct them over several lessons. | CONTD. ON PAGE 11

## BRAMPTON SOUTH MP SONIA SIDHU ANNOUNCES \$30 MILLION IN RENEWED DIABETES RESEARCH FUNDING



| DETAILS ON PAGE 12

## CANADA SUPER VISA CHANGES TO BENEFIT INDIANS

Indians will benefit the most from changes introduced by Canada to its super visa programme for parents and grandparents.

Under the changes announced by Immigration Minister Sean Fraser on Tuesday, parents and grandparents coming to Canada can now stay here for up to five years per entry. The changes will kick in from July 4.

**NISHAN DURAIAPPAN, CHIEF OF PEEL REGIONAL POLICE, ASSUMES THE ROLE OF PRESIDENT OF ONTARIO'S POLICE LEADERS**



CONTD. ON PAGE 7

## FIRST SUMMIT OF 'WEST ASIA QUAD' WITH INDIA, ISRAEL AND UAE NEXT MONTH: US

The United States has said that the first summit of the leaders of a new group of four nations -- the US, India, Israel, and the UAE -- will be held virtually during President Joe Biden's visit next month to West Asia. The group is called I2U2 - for India and Israel whose names begin with the letter "I" and the US and UAE that begin with the letter "U" - and it will be focused on West Asia. | CONTD. ON PAGE 15



**Y MEDIA & V SERVE CANADA WELCOME BOLLYWOOD ACTRESS, POOJA BATRA, IN TORONTO FOR THE 'LIVING WITH WELLNESS' FESTIVAL. DETAILED COVERAGE OF 3-DAY MEGA EVENTS WILL BE AVAILABLE ON ALL Y MEDIA PLATFORMS: PRINT: MIDWEEK NEWSPAPER, TV: CHANNEL Y BELL 828, TELUS 2418, ROGERS 857, IGNITE 707 & Y MEDIA PLUS, RADIO Y 91.9 FM, DIGITAL: SOUTHASIANDAILY.COM OR YMEDIAPLUS.COM**

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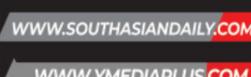
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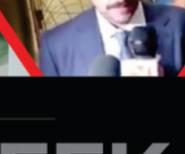


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# MIDWEEK NEWSPAPER



PUBLISHED EVERY TUESDAY

YUDHVIR JASWAL ( GROUP EDITOR- Y MEDIA) IN AN EXCLUSIVE INTERVIEW WITH PRIME MINISTER JUSTIN TRUDEAU



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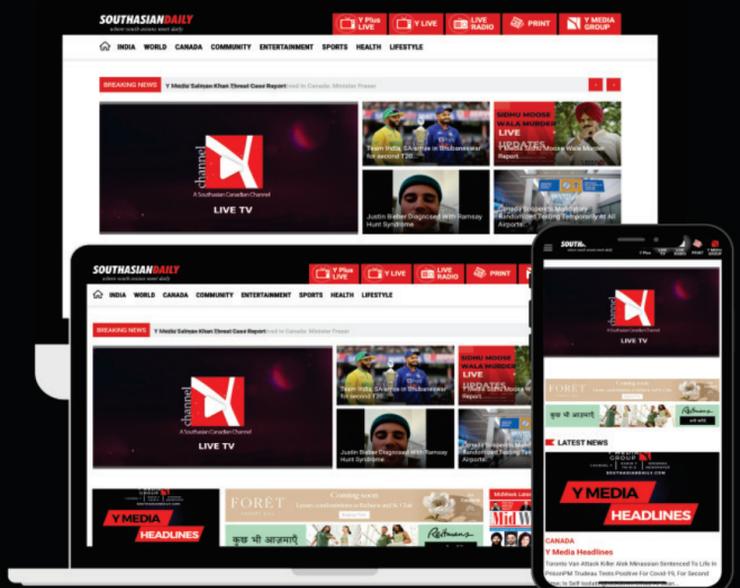
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# LIFESTYLE TORONTO DAZZLES TORONTO WITH A TWO DAY SOUTH ASIAN FASHION EXTRAVAGANZA



**Lifestyle Toronto** – held on the 11th and 12th June at the Fairmont Royal York Hotel, brought the globally renowned Riwayat brand to Canada with the presence and accolades that are the trade mark of the Riwayat global fashion and exhibition event, representing premier brands of South Asian fashion and accessories. The exclusive 2 day – runway and exhibition featuring both renowned and emerging South Asian designers, was a “runway” hit with a packed hall of audience from all over GTA on both days – bringing together political, diplomatic, business and fashion connoisseurs together in a true celebration of design that remains the unmatched hallmark of South Asian craftsmanship. The event supported by the Consulate General of Pakistan Toronto marked the 75th Anniversary of establishment of Canada Pakistan diplomatic relations. Riwayat which means ‘tradition’ has been showcasing the best of textile and fashion from Pakistan and India to new audiences for a decade. Their flagship event “Pakistan Fashion Week London” has presented hundreds of designers to the European market in iconic locations in London, Prague, Rome, Geneva, Karachi, Lahore, with Toronto being the latest addition to their ever-increasing and prestigious global roster. Riwayat, with its global multi-purpose fashion mission and has marked its North American debut with Toronto. And the remarkable convocation of over 60 fashion brands, both renowned and emerging, left the audience enthralled and with repeated calls for making it a regular event.

As mentioned by Riwayat CEO Adnan Ansari: “Toronto has been a true eye opener, and I am humbled by the support and enthusiasm of Greater Toronto Area community in both their love of fashion and encouragement of South Asian designers. Some of our designers were sold out within the hour. I am certainly including Toronto to Riwayat’s mission to spread the appreciation of South Asian couturiers and artisans.” Riwayat’s Founder & CEO Adnan Ansari stated that the common thread of fashion weaves across all communities, “Fashion has no boundaries” I always say fashion is not limited to any race, nation, community or even gender, fashion is for everyone! Pakistan’s leading model Fouzia Aman was the showstopper at the fashion show “Lifestyle Toronto” By Riwayat event that showcased the best of South Asian Fashion Designers (From Pakistan, and other countries) Photo Credit: GSK Films and Kit Chan Some of the designers who were in attendance, included Mohsin Naveed Ranjha, Hamna Amir Designer Jewelry, Purple Haze Pret Studio, Gogi By Hassan Riaz, Samsara By Khadija Batool, Komal Nassir, Mohiuddin Abbasi, WANIYA by Mehr Azam, Ahmed Bham, Faiza Saqlain, Moazzam Hussain Abbasi. and Sonia K Mahajan



DOMENIC PRIMUCCI, PRESIDENT OF PIZZA NOVA AND SAM PRIMUCCI, FOUNDER, PRESENT A CHEQUE FOR MORE THAN \$200,000 TO KAREN STINTZ, CEO OF VARIETY THE CHILDREN'S CHARITY OF ONTARIO, AT THE PRIMUCCI PAVILION, JUNE 14, AS A RESULT OF THE 2022 "THAT'S AMORE PIZZA FOR KIDS" 2022 FUNDRAISER.



VARIETY HONOURS THE PRIMUCCI FAMILY WITH THE UNVEILING OF THE PRIMUCCI PAVILION, WHICH, AT ITS ENTRANCE, BOASTS A MURAL CREATED BY ARTIST NICOLE LALONDE. THE PAVILION WAS NAMED IN HONOUR OF A SUCCESSFUL, 23-YEAR PARTNERSHIP BUILT AROUND HELPING CHILDREN. FROM LEFT TO RIGHT: CHARLES TAERK, CHAIRMAN VARIETY ONTARIO, SAM PRIMUCCI, FOUNDER OF PIZZA NOVA, KAREN STINTZ, CEO VARIETY ONTARIO AND DOMENIC PRIMUCCI, PRESIDENT OF PIZZA NOVA. PHOTO CREDIT: KAJ LARSON.

## VARIETY ONTARIO REVEALS ITS NEWLY RENOVATED PRIMUCCI PAVILION IN HONOUR OF PIZZA NOVA FOUNDING FAMILY

Event serves as backdrop for the unveiling of a 22-foot-wide by 10-foot-high mural, and the presentation of a cheque for \$203,902 from the 2022 That's Amore Pizza for Kids campaign

Since 1963, the Primucci surname has been synonymous with pizza. Today, the entrepreneurial pizzamakers were recognized for close to a quarter-century of support for Variety the Children's Charity of Ontario with the reveal of its newly renovated Primucci Pavilion, the main lobby to the landmark facility located at the intersection of Danforth Ave and Kingston Road. Part of the renovation includes a 22-foot-wide by 10-foot-high mural depicting children at play against the Toronto skyline with the words, "Share the love".

"Pizza Nova has been a deeply cherished partner since 1999," says Karen Stintz, president of Variety. "We are delighted to honour them in this way. Their contributions have helped us to lovingly serve thousands of children and their families over the years. We could not be more thankful for their relentless and inspiring support."

Over the course of a 23-year partnership, Pizza Nova has raised more than \$2 million for Variety with the support of its customers, franchisees and staff. This year's contribution was announced today at the reveal – an amount of \$203,902 raised from the company's 2022 'That's Amore Pizza for Kids' campaign.

"We are blessed to be a part of this community and to be able to give back," said Domenic Primucci, president of Pizza Nova. "The Primucci

Pavilion captures an important element of the drive that has motivated us since day 1 —helping children, no matter their circumstances, to enjoy access to good, wholesome fun and activities. We made our first donation to Variety in 1999 and have never looked back. We're excited about what's to come and thank the board, the leadership and the staff and volunteers at Variety for all they do for the children. They truly make the world a better place."

Variety announced the new name of their pavilion last June and has since completed its renovation of the space. Part of the renovations included the impressive mural, created by Ontario artist Nicole Lalonde.

Sam Primucci, who founded Pizza Nova was in attendance with his wife, Gemma, sons Domenic and Mike, and daughters-in-law Anna and Lori. The family, beaming with passion and pride, committed to maintaining their resolve to make a difference in the lives of the children.

"We're honoured by this new pavilion and beautiful mural," said Sam Primucci. "But, truly, we're here and have always come here to honour the people who work at Variety. We are privileged to be associated with each one of them. We look forward to continuing this partnership for years to come."

Through its programs, Variety helps enrich the lives of thousands of children living with physical and mental disabilities by providing an accessible facility at Variety Village, specialized programs, dedicated staff, and a community in which everyone is equal and welcome.

"The difference the Primucci family has made in the lives of children is

difficult to quantify," said Stintz. "They've provided chances when they seemed scarce, and optimism on difficult days. The kids will remember these opportunities for their whole lives, and so will we."

### About Variety the Children's Charity Ontario

For 73 years Variety- The Children's Charity of Ontario has made a significant impact on the lives of children and youth with disabilities and their families in the greater Toronto area at Variety Village and throughout the province. Variety's specialized programs and services have supported its promise to improve the quality of life and integration into society of all children, regardless of ability. Variety's kids are breaking down societal barriers every single day by showcasing their abilities at Variety Village and in their own communities. Visit [www.varietyontario.ca](http://www.varietyontario.ca)

### About Pizza Nova

Founded in 1963, Pizza Nova is a family-operated business that is committed to sharing the rich taste of Italy with Canadians. Pizza Nova has more than 145 locations in Southern Ontario and is inspired by family values such as trust, integrity and authenticity. Known for fresh toppings and high-quality ingredients and a wide range of authentic Italian menu items including lasagna, panzerotti, Italian sandwiches, chicken wings, arancini and FOCACCIA BARESE™, Pizza Nova also has a line of Primucci-branded products featuring Extra Virgin Olive Oil, Homestyle Tomato Sauce, Italian Hot Peppers, Spicy Green Olives and Sundried Black Olives. Taste the Difference or learn more at [pizzanova.com](http://pizzanova.com).



## EFFECTIVE MONDAY, JUNE 20, CANADA WILL SUSPEND VACCINATION REQUIREMENTS FOR DOMESTIC & OUTBOUND TRAVEL

Today, the Government of Canada announced that, as of June 20, it will suspend vaccination requirements for domestic and outbound travel, federally regulated transportation sectors and federal government employees.

While the suspension of vaccine mandates reflects an improved public health situation in Canada, the COVID-19 virus continues to evolve and circulate in Canada and globally. Given this context, and because vaccination rates and virus control in other countries varies significantly, current vaccination requirements at the border will remain in effect. This will reduce the potential impact of international travel on our health care system and serve as added protection against any future variant. Other public health measures, such as wearing a mask, continue to apply and will be enforced throughout a traveller's journey on a plane or train.

### Requirement for vaccinations suspended for domestic and outbound travel

\* As of June 20, 2022, at 00:01 EDT, vaccination will no longer be a requirement to board a plane or train in Canada.

\* This change does not affect border measures that require all travellers entering Canada to continue following entry requirements, including vaccination.

\* Other public health measures, such as wearing a mask, continue to apply and will be enforced throughout a traveller's journey on a plane or train.

\* Given the unique nature of cruise ships, including the fact that passengers are in close contact with each other for extended periods of time, vaccination against COVID-19 is still required for passengers and crew on cruise ships.

\* Adherence to strict public health requirements on cruise ships will still be required.

### Federally regulated transportation sector workers

\* As of June 20, 2022, at 00:01 EDT, employers in the federally regulated air, rail, and marine sectors will no longer be required to have mandatory vaccination policies in place for employees.

\* Employers will be responsible for establishing return-to-work practices.

\* Furthermore, the Government of Canada is no longer moving forward with the proposed regulations to make vaccination mandatory in all federally regulated workplaces.

### Masking Requirements

\* Travellers on federally regulated planes and trains continue to be required to wear a mask throughout their journey except for brief periods (e.g., eating or drinking).

Passengers on cruise ships will be expected to follow the masking requirements and other hygiene measures as directed by the ship's crew, regardless of whether they are foreign or domestic.

Face masks are the most basic, visible, and low-cost measure for reducing transmission of COVID-19. Studies show that masks reduce spread of the disease, especially in enclosed areas or in areas with reduced ventilation. Public health experts continue to recommend the use of masks in crowded spaces and indoor settings.

### Science-based decision making

Following a successful vaccination campaign, 32 million eligible Canadians have been vaccinated against COVID-19. The Government of Canada's decision to suspend the mandatory vaccination requirement for the domestic transportation sector was informed by key indicators, including

- \* the evolution of the virus;
- \* the epidemiologic situation and modelling (stabilization of infection and hospitalizations across the country);
- \* vaccine science; and
- \* high levels of vaccination in Canada against COVID-19.

The Government of Canada will continue to evaluate measures and will not hesitate to make adjustments based on the latest public health advice and science to keep Canadians and the transportation system safe and secure.

### Entry requirements remain for travel to Canada from abroad

Canadian citizens and Canadian permanent residents returning from international destinations who do not qualify for the fully vaccinated traveller exemption continue to be required to provide a valid pre-entry test result, remain subject to Day 1 and Day 8 molecular testing, and quarantine for 14 days.

In addition, all travellers entering Canada are required to input their mandatory information in ArriveCAN within 72 hours before their arrival in Canada. Travellers who arrive without completing their ArriveCAN submission may be subject to Day 1, Day 8 molecular testing, quarantine for 14 days, and to fines or other enforcement actions, regardless of their vaccination status.

## US SENATE FOREIGN PANEL HEAD PRAISES INDIA'S ROLE, ASKS QUAD TO HELP SRI LANKA

US Senate Foreign Relations Committee Chair Bob Menendez has asked the Quad to help Sri Lanka to avoid "an economic implosion".

In a letter to India's External Affairs Minister S. Jaishankar, he acknowledged India's help to Colombo and wrote: "The Quad can lead the way in working to avoid an economic implosion in Sri Lanka that could spark a humanitarian crisis with wider, destabilising, regional impacts". "New Delhi has already taken a proactive role in providing loans and humanitarian assistance to the Sri Lankan government to avoid a meltdown." The letter was also addressed to US Secretary of State Antony Blinken, Japanese Foreign Minister Hayashi Yoshimasa and Australian Foreign Minister Penny Wong Menendez, who heads the Senate panel which is the first port of call for many foreign affairs-related measures and diplomatic appointments, suggested mobilising the Quad Humanitarian and Disaster Relief Mechanism (HADR) that was announced at the bloc's summit in Tokyo last month to help Sri Lanka.

## LAWRENCE MASTERMINDED MOOSEWALA'S KILLING, BUT WASN'T HE IN JAIL?

"The situation is not in our favour these days... For some time you carry out your work from inside the central jail, do not worry about anything," Nana Patekar told Ajay Devgan in the 2005 Bollywood flick 'Apaharan'. Patekar and Devgan both played gangsters in the film and in the aforementioned scene, the former was asking the latter to spend some time in a prison, as if it is a safehouse for gangsters and not a place where criminals are lodged.

The movie in the beginning also mentions that all characters and incidents in the film are fictitious and any resemblance to any person — be it living or dead — is purely coincidental. The public believed the director's version as such things can only happen in reel life, and not in the real world. However, incidents like the killing of acclaimed Punjabi singer Sidhu Moosewala have made the people rethink whether the movie was just a figment of imagination of the script writer or a reality. Soon after the brutal murder of Moosewala, Punjab Police had made apprehension that jailed gangster Lawrence Bishnoi could be behind it. Since then, the Special Cell of Delhi Police took the custody of Bishnoi, who was at that time lodged in the high-security Tihar Jail in a MCOCA (Maharashtra Control of Organised Crime Act) case. He is allegedly involved in more than five-dozen criminal cases lodged against him in Delhi, Haryana, Rajasthan and Punjab and had once even threatened to kill Bollywood star Salman Khan.

# AHMADIYYA MUSLIM JAMA'AT, MISSISSAUGA HONOURED ALL MPP'S ELECTED FROM MISSISSAUGA



Ahmadiyya Muslim Jama'at, Mississauga honoured all MPP's Elected from Mississauga for Ontario Legislative Assembly by inviting them at a reception on 12 June 2022 at the residence of Naveed Khan Sahib. Respected Lal Khan Malik National President AMJ Canada, Dr Aslam Daud Sahib and Hadi Ali Chowdry Sahib National Vice Presidents AMJ Canada, Abdul Majid Qureshi, President AMJ Mississauga and many other dignitaries, members of AMJ and non-Ahmadi friends attended.

On behalf of the Jama'at Naveed Khan Sahib welcomed all the invitees. Following MPP's Elect spoke on the occasion: Mr Kaleed Rasheed (Mississauga East-Cooksville), Mr Deepak Anand (Mississauga Malton), Mrs Nina Tangri (Mississauga-Streetsville), Mr Sheref Sabawy (Mississauga-Erin Mills) and Mr Rudy

Cuzzetto (Mississauga-Lakeshore)

They all thanked the Jama'at for the support and cooperation and appreciated the motto Love for All Hatred for None. They all were extremely thankful for the members for their volunteer work. All MPP's were also presented bouquets by Respected Amir Sahib Canada. Mr Pervez Akhtar, long time associate of PC Party and close friend of Premier of Ontario Doug Ford also spoke and praised AMJ for spreading love in the society.

Respected Amir Sahib Canada in his closing remarks thanked all the MPP's and invitees. He said that we should always be thankful to Allah who has provided us with the opportunity to live in the best country in the world.

The program ended with a group photo and refreshments.





## MOOSEWALA MURDER SHOWS UNDERWORLD GUNNING FOR TARGETS BEYOND MUMBAI: EX-DRI CHIEF

Mumbai's entertainment business is on the radar of the law enforcement agencies and also attracts a disproportionate level of interest from the national media. The lesser-known Punjabi and Bhojpuri industries, as a result, stay under the radar. Sidhu Moosewala's murder, though, has shown that these industries are not immune to the murky business of extortion and killings.

Making this observation, B.V. Kumar, former DG of the Directorate of Revenue Intelligence (DRI), and author of 'DRI and The Dons' (Konark; 2019), said the underworld is now also intertwined with the entertainment world because of the drug culture, which got exposed in the investigations following the death of Sushant Singh Rajput.

Kumar said in conversation with IANS: "Recent developments, which are well-documented and have been reported extensively in the print and electronic media, indicate that cocaine and Ecstasy (Methamphetamine) are the preferred drugs among people in high places, the rich and the film stars — when they desire something more than money and women to get that extra 'kick'. That is how film stars get attracted to Ecstasy once they make it to the big league." Kumar, incidentally, is a former DG of the Narcotics Control Bureau. Investigative agencies in Hyderabad and Bengaluru have revealed that drug abuse is rampant in the South Indian film industry as well. The narcotics business is the new link between people in the entertainment business and the underworld.

Spelling out how the underworld and the entertainment business got intertwined, Kumar said it is a well-known fact that the enormous amount of money that was generated in the smuggling of gold and other contraband was being used by Dawood Ibrahim Kaskar to invest

in the production of movies, particularly by Bollywood producers. "The money muscle was also being used to dictate to producers which actors/actresses should be cast in the movies that were being financed by him," Kumar said. "It was not uncommon, in the days when he was based in Dubai, for Dawood to summon the producers and the actors/actresses to Dubai either to settle the profits generated by a movie, or entirely for his personal entertainment," he added. "A similar modus operandi was being followed by other smuggling syndicates based in Dubai. His operatives based in Mumbai were also extorting protection money from well-established film stars," Kumar pointed out.

Dawood now lives in Karachi, but he still remotely controls his D-Company, which consists of about 2,000 operatives, Kumar noted. "He's known to be involved in match-fixing and extortion, in the global heroin trade," Kumar said. "He is worth an estimated \$6.7 billion. It is well-documented that money generated in serious crime, including drug trafficking, is redeployed to areas where the returns are high. These include movie production. A successful movie can yield hundreds of crores within a week of its release."

Money from tainted sources continues to flow into the entertainment business, according to Kumar. "It was an open secret in the 1990s that Dawood was actively involved in the entertainment industry," he said. "At present, it is done clandestinely through sophisticated money laundering operations and through hawala. Most of the movies today are produced by different entities, and not by a single producer. This makes it difficult to pinpoint where the money generated through crime is being channelled," Kumar added.

## ELISABETH HOFMANN DONATES \$5M, LARGEST GIFT EVER TO RESEARCH AT TRILLIUM HEALTH PARTNERS

**Landmark gift to Trillium Health Partners' Institute for Better Health to accelerate the learning health system research needed to improve health and health care for all**

Trillium Health Partners Foundation (THPF) is delighted to announce a \$5 million donation from Elisabeth Hofmann to Trillium Health Partners' (THP) Institute for Better Health (IBH), the largest gift to date to the hospital's research and innovation institute. Mrs. Hofmann was introduced to health care through her husband, the engineer and inventor Gabor Zellerman, and took over running his small company, Accurate Surgical Instruments Corporation, when he died. She rapidly grew the company into an international powerhouse, with sales trips that introduced her to hospitals in Canada and around the world. Her connection to health care gives her an appreciation for the importance of funding innovative research and her gift to IBH will enable the research needed to create health system changes within THP, the community and beyond.

THP is one of the largest hospitals in the country, serving the 2.2 million people in the West GTA, one of Canada's most diverse and rapidly growing communities with increasingly complex health needs. Aligned and embedded within THP, IBH is pioneering a new kind of research and innovation that discovers novel and unique ways to improve health and health care for better outcomes and experiences. Since its inception in 2014, IBH has become a world-class research institute focused on cutting-edge science and innovation in health service delivery and population health. Too often research and quality improvements fail to be adopted because researchers and frontline staff are not working together. To address that gap, IBH is committed to a Learning Health Systems approach that aligns research with patient-centred care to generate practical knowledge that can be applied swiftly at the bedside while also informing ongoing improvement throughout the system. Key to the success of this vision is integrating data and experiences with evidence to continuously improve care to better meet the growing needs of the community. IBH is uniquely positioned to advance the Learning Health Systems model to ensure new knowledge is shared and embedded into practice to improve the health of our community.

IBH is home to world-renowned scientists and experts including: Dr. Robert Reid, Hazel McCallion Research Chair in Learning Health Systems and Chief Scientist, IBH and Senior Vice President Science, THP; Dr. Walter Wodchis, Research Chair in Implementation and Evaluation Science and Senior Scientist; Dr. Kerry Kuluski, Dr. Mathias Gysler Research Chair in Patient and Family Centred Care and Scientist; and Dr. Laura Rosella, Stephen Family Research Chair in Community Health and Scientist.

"Mrs. Hofmann's generous donation is a very significant milestone for IBH, THP and our broader community in realizing our vision of embedding research right into the fabric of how our health care system creates and learns. This transformational gift will accelerate our ability to attract leading talent, build advanced population health data infrastructures and amplify our research programs to enable rapid-cycle health system change within our hospital, community and beyond," said Dr. Reid.

Mrs. Hofmann's generous donation to IBH will enable and embed



the Learning Health Systems model across IBH and in our community by growing scientific capacity in this area, establishing an accelerator fund to support complementary research and innovation, and growing infrastructure to access and analyze population health data.

"I'm just a person that if I see something can be made better, and people will benefit, I want to help. I could see that Dr. Reid and IBH are creating something better that will benefit THP and can then be shared with other hospitals. My gift will support this important work and I encourage others to give as well," said Mrs. Hofmann. "Mrs. Hofmann's generosity gives our dedicated research institute, IBH, the tools and talent needed to deliver on our hospital's mission to create a new kind of health care for a healthier community. We are so grateful to Mrs. Hofmann for this most generous gift to accelerate the important work of our scientists," added Caroline Riseboro, President and CEO of the THP Foundation.

### About Trillium Health Partners Foundation

Trillium Health Partners Foundation is dedicated to raising the critical funds needed to address the highest priority needs of Trillium Health Partners, the largest community-based hospital network in Canada. For more information, please visit [trilliumgiving.ca](http://trilliumgiving.ca).

### About Trillium Health Partners

Trillium Health Partners is the largest community-based hospital network in Canada. Comprised of Credit Valley Hospital, Mississauga Hospital and Queensway Health Centre, Trillium Health Partners serves the growing and diverse populations of Mississauga, West Toronto and surrounding communities. Trillium Health Partners is a teaching hospital affiliated with the University of Toronto and home of the Institute for Better Health. For more information, visit [thp.ca](http://thp.ca).

### About the Institute for Better Health

As THP's research and innovation engine, the Institute for Better Health (IBH) is a core enabler of THP's mission of a new kind of health care for a healthier community through the application of scientific expertise, innovative thinking and partnerships. Focused on generating cutting-edge science and innovation in health service delivery and population health, IBH leads practical research and innovation that shapes how we engage, design, deliver, and finance health care to solve problems stretching from the bedside to the system.

## BOY, 14, ARRESTED AND CHARGED IN KNIFEPOINT SEXUAL ASSAULT INSIDE LAUNDRY ROOM IN TORONTO



The Toronto Police Service would like to make the public aware of an arrest made in a Sexual Assault investigation.

On Saturday, June 4, 2022, officers responded to a call for a Sexual Assault in the Weston Road and Bellevue Crescent area.

It has been reported that:

- \* a male followed the first female victim off the elevator in a building, brandished a knife towards her and attempted to force her into the stairwell
- \* the victim was able to escape by quickly entering her apartment and locking her door
- \* the male then entered a laundry room in the same building
- \* a second victim was inside the laundry room when she was approached by the male
- \* the woman was sexually assaulted at knife point
- \* the male then fled the building

On Tuesday, June 7, 2022, a 14-year-old boy, of Toronto, was arrested and charged with:

- \* Sexual Assault with a Weapon
- \* Assault with a Weapon

He is scheduled to appear in court at 21 Panaroma Court, at the North West Justice Centre, on Wednesday, June 29, 2022, at 1 p.m., room JC.

Anyone with information is asked to contact police at 416-808-7474, Crime Stoppers anonymously at 416-222-TIPS (8477), or at [www.222tips.com](http://www.222tips.com).

A sexual assault is any form of unwanted sexual contact. It includes, but is not limited to, kissing, grabbing, oral sex and penetration. To learn more about sexual assault, including how to report a sexual assault, please visit our Sex Crimes website.

\*\*\*Please refer to Section 110, Subsection 1, of the Y.C.J.A.:

110. (1) Subject to this section, no person shall publish the name of a young person, or any other information related to a young person, if it would identify the young person as a young person dealt with under this Act.\*\*\*

## CANADA SUSPENDS MANDATORY RANDOMIZED TESTING TEMPORARILY AT ALL AIRPORTS TILL THURSDAY, JUNE 30



The Honourable Omar Alghabra, Minister of Transport, the Honourable Jean-Yves Ducloux, Minister of Health, the Honourable Marco Mendicino, Minister of Public Safety, and the Honourable Randy Boissonnault, Minister of Tourism and Associate Minister of Finance, issued this statement today to provide an update on progress being made by the Government of Canada and industry partners to reduce wait times at Canadian airports:

"The Government of Canada recognizes the impact that significant wait times at some Canadian airports are having on travellers. We continue to work with airports, airlines, baggage handlers, and other partners to implement solutions to reduce delays as we approach the summer peak season.

"Our efforts are having a positive impact. Current traveller wait times at major Canadian airports are decreasing.

"Today, the Government of Canada is also announcing that Mandatory randomized testing will be temporarily suspended at all airports between Saturday, June 11 and Thursday, June 30, 2022. Unvaccinated travellers will still be tested on-site. As of July 1, all testing, including for unvaccinated travellers, will be performed off-site.

"This expanded measure builds upon action currently underway by the Government of Canada and the air industry, including:

- \* Regular meetings of Transport Canada (TC), the Public Health Agency of Canada (PHAC), the Canada Border Services Agency (CBSA) and the Canadian Air Transport Security Authority (CATSA), and key industry partners to find solutions to address bottlenecks at pre-board security screening and pre-clearance departure checkpoints, and customs halls.
- \* Hiring of CATSA screening officers continues. Since April, 865 CATSA screening officers have been hired across Canada. CBSA is also maximizing officer availability and additional Student Border Services Officers are now at work.
- \* Prioritizing the issuance of Transportation Security Clearances and Restricted Area Identity Cards for CATSA screening officers to expedite the hiring process and build immediate capacity.
- \* CBSA and the Greater Toronto Airports Authority are making available additional kiosks at Toronto Pearson International Airport customs hall areas.

\* Increasing communication with travellers and stakeholders through social media, signage and multimedia screens to better prepare them for the pre-boarding screening and arrival processing requirements and facilitate a smoother passage in and out of airports.

"Travellers are reminded that the use of ArriveCAN before coming to the airport helps remove unnecessary delays. PHAC is adding additional staff on select days at airports to verify that travellers have completed their ArriveCAN submissions on arrival and further inform air travellers about the importance of the mandatory requirements. PHAC staff will assist travellers in completing ArriveCAN if they were unable to do so.

"We recognize that there is still work to be done, particularly for international arrivals at our largest airports, and we will continue to work with all orders of governments and partners to reduce the delays in the travel system."



## TRUMP ACCUSED OF 'ATTEMPTED COUP' IN 2021 CAPITOL RIOT

Former US President Donald Trump has been accused of an "attempted coup" for orchestrating the January 6, 2021, Capitol Hill riot, a House select committee investigating the insurrection heard during its first public hearing.

On Thursday night, two panel members delivered opening remarks while presenting the findings of its year-long investigation, including previously unseen material documenting the event, reports Xinhua news agency.

The panel, which includes seven House Democrats and two Republicans, also called two witnesses, including Caroline Edwards, the first police officer injured in the attack.

Edwards testified that she was called a "traitor" and a "dog" by the rioters before she was knocked unconscious. It was one of a series of hearings set to be televised throughout the month to show the public what investigators have uncovered about the Capitol riot. Democrat Bennie Thompson, the select committee's chairman, told the hearing: "January 6 was the culmination of an attempted coup, a brazen attempt, as one writer put it shortly after Jan 6, to overthrow the government. "The violence was no accident. It was Trump's last stand."

In her remarks, Liz Cheney, the Republican vice-chair of the committee, said that Trump had "lit the flame of this attack", the BBC reported.

"Those who invaded our Capitol and battled law enforcement for hours were motivated by what President Trump had told them: that the election was stolen and that he was the rightful President.

"President Trump summoned the mob, assembled the mob and lit the flame of this attack," she was quoted as saying.

Footage of a testimony by former US Attorney General Bill Barr was also aired, in which he said Trump's claims that the 2020 presidential election was stolen were "baseless".

"We can't live in a world where the incumbent administration stays in power based on its view, unsupported by specific evidence, that there was fraud in the election," the BBC quoted Barr as saying.

Meanwhile, Trump's allies and supporters have charged the inquiry as a political "witch hunt" designed to tar the former President and the Republican Party.

Earlier, Trump had dismissed it as a "political hoax".

On January 6, 2021, thousands of individuals, mostly Trump supporters, stormed the Capitol in Washington, D.C. and disrupted a joint session of Congress in the process of affirming the 2020 presidential election results.

Approximately 140 police officers were assaulted in the Capitol attack — 80 US Capitol Police and 60 from the Metropolitan Police Department. Authorities have linked five deaths to the mayhem. Four officers who responded to the attack reportedly committed suicide within the next several months. The worst attack on Congress in more than 200 years, the siege led to Trump's second impeachment by the House shortly, with barely a week left in his presidency.

They accused him of inciting insurrection, but he was acquitted in the Senate.

## SUMMIT OF THE AMERICAS: PM TRUDEAU HOLDS BILATERAL MEETING WITH US PRESIDENT BIDEN



Prime Minister Justin Trudeau met with the President of the United States of America, Joe Biden, to reiterate their commitment to deepening the Canada-U.S. partnership on a wide range of bilateral, regional, and global challenges.

The leaders discussed Putin's illegal and unjustifiable military aggression against Ukraine, the immense human grief and suffering, and stressed their unwavering commitment to continue supporting the government and people of Ukraine. The leaders agreed to continue their close cooperation on sanctions alignment, and on economic, humanitarian, military, and other forms of assistance, and to continue working with partners and allies to maintain unity in the face of Russia's disregard for the sovereignty and territorial integrity of Ukraine, and the rules-based international order.

The Prime Minister noted Canada's commitment to the defence and security of NATO Allies, and of the North American continent. He outlined Canada's recent defence spending commitments in Budget 2022, and discussed support of North American Aerospace Defense Command (NORAD) modernization.

On the Summit of the Americas, the Prime Minister and the President shared their mutual commitment to the Summit theme of "Building a Sustainable, Resilient, and Equitable Future." The Prime Minister noted his commitment to supporting inclusive economic growth, pandemic recovery, climate action, the green transition, and democratic resilience in the hemisphere. The Prime Minister expressed his support for President Biden's Americas Partnership for Economic Prosperity, and looked forward to working together with the President and other hemispheric partners to advance the well-being of people across the hemisphere. The Prime Minister and President discussed irregular migration and forced displacement, and reiterated their commitment to working together to address the root causes of migration. The Prime Minister expressed his support for the Los Angeles Declaration on Migration and Protection, and his commitment to enhance cooperation with the U.S. and other partners to respond to the current humanitarian, protection, and irregular migration challenges in the region. The Prime Minister and President discussed the ongoing crisis in Haiti. The leaders noted the polarizing effects of disinformation, and the grave threat it poses to civil societies, especially in Russia.

The Prime Minister and President discussed their mutual commitment to enhancing collaboration on regional security and good governance in the Indo-Pacific region, and with regards to their respective relationships with China. They recognized Canada's recent announcement that it intends to implement a new telecommunications security framework, and to prohibit the inclusion of Huawei and ZTE's products and services in Canada's 5G networks.

The Prime Minister and the President renewed their commitment to supply chain security and resilience and noted the release earlier today of the U.S.-Canada/Canada-U.S. Supply Chains Working Group Progress Report. The leaders also noted progress made under the Joint Action Plan on Critical Minerals, and discussed the importance of taking further action bilaterally. They also stressed their commitment to working with like-minded partners to drive investment to mining, minerals processing and recycling projects, including for those critical minerals which are core inputs for electric vehicles, advanced batteries, and other clean energy technologies.

The leaders noted the recent challenges with global energy markets and reiterated the importance of working together to strengthen Canada-U.S. energy security. They recognized the opportunity that enhanced Canada-U.S. energy collaboration offers for our collective energy security, that domestic energy security and climate action are increasingly and inextricably tied together, and that the clean energy transition will deliver energy security and a sustainable future for generations to come.

The Prime Minister and the President therefore noted their shared commitment to combatting climate change and accelerating the green transition. The Prime Minister and the President noted the importance of continuing to promote and nurture trade and investment ties. The Prime Minister noted that the imposition of duties on Canadian softwood lumber are placing further pressure on home prices and affordability. The Prime Minister and the President noted the uniqueness of the Canada-U.S. partnership, and the broad and deep people-to-people ties that bind us together, and stressed their mutual commitment to continuing to deepen the relationship for the benefit of all of our citizens.

The leaders agreed that the President will visit Canada in the coming months.

## LORETTA ROGERS, MATRIARCH & LONG-TIME DIRECTOR AT TELECOM GIANT ROGERS COMMUNICATIONS INC., DIES AT 83

It is with great sorrow that Rogers Communications Inc. ("Rogers") today announces the passing of Loretta Rogers at the age of eighty-three, peacefully in her home, surrounded by family.

A beloved wife to the late Ted Rogers, mother, and grandmother, Loretta lived a full and vibrant life who dedicated herself to family, friendship, community, and business.

Loretta believed passionately in Ted's vision for the company, and through 45 years of a deeply loving marriage, Loretta and Ted supported each other to grow Rogers into the company that it is today. Following Ted's death, Loretta devoted herself to keeping his vision alive and making Rogers the absolute best it could be.

Mrs. Rogers served as a corporate director of Rogers Communications since 1964 and was a member of the Advisory Committee of the Rogers Control Trust. She deeply believed in building a better future for all Canadians, investing financial support and her time. In 2014, Loretta led an unprecedented donation to establish the Ted Rogers Centre for Heart Research aimed at improving the future of heart health, in addition to founding the Loretta A. Rogers Chair in Eating Disorders at Toronto General & Western Hospital and the Ted Rogers Family Chair in Heart Function at the Peter Munk Cardiac Centre. Mrs. Rogers served on the board of directors of the University Health Network Foundation since 2004, was on the Bishop Strachan School Foundation from 1980 to 2009, was President & Director of the Canadian Lyford Cay Foundation since 1980, was on the board of directors of the Robert Bateman Foundation since 2012 and was the founding Director of Sheena's Place. Edward Rogers, Chairman of Rogers Communications, said, "Lisa, Melinda, Martha, and I are profoundly saddened by our mother's passing.



## NISHAN DURAIAPPAH, CHIEF OF PEEL REGIONAL POLICE, ASSUMES THE ROLE OF PRESIDENT OF ONTARIO'S POLICE LEADERS

The Ontario Association of Chiefs of Police (OACP) has selected Peel Regional Police Chief Nishan Duraiahapp as their new president. Chief Duraiahapp will serve as the president for a one-year period and succeeds outgoing President Chief Gary Conn from Chatham-Kent Police Service. Under Chief Duraiahapp, Peel Regional Police is undergoing significant organizational transformation. He and his organization are committed to being Canada's most progressive, innovative and inclusive police service. Learnings from this transformation of Canada's third-largest municipal police service will serve as a roadmap for other OACP member services. "I want to thank Chief Conn for his incredible leadership and contributions during an important and transitional period in policing in Ontario and across Canada. As we look to the future, there is an opportunity to make seismic shifts in incident response and how police services in our Province can better serve their communities. By establishing multi-sectoral partnerships to find upstream solutions, together with our communities, we can better address systemic and societal issues rather than continuing to apply traditional police and justice system response", said Chief Duraiahapp. "We are excited that Chief Duraiahapp will lead our association. Chief Duraiahapp's passion and dedication to professional and accountable policing ensures that the OACP will remain the voice of progressive policing, one that prioritizes the safety and wellness of our sworn and civilian police professionals and communities members."



## PEEL POLICE RELEASE VIDEOS OF SUSPECTS IN MISSISSAUGA'S HOME INVASION TARGETING HIGH-END VEHICLES

Investigators from the Central Robbery Bureau are continuing an investigation into a home invasion style robbery that occurred in Mississauga on Friday, September 3, 2021. Investigators are sharing videos of the suspects and are asking for the public's assistance for any information that could identify them. A approximately 1:40 a.m., five suspects attended a residence in Mississauga and forced their way into the home. The suspects demanded the occupant's vehicles and money, at which point one of the suspects discharged a firearm into the ground. Fortunately, no serious physical injuries were sustained by any of the victims. All of the suspects are described as male, wearing masks, dark hooded sweaters, dark pants and gloves. Several suspects stole the victim's white 2021 Bentley Bentayga, while the remaining suspects fled the area in a Nissan Murano that they arrived in. The stolen Bentley has since been recovered. These males should be considered armed and dangerous. They are believed to be involved in other home invasions and carjackings in the Greater Toronto Area. Police are still seeking information regarding the stolen Bentley Bentayga or the suspects. If known or located, do not approach them and call 9-1-1 immediately. Anyone with information regarding this incident is asked to contact the Central Robbery Bureau at 905-453-2121 extension 3410. Information may also be left anonymously by calling Crime Stoppers at 1-800-222-TIPS (8477) or by visiting [www.peelcrimestoppers.ca](http://www.peelcrimestoppers.ca)



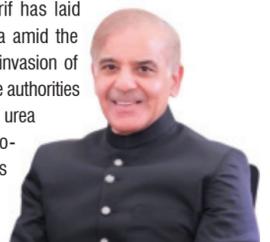
## PAKISTAN PM SHEHBAZ WANTS TO IMPORT WHEAT FROM RUSSIA

Pakistan Prime Minister Shehbaz Sharif has laid stress on importing wheat from Russia amid the US sanctions against Moscow over its invasion of Ukraine. The premier has also directed the authorities to engage China to offer discounts on a urea import deal on a government-to-government (G2G) basis, The Express Tribune reported.

China had offered urea import on deferred payment at 4.35 per cent per annum which comes to around \$2.175 per tonne each month.

During a discussion in a recent cabinet meeting, the prime minister emphasised that the import of wheat from Russia must be on a G2G basis and it should be ensured that the quality of this crop being consumed in Pakistan was of good standard.

Minister of State for Foreign Affairs Hina Rabbani Khar clarified that the US and EU sanctions were not applicable on food items and the talks with Russian authorities on wheat import were on a G2G basis. She also informed the participants of the meeting that as these were not UN sanctions, which were binding, the follow-up on the previous government's claim that Russia had also agreed to supply fuel oil at 30 per cent cheaper price was made but no response was received, The Express Tribune reported. On the import of urea on a G2G basis, Shehbaz directed the industries and production secretary to engage with the Chinese authorities and try to negotiate a possible discount.



# Time to forego religious hatred

ASAD MIRZA

For the past fortnight the largest minority in the country has been put at unease due to a controversy that is not political but religious in nature. The incident is related to controversial remarks made by some ambitious politicians, trying to get noticed by their party's leadership for creating a surcharged and divisive atmosphere in the country on religious lines.

The unpleasant remarks against the most venerated personality in the Islamic community affronted the Muslims not just in India but also globally. The establishment in a hurried response had to heed to the international outcry in a crisis mode.

Instead of adopting a mature and sensible strategy to handle the crisis and assuage the hurt feelings of the largest minority community of the country, the media and politicians tried to portray these remarks as non-consequential and as a litmus test for the minority's followers and refused to apologize till the courts stepped in.

## Common Muslim's Unease

Still worse, the controversy also exposed the common Muslim's inability to explain their history in a logical and contextual manner. Everyone from the common Muslim to its religious leaders was mum, as they couldn't counter the controversy in a contextual manner. Let's try to analyse the controversy and what would have been a better strategy to handle the currently volatile situation and the response by the Muslim community.

It all started by derogatory remarks made by two former spokespersons of the ruling-BJP party against Prophet Muhammad, the most venerated personality amongst Muslims, blaming that he married Hazrat Bibi Aisha (RA), who was only six-years old, when married and nine-years old when the marriage was consummated, while the Holy Prophet was in his 50s.

Notwithstanding the age difference, as perceived by the current generation's mindset, it is worth mentioning that when the marriage proposal was put forward to Hazrat Abu Bakr, by HazratKhoula, he pointed out that Aisha's marriage was already fixed with the son of Muta'im bin Jubair. But when he talked to Muta'im bin Jubair, Muta'im said that since Abu Bakr has forsaken his ancestors' religion, he couldn't marry his son with Aisha. Abu Bakr then accepted the proposal brought by HazratKhoula.

## Historical context

Before we analyse the response of the Muslim community and its leaders to these remarks, let's have a brief look at the current situation of girls and women in other religions and what is the minimum age prescribed in their scriptures.

Myriam Francois-Cerrah in her article written for The Guardian in 2012 on the issue opines that western and now even India media base their criticism on a saying attributed to Bibi Aisha herself (Sahih Bukhari volume 5, book 58, number 3894), and the debate on this



**STILL WORSE, THE CONTROVERSY ALSO EXPOSED THE COMMON MUSLIM'S INABILITY TO EXPLAIN THEIR HISTORY IN A LOGICAL AND CONTEXTUAL MANNER. EVERYONE FROM THE COMMON MUSLIM TO ITS RELIGIOUS LEADERS WAS MUM, AS THEY COULDN'T COUNTER THE CONTROVERSY IN A CONTEXTUAL MANNER. LET'S TRY TO ANALYSE THE CONTROVERSY AND WHAT WOULD HAVE BEEN A BETTER STRATEGY TO HANDLE THE CURRENTLY VOLATILE SITUATION AND THE RESPONSE BY THE MUSLIM COMMUNITY.**

issue is further complicated by the fact that some Muslims believe this to be a historically accurate account, and indeed it is. But before leveling charges we should also analyse the reasoning or motive behind this action.

She points out that, in seventh-century Arabia, adulthood was defined as the onset of puberty. (This much is true, and was also the case in Europe: five centuries after Prophet Muhammad's, marriage to Aisha, 33-year-old King John of England married 12-year-old Isabella of Angouleme). Interestingly, of the many criticisms of Prophet Muhammad, made at the time by his opponents, none focused on Aisha's age at marriage, as that was the norm during those days.

At the age of 25 Prophet Muhammad married his first wife Khadija bint Khuwaylid, who was a widow 15 years older to him. This marriage lasted for 25 years. He married her to encourage widow remarriage and care for destitute women in the emerging Muslim society, which was not a usual practice in that age.

After Bibi Khadija's death in 619 CE, he married a total of 12 women over the remaining years of his life. All of Prophet Muhammad's wives were widows, with the exception of Aisha.

Italian Orientalist Laura VecciaVaglieri in her book, "An Interpretation Of Islam" writes that Prophet Muhammad was a faithful husband to Bibi Khadija for 25 years, and did not marry another woman, except after her death. He at that time was 50 years old. He married each of his wives thereafter for a social or political purpose; such that he wanted to honour the pious women, or wanted the loyalty of certain tribes so that Islam would spread amongst them. All the wives Muhammad married were not virgin, nor were they young or beautiful. So how can anyone claim that he was a lustful man?

## Other religions' views

Hallett JP in her book "Fathers and daughters in Roman society in Rome" (1984), wrote that noble women in Rome or earlier Christianity were known to marry as young as 12 years of age.

The Encyclopaedia of Religion and Ethics mentions Manusmriti, in this regard explained by other authorities in (verses 9.88-89), Gautama (18-21): "A girl should be given in marriage before puberty." and

Vasistha (17.70): "Out of fear of the appearance of the menses, let the father marry his daughter while she still runs about naked. For if she stays in the home after the age of puberty, sin falls on the father." But this leads us to another issue to ponder. This relates to the physical and physiological status of our ancestors. Several scientific reports mention that our ancestors were much superior and stronger in physical health and structure to the current generation of Homo Sapiens, and thus the girls attained puberty much earlier than as of now. Even recently there were some medical reports mentioning that girls currently reach puberty at around 13, much earlier than our and previous generation. This whole episode teaches us to adopt a sincere and respectful attitude for different religions of the world in today's global village based on tolerance and coexistence and respect for others' religion, and avoid unfounded allegations. Instead these two people, though correctly mentioned the fact, but they made the remarks in such a derogatory and foul language that the Muslims all across the world were bound to feel hurt and demand action against them. First, these people should have not adopted such an incourteous behaviour and secondly, the Muslims should have seen through their game that by using derogatory and foul language, these fringe elements were trying to provoke them and reap political benefit by unsettling them and gain political mileage, at their cost. Also these offenders didn't anticipate the strong international condemnation.

Additionally, since the day this controversy started no Muslim leader worth his salt has spoken candidly or correctly against these derogatory remarks. Even Muslim members of most political parties kept mum, except two regional political parties and one individual leader. This teaches us yet again the lesson to be proactive and logic-oriented in our response instead of just being emotional.

*Disclaimer: Asad Mirza is a political commentator based in New Delhi. He writes on Muslims, educational, international affairs, interfaith and current affairs. The opinions expressed within this article are the personal ideas of the author. The facts and conclusions appearing in the article do not reflect the views of Y Media and Midweek Newspaper, and Y Media does not assume any responsibility or liability for the same.*

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## PROJECT ZIGZAG: 100 CHARGES LAID IN CARJACKING SPREE & RETAIL ROBBERY INVESTIGATION IN TORONTO AND DURHAM REGION AREA

The Toronto Police Service Hold Up Squad would like to make the public aware of two arrests in relation to a carjacking spree and retail robbery investigation. Between Sunday, May 15, 2022 and Thursday, May 26, 2022, police responded to 10 carjacking robberies and a related retail robbery that occurred in the Toronto and Durham Region areas.

### It is alleged that:

- \* during the carjacking incidents, a male suspect while armed with a handgun, would approach the victim while making a demand for their car keys
- \* at least one other male suspect would wait nearby in a getaway car
- \* in five of the incidents the suspects were successful in taking the victims vehicles
- \* when successful, the suspects would then flee the scenes in the stolen cars

### It is further alleged that:

- \* during the retail robbery incident, a male suspect entered the premise while pointing a handgun at the employees and making a demand for cash and fireworks
  - \* at least one other male suspect was waiting outside in a getaway car
  - \* the suspect with the handgun took the cash and then forced the employees to load fireworks into the getaway car
  - \* the suspects then fled the scene in the getaway car
- Members of the Toronto Police Hold Up Squad began an investigation dubbed Project ZigZag and were able to identify the suspects. All the vehicles were also successfully recovered.

On Thursday, June 2, 2022, officers from the Toronto Police Service located two suspects and took them into custody.

Tylik Jones, 19, of Brampton, was arrested and charged with:

- 11 counts of Robbery with Firearm
- 11 counts of Disguise with Intent
- Unauthorized Possession of Firearm
- Possession of Firearm Knowing it's Possession is Unauthorized
- Unauthorized Possession of Firearm in Motor Vehicle
- Possession Restricted Firearm with Ammunition
- Possession of Firearm Obtained by Crime
- Possession of Firearm Knowing it's Serial Number Has Been Tampered With
- Carry Concealed Weapon
- four counts of Possession Property Obtained by Crime

11 counts of Fail to Comply with Disposition Y.C.J.A.

He appeared in court on Friday, June 3, 2022, at the Toronto North Court, 1000 Finch Avenue West, 10 a.m., room 306.

A 17-year-old boy, of Toronto, was also arrested and charged with:

- 11 counts of Robbery With Firearm
- 11 counts of Disguise with Intent
- Unauthorized Possession of Firearm
- Possession of Firearm Knowing it's Possession is Unauthorized
- Unauthorized Possession of Firearm in Motor Vehicle
- Possession Restricted Firearm with Ammunition
- Possession of Firearm Obtained by Crime
- Possession of Firearm Knowing it's Serial Number Has Been Tampered With
- Carry Concealed Weapon
- four counts of Possession Property Obtained by Crime
- 11 counts of Fail to Comply with Disposition Y.C.J.A.
- 12 counts of Fail to Comply Recognizance

He appeared in court on Friday, June 3, 2022, at the Toronto West Court, 2201 Finch Avenue West, 10 a.m., room 206.

\*\*\*Please refer to Section 110, Subsection 1, of the Y.C.J.A.:

110. (1) Subject to this section, no person shall publish the name of a young person, or any other information related to a young person, if it would identify the young person as a young person dealt with under this Act.\*\*\*

Anyone with information is asked to contact police at 416-808-7350, Crime Stoppers anonymously at 416-222-TIPS (8477), or at www.222tips.com.

As a result of the increase in carjacking incidents across the Greater Toronto Area, local police services have combined resources and established a task force to further co-ordinate law enforcement efforts in combating these crimes. Carjackings are often violent and affect the larger community, as well as the victims involved. This collaborative approach targets the criminals committing carjackings as well as the organized criminal groups behind them.

Participating services include York Regional Police, the Toronto Police Service, Peel Regional Police, the Ontario Provincial Police, the Durham Regional Police Service and the Halton Regional Police Service, supported by Criminal Intelligence Service Ontario.

## MINISTER ANAND MARKS 5TH ANNIVERSARY OF CANADA'S DEFENCE POLICY



Anita Anand, Minister of National Defence, marked the 5th anniversary of Canada's defence policy, Strong, Secure, Engaged (SSE). Launched in 2017, SSE remains an ambitious yet realistic plan that outlines Canada's defence priorities over 20 years.

Recognizing that Canada cannot meet its defence needs without the dedicated, motivated and highly skilled people who work tirelessly to defend Canada and promote Canadian values and interests at home and abroad, SSE puts our people at the centre of everything that we do, increasing support to our Canadian Armed Forces personnel, to their families, support to their careers, and to establishing a more diverse and resilient Defence Team.

Canada's defence policy committed to significant investments to provide the Canadian Armed Forces with the equipment, infrastructure, technologies and capabilities needed to meet modern and complex challenges at home and around the world, and it established stable, predictable and realistic long-term funding for National Defence. Much has been accomplished over the past five years, but we still have many important initiatives underway. SSE remains our roadmap for National Defence over the coming years, as we look to adapt to an evolving security environment that has changed significantly since the policy's launch. Increasing threats by state and non-state actors, shifting power dynamics, and above and below threshold operations continue to cause uncertainty and instability into an increasingly strained geopolitical environment.

## Y MEDIA'S NEW VENTURE: Y MEDIA PLUS 24\*7 ENGLISH CHANNEL WELL RECEIVED BY THE COMMUNITY

CONTD. FROM PAGE 1

After great success in the south Asian market, Y Media is proud to announce the launch of a 24x7 all-English Television network: Y Plus. As an infotainment channel Y Plus offers your daily dose of news, current affairs, politics, business to the best in entertainment, lifestyle, sports, beauty, fashion, health and much more.

The recent Ontario general elections were covered extensively on the network, wherein the candidates' debates from different ridings were aired daily. Apart from this, Y Media's "Food for Thought," "Editors' Take," and the interviews of many prominent personalities like PM Justin Trudeau, Defence Minister Anita Anand, Immigration Minister Sean Fraser, Conservative Party Leader Candice Bergen, Federal Conservative leadership race candidates; are also aired on Y Plus.

You can watch this channel on our websites: ymediaplus.com and southsiandaily.com or on our app: Y Media TV. We also go LIVE on our Facebook page: Y Media. Stay connected with all Y Media platforms to know what's happening in Canada and worldwide.

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**15,475 AFGHAN REFUGEES HAVE NOW ARRIVED IN CANADA: MINISTER FRASER**

Canada has now marked an important milestone by welcoming our 15,000th Afghan refugee since August 2021. To date, we have welcomed 15,475 vulnerable Afghans. The latest newcomers arrived in Toronto, Ontario, on June 8 on a charter flight with approximately 300 Afghan nationals on board as part of Canada's privately sponsored refugee program.

Welcoming refugees to Canada is an integral part of our country's long-standing and proud humanitarian tradition. It reflects our commitment to provide protection to displaced and persecuted individuals, including Afghan refugees.

Resettling at least 40,000 Afghan nationals is a complex initiative that requires a whole-of-government approach, and through strong partnerships with provinces and territories, service providers, sponsorship agreement holders, private sponsors and the generosity of Canadians and newcomers we will achieve this goal. The Government of Canada also continues to collaborate with international partners to facilitate safe passage for those in Afghanistan, and is working here at home to support these newcomers as they build their new lives in communities across Canada.

Here are some of the key ways we've reached this important milestone:

\* The Special Immigration Measures Program has enabled us to welcome 6,985 Afghans and their families who assisted the Government of Canada, during and after our military mission.

\* Our humanitarian program focuses on resettling Afghan nationals who don't have a durable solution in a third country. It includes women leaders, human rights defenders, persecuted religious or ethnic minorities, LGBTQ2 individuals, journalists and people who helped Canadian journalists. Canada has welcomed 8,490 Afghans under this initiative, including 170 human rights defenders and over 50 Afghan

women judges, lawyers, Members of Parliament and their families.

\* International partners have played a critical role in transporting Afghan refugees to Canada. Canada works closely with the International Organization for Migration, the leading intergovernmental organization in the field of migration, to arrange commercial transportation from third countries to Canada, as well as to coordinate exit formalities specific to the host country. To date, 24 charter flights and dozens of commercial flights have brought Afghans to safety in Canada.

\* Immigration, Refugees and Citizenship Canada's Resettlement Assistance Program plays a key role in providing immediate and essential services to refugees and other vulnerable individuals across the country. It aims to provide what refugees need to live and thrive in their new communities. This includes providing temporary accommodations, helping them find permanent housing and referrals to settlement services, such as information about finding a job, improving their language skills, and adapting to living in Canada generally.

\* Canadians from coast to coast to coast have made cash donations to support Afghan newcomers equaling more than \$1.2 million and have offered in-kind donations totaling more than \$370,000. These generous donations have been coordinated through the National Afghan Steering Committee, established by the Calgary Catholic Immigration Society.

Together, we are making a difference in the lives of Afghan newcomers and their families and providing support to those who need it most. Individuals and businesses looking to get involved through volunteering, donating, sponsoring or supporting the wider resettlement efforts can learn more about how Canadians can help.

**CANADA IMPOSES SANCTIONS ON RUSSIAN OIL, GAS AND CHEMICAL INDUSTRIES**

The Honourable Mélanie Joly, Minister of Foreign Affairs, today announced that Canada is imposing new sanctions under the Special Economic Measures (Russia) Regulations in response to Russian President Vladimir Putin's ongoing egregious and unjustifiable invasion of Ukraine. These new measures impose a ban on the export of 28 services vital for the operation of the oil, gas and chemical industries, including technical, management, accounting and advertising services. The banning of the exportation of oil, gas and chemical services targets an industry that accounts for about 50% of Russia's federal budget revenues. The measures announced today apply further pressure on President Putin to immediately withdraw his forces from Ukrainian soil. Canada is unwavering in the belief that Ukrainians deserve to live in peace, and it implores Russian leadership to stop its senseless war. These measures will reduce Russia's ability to wage war and will send a clear message to the Russian regime: Canada will not back down in holding those responsible for the devastation in Ukraine to account. Canada will continue to work with its likeminded partners in the international community to coordinate further measures.

**OSLER'S MANDATORY MASKING POLICY TO CONTINUE BEYOND JUNE 11**



William Osler Health System (Osler) is committed to doing all it can to protect everyone who enters its sites from COVID-19. Like many other Ontario hospitals, Osler will continue with its mandatory masking policy at all its facilities beyond June 11, until further notice.

As a health system caring for some of the most vulnerable in our communities, all staff, physicians, patients, visitors and Essential Care Partners, contractors and vendors will continue to be required to wear a hospital-approved mask when entering an Osler facility. Masks will continue to be available at all entrances.

We thank everyone for their continued support and co-operation.

For more information on Osler's mandatory masking policy and Visitors and Essential Care Partners policy, please visit <https://www.williamoslerhs.ca/en/visiting-us/visiting-hours.aspx>.

**ABOUT WILLIAM OSLER HEALTH SYSTEM and FOUNDATION:** William Osler Health System (Osler) is a hospital system, which includes Brampton Civic Hospital, Peel Memorial Centre for Integrated Health and Wellness and Etobicoke General Hospital, and serves 1.3 million residents of Brampton, Etobicoke and surrounding communities within the Central West region. Nationally recognized for its commitment to patient safety, Osler is also Accredited with Exemplary Standing, the highest rating a Canadian hospital can receive. Osler's emergency departments are among the busiest in Canada and its Mental Health Program is one of the largest in the province. William Osler Health System Foundation seeks to create a healthier community through giving by inspiring its communities to invest in exceptional health care close to home.



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## ARTIFICIAL INTELLIGENCE IN OPHTHALMOLOGY A GAMECHANGER: EXPERT

Artificial intelligence (AI) has emerged as a gamechanger in ophthalmology. Using computer-algorithms, it helps in analysing medical data to detect diabetic retinopathy, glaucoma and others in early stage.

Talking about the use of AI in ophthalmology, Dr AntrikshaWahi of Dr RP Centre of AIIMS said that AI is not the replacement of doctors, instead it makes computer self-sufficient in the diagnostic and detection at early stages. The basis of diagnoses made by AI algorithms is mechanical, and thereafter human intervention is required for further interpretation and the treatment.

AI has important roles in ophthalmology in early screening and detection of conditions such as diabetic retinopathy, retinopathy of prematurity, glaucoma, and other disorders, he said, adding that the study is underway for the use of AI in Corneal Opacity, Cataract Screening and others at AIIMS.

Cataract is responsible for 70 per cent of blindness in India. However, with early intervention at the right stage, it could be avoided. Diabetic retinopathy, Retinopathy of prematurity, Glaucoma and cataracts are most common conditions for which use of AI has been demonstrated.



## AVERAGE RENT FOR ALL CANADIAN PROPERTIES LISTED ON RENTALS.CA WAS \$1,888 PER MONTH IN MAY 2022; UP 3.7% FROM APRIL

The average rent for all Canadian properties listed on Rentals.ca was \$1,888 per month in May 2022, which represents a year-over-year increase of 10.5%. This also represents a month-over-month increase of 3.7%, the largest monthly increase since May of 2019. The data includes single-detached, semi-detached, townhouse, condominium apartments and rental apartments.

### National Overview

Rents continue to rise as the market moves back toward the pre-pandemic highs of 2019.

### Average Rent by Property Type and Month

The chart below shows the average rent by property type in Canada from January 2019 to May 2022.

Townhouses and basement apartments have been excluded due to the significantly smaller sample sizes, which leads to significantly higher monthly volatility. The most expensive units are single-family homes, with landlords asking \$2,881 per month on average in May 2022, compared to \$2,311 per month for condominium apartments, and \$1,696 per month for rental apartments. Rental apartments typically account for about 55% of listings on Rentals.ca, while condo apartments for lease make up about 25%, suggesting that rental apartments best represent the overall conditions in the domestic rental market. Single-family homes (single-detached and semi-detached) experienced an annual increase in average rent between May 2021 and May 2022, rising by 10.4% annually. Condo apartments experienced the biggest increase, rising by 14.2% annually.

## DRIVING INSTRUCTOR MUNISH 'MIKE' BHARDWAJ, 49, FROM BRAMPTON CHARGED WITH SEXUAL ASSAULT & SEXUAL EXPLOITATION

CONTD. FROM PAGE 1

It is alleged that the driving instructor sexually assaulted the young person during the course of their lesson. On June 3, 2022, police arrested and charged Munish 'Mike' Bhardwaj, a 49-year-old man from Brampton, for the following offences:

- \* Sexual Assault
- \* Sexual Exploitation

He will appear before the Ontario Court of Justice in Brampton on August 22, 2022.

This investigation remains ongoing, and investigators believe there may be additional victims.

Anyone with information on this or any similar incident is asked to contact investigators at the Special Victims Unit at 905-453-2121, extension 3460. Anonymous information may also be submitted by calling Peel Crime Stoppers at 1-800-222-TIPS (8477) or visiting [www.peelcrimestoppers.ca](http://www.peelcrimestoppers.ca).

## CANADIAN BLOOD SERVICES SAYS NUMBER OF BLOOD DONORS PLUMMETS TO LOWEST POINT IN A DECADE DURING COVID-19

Fewer regular donors during the COVID-19 pandemic has resulted in the smallest donor base in a decade and has stalled efforts by Canadian Blood Services to replenish a critically low national blood inventory. To recover, the organization is shining a light on the need for 100,000 new donors to join Canada's Lifeline this year to ensure patient needs can be met.

"During National Blood Donor Week, we are calling on more people across Canada to book an appointment to donate blood, plasma, and platelets to keep Canada's Lifeline strong," says Rick Prinzen, Canadian Blood Services' chief supply chain officer and vice-president of donor relations.

## MORE THAN TWO IN FIVE CANADIANS REPORT BEING MOST AFFECTED BY RISING FOOD PRICES: STATSCAN

CONTD. FROM PAGE 1

To understand how rising prices are contributing to financial concerns or influencing the financial decisions of Canadians, Statistics Canada conducted the Portrait of Canadian Society survey from April 19 to May 1, 2022. It found that nearly three in four Canadians reported that rising prices are affecting their ability to meet day-to-day expenses such as transportation, housing, food, and clothing. As a result, many Canadians are adjusting their behaviour to adapt to this new reality, including adjusting their spending habits and delaying the purchase of a home or moving to a new rental. Regionally, there was little variation between provinces—most Canadians are feeling the impacts of inflation. Those in lower income quintiles, however, are more concerned about and affected by rising prices.

### More than two in five Canadians report being most affected by rising food prices

During the past year (April 2021 to April 2022), the price of food rose by 9.7%. Canadians had to pay much more for basic food staples, such as fresh fruit (+10.0%), meat (+10.1%) and fresh vegetables (+8.2%). With rising costs in other areas such as shelter and transportation, Canadians have also been less able to budget money for food.

When asked in which area they were most affected by rising prices during the six months preceding the survey, 43% of Canadians answered food. After food, the most affected areas were transportation (32%), shelter (9%) and household operations (8%). Urban residents reported being most affected by food costs (44%). In contrast, transportation costs were of greater concern for rural residents. More than two in five individuals living in rural areas (43%) reported that transportation was how they were most affected. Irrespective of province of residence, transportation costs were of great concern for the majority of Canadians who buy gasoline. Among Canadians who buy gasoline, 94% reported they are very (67%) or somewhat (27%) concerned about rising gasoline prices.

### One in five Canadians expect they are likely to obtain food or meals from a community organization in the next six months

As a result of rising prices, 20% of Canadians reported that their households are very (7%) or somewhat (13%) likely to obtain food or meals from community organizations, such as food banks, community centres, faith-based organizations, school programs or community gardens, over the next six months. A recent study estimated that fewer than 2% of households used a food bank during a three-month period in the early months of the pandemic. However, the latest statistics from Food Banks Canada indicate that the need for and use of food banks has been increasing since June 2020.

## CANADA CREATES 40,000 JOBS IN MAY, UNEMPLOYMENT RATE DOWN TO 5.1%:

CONTD. FROM PAGE 1

Average hourly wages increased 3.9% (+\$1.18 to \$31.12) on a year-over-year basis.

### Employment increases in May

Employment rose by 40,000 (+0.2%) in May 2022, driven by full-time gains (+135,000; +0.9%).

Employment in the services-producing sector rose by 81,000 (+0.5%) in May, with gains spread across several industries, including accommodation and food services.

Employment in the goods-producing sector declined by 41,000 (-1.0%), mostly due to a decline in manufacturing (-43,000; -2.4%).

Employment increased in Newfoundland and Labrador, Prince Edward Island, and Alberta. It declined in New Brunswick and was little changed in all other provinces.

Total hours worked were little changed in May, but were up 5.1% compared with 12 months earlier.

Average hourly wages increased 3.9% (+\$1.18 to \$31.12) on a year-over-year basis, up from 3.3% in April.

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## INDIA, PAKISTAN SEEM TO BE INCREASING SIZE OF NUCLEAR WEAPON INVENTORIES, SAYS ARMS WATCHDOG

India and Pakistan also seem to be increasing the size of their nuclear weapon inventories, a leading arms watchdog has said. At the start of 2022, nine states — the US, Russia, the UK, France, China, India, Pakistan, Israel and North Korea — possessed approximately 12,705 nuclear weapons, of which 9,440 were estimated to be in military stockpiles for potential use. About 3,732 of these warheads were estimated to be deployed with operational forces, and around 2,000 of these were kept in a state of high operational alert. In its annual report published on Monday, the Stockholm International Peace Research (SIPRI) said that all nine nuclear-armed countries are increasing or upgrading their arsenals, Al Jazeera reported. Overall, the number of nuclear warheads in the world continues to decline, but this is primarily due to Russia and the USA dismantling retired warheads. Global reductions of operational warheads appear to have stalled, and their numbers may be rising again. At the same time, both Russia and the USA have extensive and expensive

programmes underway to replace and modernize their nuclear warheads, missile, and aircraft delivery systems, and nuclear weapon production facilities, SIPRI said. The nuclear arsenals of the other nuclear-armed states are considerably smaller, but all are either developing or deploying new weapon systems or have announced their intention to do so. China is in the middle of a significant modernization and expansion of its nuclear arsenal, which appears to include the construction of over 300 new missile silos. India and Pakistan also seem to be increasing the size of their nuclear weapon inventories, while in 2021 the UK announced its intention to increase its nuclear stockpile, SIPRI said in a report. "There are clear indications that the reductions that have characterised global nuclear arsenals since the end of the Cold War have ended," said Hans Kristensen, associate senior fellow with SIPRI's Weapons of Mass Destruction Programme and director of the Nuclear Information Project at the Federation of American Scientists (FAS), Al Jazeera reported.

## Brampton South MP Sonia Sidhu announces \$30 million in renewed diabetes research funding from Government of Canada on behalf of Minister of Health



At today's Sun Life Walk to Cure Diabetes for JDRF in Toronto, Sonia Sidhu, Member of Parliament for Brampton South and Dave Prowten, President and CEO of JDRF Canada announced the renewal of a research partnership between JDRF Canada and the Government of Canada, through the Canadian Institutes of Health Research (CIHR), with the support of a total joint investment of \$30M over the next five years. Sidhu said, "We are delighted to be renewing this research partnership with JDRF Canada. We greatly appreciate the exceptional work being done by researchers with the support of funding from the partnership to develop new treatments and make life better for Canadians with T1D and their families. Established in 2017, with an initial joint investment of \$30M, the JDRF-CIHR Partnership to Defeat Diabetes supports transformative research on type 1 diabetes (T1D). Over the past five years, the partnership has funded several innovative clinical trials and translational research projects focused on accelerating the development of novel treatment approaches for people with T1D. For example, Dr. Maria Cristina Nostro at the University Health Network's McEwen Stem Cell Institute is leading a team focused on developing new transplantation strategies and universal donor stem cells to develop a superior islet-like product for people with T1D that will require little or no immunosuppression. "Canada is home to outstanding diabetes researchers. CIHR is very proud to partner with JDRF Canada to support excellent new research

that will provide insights into how we can improve care and ultimately prevent and cure type 1 diabetes," Dr. Norman Rosenblum, Scientific Director, CIHR Institute of Nutrition, Metabolism and Diabetes said. JDRF Canada and CIHR have recently launched two new funding opportunities as part of the renewal of the partnership. The first funding opportunity will provide \$14M to support research into precision medicine approaches to treating T1D. The second one will provide \$4M for research that addresses issues related to the psychosocial health of people living with T1D. Dave Prowten, President and CEO of JDRF Canada, said, "Receiving this crucial funding through the CIHR partnership will ensure Canada continues as a world leader in T1D clinical trials and translational research — especially as we marked the centenary of the discovery of insulin in 2021. We are fortunate to be working alongside our partner, CIHR, to reach our ultimate goal of finding a cure and moving beyond insulin." Dr. Michael C. Riddell, T1D researcher at York University who was diagnosed with T1D at age 15, and whose son was diagnosed with T1D in May 2016, said, "The discovery of insulin over 100 years ago has kept us alive with this disease. Now we need to take action so that we can live a near normal life by using new technologies while we accelerate our focus on finding a cure for the next generation. A cure would mean that me, my son and all the rest of us living with type 1 or type 2 diabetes would no longer live the burden of managing this disease."



## TORONTO POLICE REQUESTING PUBLIC'S ASSISTANCE IN LOCATING RUBAL SINGH, 28, MISSING SINCE SUNDAY, JUNE 5 IN BRAMPTON

The Toronto Police Service is requesting the public's assistance locating a missing man. Rubal Singh, 28, was last seen on Sunday, June 5, 2022, at 8:05 p.m., in the Brampton area. He is described as 5'11", 200lbs, with black hair and a beard. There was no clothing description provided. Police are concerned for his safety. Anyone with information is asked to contact police at 416-808-5100, Crime Stoppers anonymously at 416-222-TIPS (8477), or at www.222tips.com.



## PUNJAB CM SLAMS CONGRESS, BJP FOR 'LOOTING COUNTRY'

Slamming the Congress and the BJP for "looting the country", Punjab Chief Minister Bhagwant Mann on Saturday said the Britons enslaved India for 200 years but after independence both the parties made the people slave. Addressing a gathering here, the Chief Minister said both the Congress and the BJP played "friendly match" with each other for plundering the public wealth. He said that like the Britons, they also robbed the people of their rights but people had no other option except electing them again and again. Mann said but now in form of AAP people have found a catalyst of change in the country and the people are rejecting both the parties by opting for the Aam Aadmi Party (AAP). The Chief Minister said the winds of change that started from Delhi under Arvind Kejriwal had then engulfed Punjab and now it is ready to sweep the entire country.

## PM TRUDEAU TESTS POSITIVE FOR COVID FOR SECOND TIME



Prime Minister Justin Trudeau announced in a tweet on Monday that he has again tested positive for Covid-19. Trudeau said that he would be following public health guidelines and isolating, Xinhua news agency reported. "I feel okay, but that's because I got my shots. So, if you haven't, get vaccinated. And if you can, get boosted. Let's protect our healthcare system, each other, and ourselves," he said. Last week Trudeau travelled to the US city of Los Angeles for the Summit of the Americas, meeting a number of top officials, including US President Joe Biden. According to the Prime Minister's official website, Trudeau was back in the national capital region for personal issues on Sunday and previously scheduled for private meetings on Monday. He tested positive for Covid-19 in late January and is triple vaccinated. The Prime Minister previously reported being exposed to the virus on two occasions: in March 2020, he went into a 14-day isolation after his wife Sophie Gregoire Trudeau tested positive for Covid-19, and in late December 2021 he announced he was testing regularly and self-monitoring after some members of his staff and security detail tested positive. Two of his sons also tested positive at that time.

## 'EHDA UTHUGA JAWANI CH JANAJA MITHIYE': MOOSEWALA'S DARK PREMONITION AND WAKE-UP CALL



Did Sidhu Moosewala get the feeling that his death was near? Did he hint as much to fans? Well, the lyrics of his last song, "The Last Ride", have set off a debate among netizens because of the uncanny similarities between the song and the circumstances of his death. "Ho chobbar de chehre utte noor dassda, ni ehda uthuga jawani ch janaja mithiye (Everything is revealed in the eyes of the young boy that the funeral will take place in his youth)," the lyrics read. The song was reportedly a tribute to rapper Tupac Shakur, who was shot dead in his car at the age of 25 in 1996. Shockingly, that is how the 28-year-old Sidhu was killed by gangsters in broad daylight at JhawaharKe village in Mansa district. Thirty rounds of bullets were sprayed on him -- the motive was clear. The gun violence and gangster culture of Punjab have sent shivers down the spines of fans and friends. It has been said many times that artists in Punjab are often subjected to "hate-filled comments, threats and negative energy" for simply doing what they love to do. Parmish Verma, known for songs such as "Gaal Ni Kadni", actor-singer Gippy Grewal and songwriter Karan Aujla are some of the major Punjabi artists who had been threatened by gangsters in the past. Recently, Miika also confirmed the trend when he pointed out that "a lot of Punjabi singers, including GippyGarewal and MankirtAulakh, have also got threats. And the incident should be a wake-up call for everyone". A Punjabi singer on condition of anonymity told IANS that the state's artists should stop writing songs on gangsters, guns, and fights. The singer noted: "Our culture has seen a change and we should be blamed for it. I don't know why rappers or songwriters love to call themselves gangsters in their albums. Who are gangsters? Are they up to any good? Why make this culture famous for no reason?" He emphasised that Punjabi culture "is all about love and happiness". That, he said, should be the theme of the songs. "Why are guns needed? We need to change the track from guns and gangsta culture to our own Punjabi culture," he said.

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## WILL STAGGERED PADDY TRANSPLANTATION IN PUNJAB, WILL DELHI HAVE BETTER AIR QUALITY?

With Punjab announcing a staggered schedule for paddy transplantation, will Delhi face a relatively better air quality at the crucial harvest time coinciding with onset of winter this year?

In order to save excess groundwater extraction, for the first time, the Punjab government has declared three different dates for transplantation of paddy for different areas – June 10, 14 and 17. It has also specified timings according to the variety of rice and also the power schedule.

Till last year, there used to be only one date for the whole of the state, which in turn, would result in the harvest time for almost the whole of the state to be around the same time.

Every year, in October, when farmers in Punjab and Haryana start burning their agro-waste after harvesting the paddy, Delhi NCR faces an increased dose of air pollution that continues almost till mid-November.

The Delhi government always blamed Haryana and Punjab even when ample studies have established that the role of agro-waste burning in Delhi NCR's pollution is limited to a few months and does not exceed 45-50 per cent. Delhi NCR has a vast number of its own point sources of pollution.

Asked if it was an instruction from the Commission for Air Quality Management for Delhi NCR and Surrounding Areas (CAQM), one official said: "We did not mention any of our own dates. All that we did was to ask the states to strictly follow the laid down timelines by the Indian

Council of Agricultural Research (ICAR) and the Indian Agricultural Research Institute (IARI)."

So, will this step help Delhi NCR have a better quality this year? "Given the staggered schedule, we should expect better management – both ex-situ and in-situ – of stubble. And, if that happens, we perhaps could have a better handle on the air quality in peak season," said Sagnik Dey, associate professor, Centre for Atmospheric Sciences at the Indian Institute of Technology, Delhi (IIT-D).

Pointing out that Punjab's step is aimed more at saving initial extraction of groundwater and won't help reduce air pollution directly, executive director of Centre for Sustainable Agriculture (CSA), G.V. Ramanjaneyulu, said: "It cannot be a long term solution. What needs to be done along with such measures is to reduce wheat and paddy acreage plus, the government should discourage the combination of rice (kharif) and wheat (Rabi) combination."

Only offering higher minimum support price (MSP) for crops other than rice and wheat – such as the higher price offered by the Punjab government for moong this year – he said: "The government needs to offer guarantee for that produce, only then the farmers would turn to diversify their crops."

Crop diversification has been promoted to wean away the farmers from rice-wheat combination, which has led to both excessive groundwater extractions in Punjab and air pollution from stubble burning travelling to Delhi NCR.

## Air pollution can shorten lives by almost 10 yrs in Delhi: Study

Air pollution can shorten lives by almost 10 years in Delhi, the world's most polluted city, says a report by a US research group.

The Air Quality Life Index by the Energy Policy Institute at the University of Chicago (EPIC) notes that some 510 million people who live in northern India, nearly 40 per cent of India's population, are "on track" to lose 7.6 years of their lives on average, given the current pollution levels, the BBC reported.

The study adds that the average Indian life expectancy is shortened by five years at current air quality levels.

India's 1.3 billion people live in areas where the "annual average particulate pollution level" exceeds the WHO safe limit of 5g/m, it says. Bad air kills millions in India every year.

The smog-filled air, which usually covers Indian cities during the winter months, contains dangerously high levels of fine particulate matter called PM2.5, tiny particles that can clog lungs and cause a host of diseases. However, reducing pollution levels to WHO standards would mean that an estimated 240 million people in Uttar Pradesh would gain 10 years in life expectancy.

EPIC says that since 2013, about 44 per cent of the global pollution has come from India, currently the second most polluted country in the world, the BBC reported.

The report says that more than 63 per cent Indians live in areas that exceed the country's own air quality standard, which says that 40 gm is safe. But in 2019, India's average particulate matter concentration was 70.3 gm, the highest in the world.

"It would be a global emergency if Martians came to Earth and sprayed a substance that caused the average person on the planet to lose more than two years of life expectancy," the BBC quoted Michael Greenstone, one of the authors of the report, as saying.

"This is similar to that situation that prevails in many parts of the world, except we are spraying the substance, not some invaders from outer space," he added.

EPIC says that particulate pollution is the "greatest threat to human life" in India in terms of life expectancy and since 1998, this particulate pollution has increased by 61.4 per cent.

This makes it more lethal than smoking which reduces life expectancy by about 2.5 years, BBC reported.

The increase in air pollution over the past two decades in India has been primarily due to industrialisation, economic development and the skyrocketing use of fossil fuel.

The number of vehicles on the country's roads has increased about four-fold, the report added.

## MANN ABANDONED SANGRUR AFTER BECOMING CM: SUKHBIR BADAL

Shiromani Akali Dal (SAD) President Sukhbir Singh Badal on Monday claimed that Punjab Chief Minister Bhagwant Mann had abandoned people of Sangrur after taking over the reins of the state and this was why the constituents were protesting against opening of AAP election offices for the forthcoming bypoll.

The SAD chief was addressing worker meetings in the Dirba Assembly constituency for joint panthic candidate Kamaldeep Kaur Rajoana, who is contesting the poll on the SAD symbol.

Badal said immediately after becoming the Chief Minister, Mann "had not only sublet governance of the state" to Delhi Chief Minister Arvind Kejriwal but had also failed to conduct a thanksgiving tour of his constituency as well as the Sangrur parliamentary seat that had elected him to the Lok Sabha twice.

He said this is not all. "No development work has been initiated in the Sangrur parliamentary constituency and even ongoing works have been stopped."

Alleging that Mann and the Aam Aadmi Party (AAP) had befooled them in the same way as done by Capt Amarinder Singh earlier, the SAD President said: "Don't think that women will get Rs 1,000 per month as promised. The promised 300 units of free power will also not be given. Even schemes initiated by former Chief Minister Parkash Singh Badal including the 'atta-daal' scheme, shagun scheme and the old-age pension have been disrupted."

"This AAP government has given nothing and has taken the state to the brink of disaster with the total breakdown in the law and order." Appealing to the people to wholeheartedly support the candidature of Rajoana, the SAD President said: "A vote for Biba Rajoana is a vote to free all Bandi Singhs who are in jail even after completion of their life sentences. I appeal to Punjabis to unite as one and elect Biba Rajoana to the Lok Sabha to free Sikh detainees and reunite them with their families."

He also said how Rajoana's immediate family was also a victim of police atrocities with her elder sister and brother being killed and their house being burnt. "This happened despite the fact that Biba Rajoana's father had served in the army and had fought for the country."

The SAD president also related how AAP and Kejriwal were coming in the way of the release of Dewinderpal Singh Bhullar, the brother of the SAD candidate.

He said Kejriwal was not signing the release order of Bhullar for the last seven months despite the fact that all official formalities had been completed.

The Sangrur parliamentary seat is considered a stronghold of the AAP as Mann has won this seat twice -- both times with a margin of over one lakh votes. Also, the AAP won all nine assembly segments from this parliamentary seat during the recent Assembly elections.

The Sangrur Lok Sabha bypoll would be held on June 23 and the counting of votes on June 26.

Meanwhile, to ensure a thumping triumph AAP has deployed six Cabinet ministers to campaign for its candidate Gurmail Singh.

The Cabinet ministers are Brahma Shankar Jimpa in the Sangrur assembly constituency, Kuldeep Singh Dhaliwal in Dhuri, Gurmit Singh Meet Hayer in Barnala, Harpal Singh Cheema in Dirba, Harbhajan Singh in Malerkotla, Baljeet Kaur in Bhadaur and Laljit Singh Bhullar in Lehra. Gurmail Singh is seeking votes on the name of the development works and pro-people initiatives taken by the Mann-led government in three months. This seat fell vacant after Mann resigned as MP following his victory from the Dhuri assembly constituency.

## NUPUR SHARMA SUMMONED BY MUMBAI POLICE ON JUNE 25



The Mumbai Police has sent a notice to former Bharatiya Janata Party (BJP) spokesperson Nupur Sharma in connection with her alleged remarks on Prophet Muhammad.

Sharma will have to appear before the Mumbai Police to record the statement on June 25.

"The notice has been issued by Mumbai Police. She has been asked to appear before Pydhonie Police Station," said a police source.

The source said that on the complaint of Raza Academy, the Pydhonie Police Station had lodged an FIR under various sections of the Indian Penal Code against Sharma.

In the last week of May 2022, during a news debate, Nupur Sharma asked what if she makes offensive remarks about Islam the way people were making offensive remarks about Shivaling and Hinduism. Since then, the intimidation campaign against the former BJP spokesperson has continued unabated, with domestic and foreign Islamists baying for her blood. Multiple death and beheading threats have come her way.

A number of FIRs have also been filed against her in different states of India. Despite her suspension from the BJP over her alleged 'blasphemy' and subsequent apology, Islamists have continued to target her with threats. There are multiple bounties on her head as well now ranging from Rs 20 lakh to Rs 1 crore.

## SONIA GANDHI REACHES OUT TO SHARAD PAWAR, MAMATA BANERJEE OVER PRESIDENTIAL POLL



Congress President Sonia Gandhi reached out to NCP chief Sharad Pawar and West Bengal Chief Minister Mamata Banerjee and other opposition leaders over the upcoming Presidential election.

She met various opposition leaders on Saturday.

After discussions, Sonia Gandhi has deputed Leader of Opposition (LoP) Mallikarjun Kharge to co-ordinate with other leaders as she is suffering from Covid-19 infection.

"Congress President Sonia Gandhi had reached out and deliberated the issue of the upcoming Presidential election with Sharad Pawar, Mamata Banerjee and some other opposition leaders," said a statement from the Congress.

"As per her discussions with other opposition leaders, she deputed the LoP Mallikarjun Kharge to co-ordinate with other leaders in view of her ill health owing to Covid-19," the statement added.

The statement said that the Congress is of the opinion that the country needs a President who can protect the Constitution, democratic institutions and citizens from the ongoing onslaught by the ruling BJP. While the party has not suggested a particular name for the presidential polls, it said it owes it to people to elect a President who can apply a 'healing touch' to India's "fractured social fabric".

"The time is ripe to rise above our differences for the sake of our nation and its people. Discussions and deliberations have to be open-minded and in keeping with this spirit. We believe that Indian National Congress along with other parties should be taking this discussion forward," said the party in the statement.

## RED CORNER NOTICE ISSUED AGAINST GOLDY BRAR IN MOOSEWALA MURDER CASE



A Red Corner Notice (RCN) has finally been issued against Canada-based gangster Satinderjeet Singh alias Goldy Brar, an wanted in the murder case of Sidhu Singh Moosewala which has rocked the nation. The Central Bureau of Investigation had, on June 2, written a request letter to the Interpol to issue a RCN against Goldy Brar. According to the information, Brar went to Canada on a student visa and didn't return after that.

"He killed his cousin Gurlal Brar and entered in the crime world," said a CBI official. The Punjab Police wrote to the CBI for two cases that took place in 2020 and 2021, against which the CBI wrote to the Interpol to issue the RCN. A CBI source said that the request of RCN issuance was sent on a different matter on June 2, but not on Sidhu Moosewala murder case. The first case was FIR no 409 of 2021, which was related to a shootout that took place near Kataria Petrol Pump in Faridkot on November 22, 2020. In October 2021, a Punjab court had issued an arrest warrant against Brar. The Punjab Police filed the charge sheet in the matter on November 12, 2021.

"The second case is related to a murder case of Gurlal which was reported on February 18, 2021. On September 13, 2021 a Punjab court issued an arrest warrant against Brar in this matter. The Punjab Police filed charge sheet in the matter on 22 November 2021. Six months after this they sent us a request to write to Interpol to issue a RCN against Goldy Brar," the source said. Murder of Punjabi singer Shubhdeep Singh, popularly known as Sidhu Moosewala, allegedly on behalf of the Lawrence Bishnoi gang, took place on May 29, 2022. Goldy Brar is a prime accused in the case. He has been accused of hiring gangsters to eliminate Moosewala.



## RUSSIA MAY LOSE OVER 40,000 TROOPS BY JUNE END: UKRAINE PRESIDENT ZELENSKY

Ukrainian President Volodymyr Zelensky said that Russia may lose more than 40,000 soldiers by the end of June.

In a video address on Sunday, the President said: "The Russian army is trying to deploy reserve troops in Donbas. But what reserves can they speak of right now?"

"It seems that they will throw poorly trained conscripts into the battle, as well as those who had been recruited via covert mobilisation efforts. Russian generals consider their people simply as cannon fodder, which they need to ensure they outnumber us in military personnel, in military equipment.

"But this only adds up to one thing: Russian losses in June might exceed 40,000 military personnel. They have not lost as many soldiers in any of the wars in many decades."

Zelensky went on to say that currently the most fierce battles between

the two warring nations are taking place in Sievierodonetsk, a city in the separatist Luhansk region in Donbas, reports Ukrayinska Pravda.

"Ukrainian Defence Forces are fighting for every inch of Ukrainian land," he said, adding that Russian forces were also advancing on Lysychansk, Bakhmut and Sloviansk.

While Lysychansk is in Luhansk, both Bakhmut and Sloviansk are in Donetsk, also a part of Donbas.

Meanwhile, the Luhansk region's military administration said that Russian forces have been relentlessly firing on Lysychansk and Sievierodonetsk over the course of Sunday.

A six year-old child was killed as a result of Russian shelling, it said, adding that Russian forces were trying to press past the Ukrainian defence line by exerting fierce artillery fire.

## Pakistan currency, stock markets take a hit as budget fails to restore investors' confidence

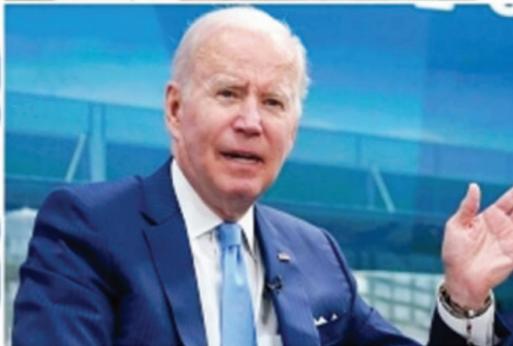
The Pakistani rupee (PKR) and stock markets lost further ground on Monday as the coalition governments maiden budget for the next fiscal year 2022-23 failed to restore investors' confidence, contrary to the expectation of the market.

The local currency surpassed the critical threshold of 204 against the US dollar in the interbank market during intra-day trade, while the benchmark KSE-100 index of the Pakistan Stock Exchange (PSX) plunged by nearly 800 points, Geo News reported.

"The sentiment is negative across all capital markets today," capital market expert Saad Ali said. The expert said that the federal budget for the next fiscal year was being seen as a "major milestone" for the revival of the stalled \$6 billion International Monetary Fund (IMF) programme, Geo News reported. However, Ali stated that the markets believe that the federal budget is "insufficient" and the Fund may not accept this budget. "In line with the statement of Finance Minister Miftah Ismail over the weekend, the market players expect that the government might have to revisit its proposed allocations and targets set in the federal budget in order to convince the IMF," he added. Ali added that the federal budget has further jeopardised the revival of the much-awaited IMF programme. He maintained that more clarity is needed as for now the sentiments are the government will have to do more.



## FIRST SUMMIT OF 'WEST ASIA QUAD' WITH INDIA, ISRAEL AND UAE NEXT MONTH: US



### CONTD. FROM PAGE 1

The first summit will be held during Biden's visit to Israel, the first leg of his maiden trip as President to West Asia from July 13 to 16. He will also visit the West Bank, home to the state of Palestine, and Jeddah, Saudi Arabia, where he will meet around a dozen regional leaders.

A senior White House official on a background call with reporters about the visit said that the new initiative will be launched in a virtual call that Biden will hold with Prime Minister Narendra Modi, Israel's Prime Minister Naftali Bennett, and UAE's President Mohammed bin Zayed Al Nahyan.

They will discuss security and "areas of cooperation across hemispheres where UAE and Israel serve as important innovation hubs", said the official, who spoke on condition of anonymity and went on to describe the meeting as a "unique engagement". No other details were available about this new initiative, its goals, and reach.

A spokesperson for the White House's National Security Council said I2U2 was inaugurated by Secretary of State Antony Blinken in October 2021 and the virtual summit is a follow on "from that initial touch point". "I2U2 is an entirely new grouping of partners that includes the United States, Israel, India, and the UAE. It is focused on expanding economic and political cooperation in the Middle East and Asia, including through trade, combating climate change, energy cooperation, and coordination on other vital shared interests," the spokesperson said.

Since coming into office in January 2021, Biden has launched several multilateral dialogues and initiatives such as a three-nation group with Australia and the United Kingdom called AUKUS and a Quadrilateral dialogue with Afghanistan, Pakistan, and Uzbekistan; and deepened and strengthened existing platforms such as the Quad with India, Australia

and Japan, and the North Atlantic Treaty Organization. He has also returned the United States to several world bodies that it had left under former President Donald Trump.

The July 13-16 visit will be Biden's first to a region considered one of the most volatile in the world. It is expected to reinforce US's "iron-clad commitment" to Israel's security and prosperity and continue the process of its integration into the region under the Abraham Accords brokered by Trump between Israel on the one hand and the UAE and Bahrain on the other in 2020; an agreement with Morocco followed.

Biden will also meet with Palestinian leaders in West Bank, recommitting US to a two-state solution that had been somewhat diluted or abandoned under Trump.

The American president will wrap up his West Asia tour in Jeddah, Saudi Arabia, where he is also expected to attend the summit of the six-nation Gulf Cooperation Council plus Egypt, Iraq, and Jordan (known as the GCC+3). He is expected to hold bilateral meetings with his counterparts. Biden's meeting with the Saudi King Salman bin Abdulaziz Al Saud will be the most closely watched of all his bilateral interactions in Jeddah. He is expected to meet Mohammad bin Salman, the Saudi crown prince who is accused by the US of ordering the killing of Jamal Khashoggi, a Saudi journalist. MBS, as the prince is known, has denied any involvement. Biden has called Saudi Arabia a "pariah" state and released an intelligence report on Khashoggi's killing that points to the crown prince's involvement. Trump, who had forged very strong ties with the Saudi royals, had withheld the report. Since taking office, Biden had restricted his communications with the Saudi leadership to the king, cutting out the crown prince, who is considered the de facto ruler of the country, entirely.

## WORLD FACES LARGEST COST-OF-LIVING CRISIS IN A GENERATION: UN REPORT



The world is facing a cost-of-living crisis unseen in at least a generation, partly due to the Ukraine conflict, said a UN report.

"The largest cost-of-living crisis of the 21st century has come when people and countries have a limited capacity to cope," said the second report of the Global Crisis Response Group on Food, Energy and Finance over the Ukraine conflict on Wednesday. The Ukraine conflict has trapped the people of the world between a rock and a hard place. The rock is the severe price shocks in food, energy and fertiliser markets, given the centrality of both Russia and Ukraine in these markets. The hard place is the extremely fragile context in which this crisis arrived: a world facing the cascading crises of Covid-19 and climate change, it added. "A shock of this magnitude would have been a significant challenge no matter the timing. Now, it is of historic, century-defining proportions," the report said. The Food and Agriculture Organisation's food price index is at near-record levels and 20.8 per cent higher than at this time in 2021, Xinhua news agency reported. Energy market volatility has increased with the recognition that a prolonged conflict will lead to higher energy prices in the medium to long term. Crude oil has now reached more than \$120 per barrel and energy prices overall are expected to rise by 50 per cent in 2022 relative to in 2021. Fertiliser prices are more than double the 2000-2020 average. Maritime transport costs are more than triple the pre-pandemic average due to the lingering effects of Covid-19 and the destruction of the transport infrastructure of Ukraine, as well as higher volume of traffic and congestion-related delays and other factors such as rising fuel costs, the report added. Rising interest rates and growing investor uncertainty have eroded both the value of developing countries' currencies, as well as their capacity to borrow in foreign markets, it said.

"Of greatest concern are the vicious cycles beginning to emerge along the transmission channels of the crisis," the report added.

Higher energy prices, especially diesel and natural gas, increase the costs of fertilisers and transport. Both factors increase the costs of food production. This leads to reduced farm yields and to even higher food prices next season. These, in turn, add to inflation metrics, contributing to what were already increasing interest rate pressures and tightening financial conditions. Tighter financial conditions erode the buying power of the currencies of developing countries, further increasing the import costs of food and energy, reducing fiscal space and increasing the costs of servicing debt, it said. The vicious cycles created by a cost-of-living crisis can also spark social and political instability, warned the report. To break the vicious cycles that feed into and accelerate this cost-of-living crisis, two broad approaches are required: mitigating the impacts of the shock and increasing the capacity of people and countries to cope, it added.

## RANA SANULLAH ACCUSES IMRAN KHAN, WIFE OF RECEIVING 458 KANALS LAND AS GRAFT

Pakistan Interior Minister Rana Sanaullah on Tuesday accused former Prime Minister Imran Khan and his wife Bushra Bibi of accepting Rs 5 billion and hundreds of kanals of land from Bahria Town in return for "providing protection" to the real estate firm in a money laundering case during the PTI rule, media reports said.

Addressing a press conference in Islamabad, Sanaullah said Bahria Town had "illegally transferred" Pak Rs 50 bn to a Pakistani national in the UK. The transfer, he said, was identified by the UK's National Crime Agency, which subsequently informed the then PTI government of the crime, Dawn reported. Sanaullah claimed that Imran Khan, the Prime Minister at the time, had tasked Shehzad Akbar, ex-PM's aide on accountability, to resolve the matter. Akbar "settled" the entire case, while the Rs 50 bn – which was state property and belonged to the national treasury – was adjusted against Bahria Town's liability, the interior minister alleged.

He said the former prime minister accepted a graft of Rs 5 bn as "his share" through Akbar before the case was wrapped up.

Sanaullah said the federal cabinet has formed a sub-committee to investigate the scandal and deal with it as per the law.

"The case did not just end here. Bahria Town, after its Rs 50 bn was protected by the government, entered an agreement and allotted a 458-kanal land with an on-paper value of Rs 530 million to a trust owned by Imran and his wife," he claimed, Dawn reported.

Bahria Town donated the land to the Al-Qadir Trust, with the agreement bearing signatures of the real estate developer's donors and Bushra Khan – the wife of Imran Khan, Sanaullah alleged.

He said the non-profit organisation had only two trustees: Imran Khan and Bushra Bibi. The minister said that another 240 kanals were transferred to Farah Shehzadi – commonly known as Farah – a close friend of Bushra Bibi, Dawn reported. He said the nation's wealth was "looted and the then-first lady signed the documents without any fear".

## RUSSIA WILL PROVIDE PASSAGE FOR CIVILIANS TO LEAVE AZOT FACTORY BUT NOT BY THE ROUTE KIEV WANTED

Russia will provide a way out for civilians at the Azot fertiliser factory in the contested city of Severodonetsk, but will use a different plan to that which Kiev requested, the Russian military said on Tuesday.

The Ukrainian proposal may have been an attempt to extract its soldiers from the blockaded plant, it claimed, RT reported.

The Russian statement said civilians in the Azot plant were being used as a "human shield" by Ukrainian troops who took cover at the facility. Hundreds of non-combatants were allegedly forced to move to the Ukrainian forces' last stronghold in the city as Russian and allied troops captured residential areas in Severodonetsk. The city is claimed by the Russia-allied Lugansk People's Republic (LPR) as part of its territory. "The Ukrainian side considers the position of its military units as hopeless, so we consider the request to save the civilians as an attempt to extract the surviving troops out of the blockade," said Colonel General Mikhail Mizintsev, RT reported. The Russian military noted the situation is not unlike what happened in the city of Mariupol, where Ukrainian troops remained blockaded at the Azovstal plant for weeks before surrendering to Russian and allied troops. Mizintsev urged Ukrainian officials to order their soldiers in Severodonetsk to lay down their arms and surrender too. In the meantime, Russia is willing to grant civilians safe passage to territory controlled by the Lugansk People's Republic (LPR), provided the Ukrainian troops let them go, the statement said.

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Azuki Pasand Premium Soya Rusk 300g Reg: \$2.99	Tang Flavour Crystals 276g Reg: \$2.99	Azuki Pasand Soya Chunks 300g Reg: \$2.99	Dan D Organic Chestnuts 100g Reg: \$2.99	Surati Snacks Series 341g Reg: \$3.99
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National Ginger & Garlic Paste 750g Reg: \$3.99	Crix Original 200g Reg: \$4.99	Realemon Lemon Juice 945ml Reg: \$4.99	Aman's Cumin Seeds Whole 400g Reg: \$4.99	French's Tomato Ketchup 1L Reg: \$5.99
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Kuchenmeister Cake 400g Reg: \$5.99	Merlin Green Tea 200g Reg: \$5.99	S&W Premium 100% Pineapple Juice 240ml Reg: \$5.99	Magal Coconut Milk Powder 300g Reg: \$6.99	Eagle Brand Chick Peas 4lb Reg: \$6.99
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### DAIRY

Zabina Halal Swiss Cheese 450g Reg: \$3.49	Armstrong Melts Slices Cheese 340g 450g Reg: \$2.99	Milk 2 Go (Lactantia) 6x200ml Reg: \$6.99	The Laughing Cow Cheese 32 Portions Reg: \$12.99
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### BAKERY

Cedar Bakery Pita Bread 5pcs Reg: \$1.19	Santitas Bacon Series Spics Reg: \$1.79	Vidhya Cream Roll 220g Reg: \$3.49
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Surati Para Series 300g Reg: \$3.49	Schoof Foods Mini Marble Loaves Cake 400g Reg: \$4.29
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# Mid Week ENTERTAINMENT

SARGUN MEHTA WANTED TO JUMP WITH JOY ON 'SAUNKAN SAUNKNE' BOX OFFICE RESPONSE | 19



June 14, 2022

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## THE RETURN OF GUNS AND GOONS



'OR ELSE...' WAS THE PROVERBIAL THREAT THAT PUT THE FEAR OF GOD IN ANY PERSON. HINDI FILMS TRANSLATED IT TO 'WARNA...', A PHRASE VILLAINS USED IN EVERY FILM! 'YOUR MONEY OR YOUR LIFE' FOLLOWED. TODAY, ALL THESE HAVE BECOME A JOKE. A NOTE WITH A THREAT SCRIBBLED ON IT OR A CALL FROM AN UNTRACEABLE PHONE NUMBER DOES THE TRICK. NO GUN IS POINTED; IN MOST CASES ONLY A CALL IS ENOUGH. SUCH THREATS GET WIDE COVERAGE IN THE MEDIA AND THIS HELPS THE GOONS' CAUSE. OF COURSE, THERE ARE THOSE WHO COMPLY WITH THE THREATS AND NOBODY GETS A WHIFF OF WHAT HAPPENED. THERE WAS A TIME IN THE ENTERTAINMENT INDUSTRY, MORE PARTICULARLY IN FILMS, WHEN EVERY STAR WHO MADE BIG MONEY LIVED IN FEAR. THE MOST SCARY AND DREADED WORDS WERE, 'DUBAI SE CALL HAI'. AND, THE CALL FROM DUBAI MEANT A CALL FROM THE D-COMPANY AND THAT MEANT LIFE OR DEATH. | CONTD. ON PAGE 24

## BIHAR CHILD UNDERGOES SUCCESSFUL SURGERY, PARENTS THANK SONU SOOD



With help from Bollywood actor Sonu Sood, a two-and-half-year old child from Bihar's Nawada got a new lease of life on Thursday. The little girl named Chahumukhi was born with four additional hands and legs in her body. Her parents, who work as daily wage labourers in Nawada, had gone to the SDO office few days ago seeking help for Chahumukhi's surgery. While their efforts didn't yield any immediate result, an onlooker made a video of Chahumukhi and uploaded it on social media. After Sonu Sood saw the video, he sent his team to Nawada to contact Chahumukhi's parents. With his initiative, Chahumukhi was taken to a private hospital in Surat for the surgery. The doctors have now carried out the surgery successfully. The entire expenses were borne by Sonu Sood. Following the successful operation of the child, Sonu Sood tweeted a photograph of Chahumukhi who could be seen resting on the hospital bed. The actor said: "One of the toughest surgeries of the country is successful." He also thanked the Kiran Hospital in Surat and the doctors for the successful surgery. Chahumukhi's parents, who are natives of Hemda village under Warshaliganj block in Nawada district, thanked Sood for giving their daughter a new life.

## CANADA PARA BADMINTON: JOSHI, RAMADASS BAG GOLD; PRAMOD BHAGAT WINS SILVER AS INDIA SIGN OFF WITH 9 MEDALS



Indian para shuttlers continued their great run of form as they clinched nine medals including two gold by Manasi Joshi and Manisha Ramadass at the Canada International Para Badminton in Ottawa. However, Paralympic gold medallist Pramod Bhagat had to settle for the silver going down fighting against his arch rival Daniel Bethell 14-21, 21-9, 15-21. This was Bhagat's second defeat to England's Paralympic silver medallist since the Tokyo 2020 Games. | CONTD. ON PAGE 26

## AR RAHMAN HOSTS WEDDING RECEPTION FOR DAUGHTER; HONEY SINGH, SONU NIGAM BLESS COUPLE



Oscar and Grammy-winning composer A.R. Rahman recently hosted a wedding reception for his daughter Khatija Rahman, who took wedding vows with audio engineer Riyasdeen Shaik Mohamed last month. As per a report by 'Hindustan Times', the reception, which was held in Chennai, registered many of Rahman's industry friends and colleagues in attendance with some of them also performing live on stage during the musical evening. Honey Singh and Sonu Nigam from the music industry attended the wedding reception and blessed the couple. Honey Singh also took to his Instagram to share a picture from the reception as he wrote in the caption, "Best wishes to the blessed couple and congratulations to the whole AR RAHMAN sir's families and fans!! @arrameen @arrahman." Earlier, Honey Singh bowed down to Rahman at the 22nd edition of IIFA. While performing on stage at the Bollywood extravaganza, the rapper-singer climbed down the stage as he approached the 'Mozart of Madras' and touched his feet. Sharing the moment capture in video, Honey had written on the video in the story section of his Instagram, "Moment of my life with AR Rahman sir."

### NIKKI TAMBOLI FLAUNTS HER SEXY CURVES IN THIGH-HIGH SLIT DRESS, DROPS PHOTOS ON INSTAGRAM



21

NIKKI TAMBOLI KNOWS HOW TO MAKE A STATEMENT WITH HER STYLE. HER INSTAGRAM ACCOUNT IS REGULARLY UPDATED WITH SULTRY AND SENSUAL PHOTOGRAPHS. SHE WAS JUST PHOTOGRAPHED IN AN ABSOLUTELY GORGEOUS DRESS AND THE PHOTOS.

### SHILPA SHETTY RECALLS HER BIG BROTHER EXPERIENCE, REVEALS WHAT HER MOTHER TOLD MAKERS



21

IN 2007, SHILPA SHETTY PARTICIPATED IN THE FIFTH SEASON OF THE UK REALITY SHOW CELEBRITY BIG BROTHER AND WON THE SHOW.

### SHEHNAAZ GILL SETS INTERNET ABLAZE WITH SULTRY PICS; FAN CALLS HER 'PROPER PATOLA'



24

SHEHNAAZ GILL HAS RETURNED TO HER SOCIAL MEDIA A-GAME, AND NETIZENS ARE REALLY APPRECIATING HER POSTS.

TO WATCH ALL THE LATEST GOSSIP IN ENTERTAINMENT, WATCH CHANNEL Y ROGERS 857, BELLFIBE 828, TELUS 2418



Y MEDIA PROUDLY CONGRATULATES MAHEEN IMRAN FOR COMPLETING HER BACHELORS IN HEALTH INFORMATICS (HON) FROM YORK UNIVERSITY. WE WISH HER ALL THE BEST FOR THE FUTURE AND ALL ITS CHALLENGES AND OPPORTUNITIES! (FROM EXTREME LEFT TO RIGHT: RAMESHA IMRAN; IMRAN MAHMOOD; SADAF IMRAN; MAHEEN IMRAN; HAMZA IMRAN)

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## SIDHU MOOSE WALA WAS TO TIE THE KNOT, MOTHER CHARAN KAUR WAS PREPARING FOR SINGER'S WEDDING

Punjabi singer-actor Sidhu Moose Wala's demise has left everyone in deep shock. He was on Tuesday cremated at the native village in Punjab's Mansa district. Several mourners including his fans gathered at the residence of Wala to pay their last respects. His family was inconsolable at his funeral. Just recently, Moose Wala's mother was getting the preparations done for her son's wedding, and today, she is laying him to rest. Reportedly, the Punjabi singer was to get married by the end of this year and

preparations for the same were already underway. Sidhu Moose Wala's mother Charan Kaur reportedly said that the singer-actor was going to tie the knot in April, but after losing the Punjab Assembly elections in March this year, the wedding was postponed to November. Earlier in the morning, accompanied by some relatives, Moose Wala's father received his son's body from Mansa Civil hospital, where it was kept for post-mortem. The body was taken to his residence at Moosa village

in Mansa. A heavy police force was deployed outside his residence as mourners, especially the youth and the singer's fans, assembled outside the house to pay their last respects. Meanwhile, Sidhu Moose Wala, who had joined the Congress before the Punjab polls, was shot dead by gangsters on Sunday (May 29). The incident happened within 24 hours after his security was withdrawn by the Punjab government. He was rushed to a local hospital where the doctors declared him dead.

He was on the wheel in Mahindra Thar SUV when the assailants, fired around 30 rounds at point-blank range at the singer and his two friends, who got grievous injuries. Canada-based mobster Goldy Brar reportedly claimed responsibility for the murder of the singer. Goldy Brar is a close associate of gang leader Lawrence Bishnoi, who is also suspected of murdering Moosewala. 'Threats, hate...' AP Dhillon REVEALS reality of Punjabi artist's life after Sidhu Moosewala's death

## SARGUN MEHTA WANTED TO JUMP WITH JOY ON 'SAUNKAN SAUNKNE' BOX OFFICE RESPONSE



It's celebration time for actress-producer Sargun Mehta as 'Saunkan Saunkne', a Punjabi film she has produced and acted in, has received fabulous response at the box office. The actress says that her happiness is boundless at this point. "My first reaction was to jump with joy. I have been working on the film for the past three years. Right from the time I heard the story, I had been after the writer for this film. Then I took it up as a producer, and today the film is doing wonders. I love that people are loving the film. I think it takes a long time to build your trust in the audience," she says. Sargun made her feature film debut with the 2015 Punjabi romantic comedy 'Angrej' and also appeared in other Punjabi films including 'Love Punjab' and 'Lahoriye'. Managing both acting and production was a challenge, however, it was one that Sargun enjoyed. "It is difficult to manage both the verticals. It was very tough. There are days when I'm exhausted mentally and I'm like I can't do this. And then, there are days when I'm enjoying success. I can't say that it's a cakewalk. Every day there is a new issue or something that needs to be looked at. It's not like television like you have done your part, it's every day's job. In fact, with this film, I was stressed for two years," she says. Besides this, shooting during the Covid-19 pandemic made this project more challenging. "I would have been fine shooting in a pandemic if it was just from the capacity of an actor. But as a producer, we had to do a lot of stuff, cut down the crew and explain to people that they have to do two to three jobs, instead of the one job they were doing.

## 'STILL TRYING TO WRAP MY HEAD AROUND THIS ONE', AJAY DEVGN ON SIDHU MOOSEWALA'S DEMISE



Bollywood star Ajay Devgn has reacted to the death of 28-year-old Punjabi singer-Congress leader Sidhu Moosewala. The actor took to Twitter to express his shock at Sidhu Moosewala's brutal murder. He wrote, "Stunned by the shocking death of #SidhuMoosewala. May Waheguru give his loved ones strength in their hour of grief. RIP departed soul. Still trying to wrap my head around this one." Ajay Devgn's tweet: The singer-turned-actor-politician Moosewala was reportedly shot dead by unidentified gangsters near his ancestral village in Mansa district of Punjab. A few hours after his killing, Canada-based gangster Goldy Brar took the responsibility for the murder. The name of Lawrence Bishnoi has also come to the fore in the killing.

## KARAN JOHAR TO LAUNCH IBRAHIM ALI KHAN?



Karan Johar has been a mentor to several star kids, such as Alia Bhatt, Varun Dhawan, Janhvi Kapoor, Ananya Panday, Shanaya Kapoor and more. Now we hear that the filmmaker is set to launch Saif Ali Khan's son Ibrahim Ali Khan under his banner, Dharma Productions. The latest buzz suggest that Karan and Fox Star Studio will be introducing Ibrahim Ali Khan in the Hindi remake of a popular Malayalam film Hridayam. Karan Johar was looking for a suitable launch film for Ibrahim and the remake of Hridayam seems to be the perfect project. Ibrahim is at present assisting Karan Johar in Rocky Aur Rani Ki Prem Kahani. KJo had earlier announced that he would make the remake of the hit film not only in Hindi, but also in Tamil and Telugu as well. Directed by ace filmmaker Vineeth Sreenivasan, Hridayam stars Pranav Mohanlal and Kalyani Priyadarshan in the lead roles.



## MALAIKA ARORA TO TURN AN AUTHOR WITH HER BOOK ON FITNESS, WELLNESS, NUTRITION

Actress Malaika Arora is set to turn into an author with her debut yet-to-be-titled book on nutrition, the work on which is currently in progress. The book will offer readers an understanding into her healthy eating routine. Covering some key elements of food and nutrition like the relationship between eating right and overall well-being, the challenges associated with food deprivation; the literary work will help the readers grasp the process of mastering discipline in eating with a guide on how to blend nutrition plan with fitness goals. Talking about the book, Malaika Arora said in a statement, "My goal has always been to facilitate ideas around health and wellness. The book will help us share our insights with people at large. I personally believe in the comprehensive well-being of our body. Concentrating on just one, does not support the other. So the idea is to promote good health inside out and we have barely scratched the surface as of now."

The book is being agented by The Sunflower Seeds literary consulting. Speaking about the project.

Pallavi Barman, Founder, LAP Ventures- An Exceed Entertainment group company, added by saying, "We are glad to partner with The Sunflower Seeds for Malaika's literary foray. The book is an extension of the focus on health, fitness and well being that Malaika Arora Ventures (MAV) has." "As an entrepreneur, MAV has already invested in Label Life, Sarva Yoga and now Nude Bowl. Her purpose as an author will be guided by the same values that she believes in as an entrepreneur", she concluded.

## SONAM KAPOOR FLAUNTS GROWING BABY BUMP IN NEW PHOTOS & ANAND AHUJA HAS MOST ADORABLE REACTION

Pregnant Sonam Kapoor continues to churn out major fashion goals. The actress has already set a benchmark when it comes to maternity fashion and with her new pics, she aces casual style albeit flaunting her growing baby bump. In the latest photos of Sonam Kapoor, the actress is seen dressed in a black dress. As she takes a sideways mirror selfie, she carefully rests her other hand under her baby belly. Sharing a story on Instagram, the 'Neerja' actress wore an all-black, sleeveless maxi dress with matching black and grey Nike sneakers. Sonam let her hair loose, opting for minimalistic jewellery. The actress wore a gold choker, a pair of gold studded earrings, and a golden ring on her forefinger. The post was re-shared by Sonam's husband Anand Ahuja. Posting the pic on his Instagram Stories, Anand



added at heart in the eyes emoji. Take a look at Sonam Kapoor's new photo flaunting her baby bump: Sonam and Ahuja tied the knot on May 8, 2018, in a traditional Anand Karaj ceremony. She announced her pregnancy a few weeks back and is

expecting her first child with her husband, Anand Ahuja this fall. The couple shared a post on their respective Instagram profiles to announce the news. The post read: "Four hands. To raise you the very best we can. Two hearts. That will beat

in unison with yours, every step of the way. One family. Who will shower you with love and support. We can't wait to welcome you." Sonam added the hashtags #everydayphenomenal #comingthisfall2022 with her post.

## MALAIKA ARORA ACES 'JIGGLE JIGGLE' DANCE, HER SEXY MOVES HAVE SENT NETIZENS INTO A TIZZY

The Jiggle Jiggle dance challenge has caught everyone's fancy these days. This dance trend has taken the internet by storm. Celebrities, such as Madhuri Dixit and Disha Patani, who took part in the challenge, have nailed it. And now, jumping on the bandwagon is Malaika Arora whose 'Jiggle Jiggle' dance is trending furiously. Dressed in a shiny silver blouse and skirt, Malaika dazzles as she matches her sexy moves to the rap song. Posting the video on Instagram, the actress-model wrote, "Felt cute, shot it, won't delete it. #trendingreels #moneymontjigglejiggle." Watch Malaika Arora ace Money Don't Jiggle

Jiggle challenge: Some days back, Disha Patani had shared a video in which she danced to My Money Don't Jiggle, it Folds with choreographer Dimple Kotecha. She wore a white crop top with a beige checkered mini-skirt. Even in a no-make-up look, the Malang actress looked absolutely cute. In the caption, Disha wrote, "Chillin..." Her rumoured boyfriend Tiger Shroff was the first one to comment on the post. He dropped a clap and a laughter emoji on the post. Actress Elli AvrRam wrote, "Lool, " with a laughter and heart emoji. Dimple Kotecha too responded with a heart emoji.



## JENNIFER WINGET TO STAR OPPOSITE KARTIK AARYAN FOR A BIG BOLLYWOOD FILM? HERE'S WHAT WE KNOW

Jennifer Winget is one of the most loved and successful actresses on the small screen. After impressing the audience with her various TV shows like Beyhadh, Bepannah, Shaka Laka Boom Boom, Saraswatichandra, the actress will reportedly be seen in a big Bollywood project opposite Kartik Aaryan. However,

there has been no official confirmation on the same. But it is reported that the actors were approached for a project and they have likely said 'yes' to it. While Kartik is riding high on success of Bhool Bhulaiyaa 2, Jennifer is back in Season 2 of 'Code M' as Major Monica Mehra. Ekta Kapoor's 'Code M' marks the OTT

debut of Jennifer. The actress who played the role of a psychopath Maya in 'Beyhadh 2', will be seen in the series as a fearless and brave Monica Mehra, the hero in the series that revolves around the Indian Army. Talking about her character, Winget told IANS, "Every bit of this character, I have enjoyed playing because it is

also kind of therapeutic for me as a person. Monica, for example, is such a strong-headed and such a confident and no nonsense kind of person. So, I take a leaf out of her book sometimes. With this character, I try to believe in what I am. So, it's just as challenging and tough, it is also very rewarding as an actor."

## SUSSANNE KHAN IS LIVING IT UP WITH ARSLAN GONI IN CALIFORNIA: 'SUMMER OF 2022'



Hrithik Roshan's ex and designer Sussanne Khan and her partner Arslan Goni are currently letting their hair down in the US. Sussanne recently shared a couple of photos from her summer vacation on social media. While one picture is a selfie, titled 'An actor out alone,' the other one features her with renowned beau and actor Arslan Goni. In the latter photo, Sussanne is seen posing alongside Arslan cutely in a

selfie, captioned, "Summer of 2022." The actor was tagged by Khan, which she followed up with multiple hearts and flower emojis. While Sussanne is dressed in a purple top in the photo, Arslan opted for a casual black t-shirt. Even as Sussanne is said to be going steady with Arslan, her former husband and Bollywood star Hrithik Roshan is currently dating actor and singer Saba Azad.

## SAIRA BANU WANTS BHARAT RATNA FOR DILIP KUMAR, SAYS 'HE HAS BEEN THE 'KOHINOOR' OF OUR COUNTRY'



Veteran actress Saira Banu says her late husband and actor Dilip Kumar should be honoured with the Bharat Ratna as he is the "kohinoor" of the country. Saira attended the Bharat Ratna Dr Ambedkar Award on late Tuesday evening, where union minister Ramdas Athawale presented the honour to Dilip Kumar, who passed away last year aged 98. At the event, Athawale said he would request Prime Minister Narendra Modi to consider awarding Bharat Ratna, the highest civilian honour of the country, to the Hindi cinema legend. When asked about the same, Saira Banu told reporters, "It should happen, God willing, because Dilip sahab has been the 'Kohinoor' of our country. So 'Kohinoor' should definitely receive a Bharat Ratna." Saira Banu and Dilip Kumar got married in 1966. The couple acted together in several films including "Sagina" and "Gopi". At the event, the 77-year-old actor repeatedly broke down while receiving the honour.

## KIARA ADVANI-VARUN DHAWAN TROLLED FOR EATING VADA PAO INSIDE METRO AS THEY PROMOTE JUG JUG JEEYO



Varun Dhawan and Kiara Advani are leaving no stones unturned in promoting their upcoming film 'Jug Jugg Jeeyo'. They recently won people's hearts by taking a metro to promote their film. Accompanied by Anil Kapoor, Kiara and Varun were seen commuting by Mumbai metro to beat the traffic and save time amid hectic promotions. In a video, the duo was also seen savouring Vada Pao inside the metro, embracing the True Mumbaikar in them! In fact, Varun seemed to have really liked his short journey on the metro, he went ahead and said that he has come to realise that the best way to save time during peak traffic hours is to take a metro! However, they got mercilessly trolled on social media as a video showing them eating food inside the metro is going viral. Netizens went angry over their behaviour and asking the authorities to fine Varun and Kiara.

## KARANVIR BOHRA BOOKED FOR ALLEGEDLY DUPING WOMAN OF RS 1.99 CRORE



Popular television actor Karanvir Bohra has been booked by the Mumbai Police for allegedly duping a woman of Rs 1.99 crore. A case has been registered against him and five other people in the Oshiwara police station. The actor, who was last seen in Kangana Ranaut's controversial reality show 'Lock Upp,' promised the 40-year-old woman to return the sum at 2.5 per cent interest. The woman also claimed that when she asked for the amount, Bohra & his wife Tajinder Sidhu aka Teejay Sidhu threatened to shoot her. According to ANI, "Case registered against 6 people including actor Manoj Bohra alias Karanvir Bohra for allegedly cheating a 40-year-old woman of Rs 1.99 crores after promising to return it at 2.5% interest; woman claimed that only an amount of over Rs 1cr was returned: Oshiwara PS" "The woman also claimed that when she asked for the amount, Bohra & his wife Tajinder Sidhu did not respond properly & threatened to shoot her. Police have started an investigation & will soon record their statements: Oshiwara Police Station," a follow-up tweet read.

## 'AAMIR KHAN WILL STAND BY YOU LIKE A ROCK,' SAYS NIKHAT KHAN

What prompted you to take up a daily soap?  
I believe the small screen has a vast audience. So, I am looking forward to reaching out to a large audience.  
VDO.AI  
Why did you choose Banni Chow Home Delivery for your TV debut?  
I auditioned for the role and got selected for Sulekha's character. It was for Star Plus and also Shashi Sumeet Production House. So, I decided to take it up. Moreover, my character is also positive.  
The show is about food. What's your favourite cuisine?  
I am a foodie and I love to explore food from different regions. When it comes to Jaipur cuisine, my favourite vegetarian dish is dal baati churma, while one of my favourite non-vegetarian dishes is Rajasthani lal maas.  
How has been your shooting experience so far?  
It has indeed been a great experience shooting with the cast and crew. Working with young actors like Ulka Gupta and Pravisht Mishra is fantastic.

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SCAN ME

## AKSHAY KUMAR SAID HE WILL GO BACK TO 'MASALA' FILMS IF SAMRAT PRITHVIRAJ FAILS



Akshay Kumar's latest film Samrat Prithviraj has been a colossal failure at the box office as the Yash Raj Films production has only managed to gross around Rs 65 crore at the box office. The historical drama, based on the life of Indian medieval king Prithviraj Chauhan, has reportedly been made on a massive budget of Rs 200 crore. Now, its director Dr. Chandraprakash Dwivedi has revealed in a recent interview that the Bachchan Paandey actor once said to him that if Samrat Prithviraj doesn't work at the box office, he would go back to working in 'non-controversial masala' films such as Housefull and Rowdy Rathore. Speaking to Navbharat Times, the director said, "I remember Akshay told me personally and even in interviews that 'I was making Rowdy Rathore and Housefull. These films pay me more. I made an attempt (with Samrat Prithviraj). If people reject this, then no worries, I will go back to Rowdy Rathore. People want to watch things which have no controversies. Then that is what I will do". Dwivedi, who has earlier helmed films like Pinjar and Mohalla Assi, also talked about how the film's failure affect its makers as he added, "If a film flops, the producers become disheartened."

FOR MORE INFORMATION ON UPENDER AVASTHI'S GUARANTEED PROGRAMS, CONTACT AT 647-302-8589 AND START PACKING



## Nikki Tamboli flaunts her sexy curves in thigh-high slit dress, drops photos on Instagram

Nikki Tamboli knows how to make a statement with her style. Her Instagram account is regularly updated with sultry and sensual photographs. She was just photographed in an absolutely gorgeous dress and the photos are unmissable. Nikki Tamboli is dressed in a white dress with a thigh-high slit. Nikki Tamboli is posing sensually for the camera, and her images have left people awestruck. Nikki Tamboli had her hair straight and parted in the middle, which complemented her attire nicely.

## SHILPA SHETTY RECALLS HER BIG BROTHER EXPERIENCE, REVEALS WHAT HER MOTHER TOLD MAKERS

Shilpa Shetty is all geared up for the release of her upcoming film Nikamma slated to release on June 17. Along with Shilpa, the action-comedy stars Bhagyashree's son Abhimanyu Dassani in the lead role and popular singer Shirley Setia making her Bollywood big-screen debut. In 2007, the Dhadkan actress participated in the fifth season of the UK reality show Celebrity Big Brother and eventually ended up winning the show. She had received international media coverage during her stay inside the house when she was subjected to racist comments by her co-contestant Jade Goody. Now, in a recent interview, Shilpa has recalled her Big Brother experience and also revealed what her mother Sunanda Shetty told the makers. Speaking to Mashable India, the actress said, "I saw a couple of episodes and I got scared with what I saw. I said I am not going to do all of this. So my contract was very watertight. My mother told them very clearly 'Listen we are Indians, and we won't do this baring all and all of that.'"



## Nushratt Bharuccha's Janhit Mein Jaari leaves her parents overjoyed: Can't believe that is our daughter

Nushratt Bharuccha plays the role of a condom seller in the recently released film Janhit Mein Jaari. The movie brings back the hit pairing of filmmaker Raaj Shaandilyaa and actress Nushratt, who first worked together in the 2019 comedy film Dream Girl. In Janhit Mein Jaari, the duo tries to send across an important message. It uses humour and satire as narrative tools. The movie has been receiving a good response after hitting the screens on June 10. Special screening organised by Janhit Mein Jaari makers. The film's special premiere was organised by the makers in Mumbai and Nushratt's parents got the chance to see their daughter's work on the big screens. After the screening got over, the actress' mom and dad seemed emotional as they told the media, "I saw a lovely actress on screen, I didn't believe that was my daughter," Nushratt's father said. "I am very proud of her. God bless her. I hope that she sees more and more success," the actress' mother added. Both parents seem elated after the movie. On the work front, Nushratt will be next seen in Selfiee opposite Akshay Kumar and Emraan Hashmi, Ram Setu opposite Akshay Kumar and Chhorii 2. All about Janhit Mein Jaari Set in the small town of Madhya Pradesh's Chanderi, the movie weaves the tale of a small town sales girl Manokamna who sells condoms for a living. Nushratt plays the feisty female hero in the movie who sets out to break taboos around sex and contraceptives.

## Sidhu Moose Wala Birth Anniversary: Diljit Dosanjh, Gippy Grewal, Ammy Virk & others remember Punjabi singer

Sidhu Moose Wala Birth Anniversary: Punjabi rapper Sidhu Moose Wala would have turned a year older today (June 11) if he had not been killed approximately two weeks ago near his hometown Mansa in Punjab. His untimely death has left a void in the heart of his fans and friends in the industry. On the late singer's birth anniversary, several celebrities from the Punjabi music industry took to social media platforms and showered their love and blessings on him. They remembered how his energetic songs and persona completely transformed the music industry. Singer Diljit Dosanjh took to Instagram and shared a picture of Sidhu Moose Wala with his parents and captioned the post as, "Creativity..Music Kitey Ni Jaanda. HAPPY BIRTHDAY- Shubhdeep Singh Sidhu."



## WHO IS SIDDHANTH KAPOOR? ALL ABOUT SHARDHA KAPOOR'S BROTHER DETAINED FOR DRUG ABUSE AT RAVE PARTY



The police have detained and arrested Bollywood actor Siddhant Kapoor for allegedly taking drugs during a rave party in a Bengaluru hotel. Deputy Commissioner of Police Dr Bheemashankar S Guled told reporters that the Bollywood actor Shakti Kapoor's son Siddhant took drugs and he tested positive for the same in the blood test report. According to police, the rave party was on at a posh hotel on the MG Road on Sunday night when a police team raided the place and arrested them. Reportedly, besides Kapoor, five more people have been arrested. Here's everything you need to know about Siddhant Kapoor.

Who is Siddhant Kapoor?

Siddhant Kapoor is the son of Bollywood actor Shakti Kapoor and Shivangi Kolhapure. He was born in Mumbai on July 6, 1984. The actor is also the elder brother of Bollywood actress Shraddha Kapoor and the nephew of actresses Padmini Kolhapure and Tejaswini Kolhapure. Siddhant Kapoor, who has studied filmmaking and acting at the Lee Strasberg Theatre and Film Institute was a disk jockey during the initial days of his career. Siddhant Kapoor's Bollywood debut

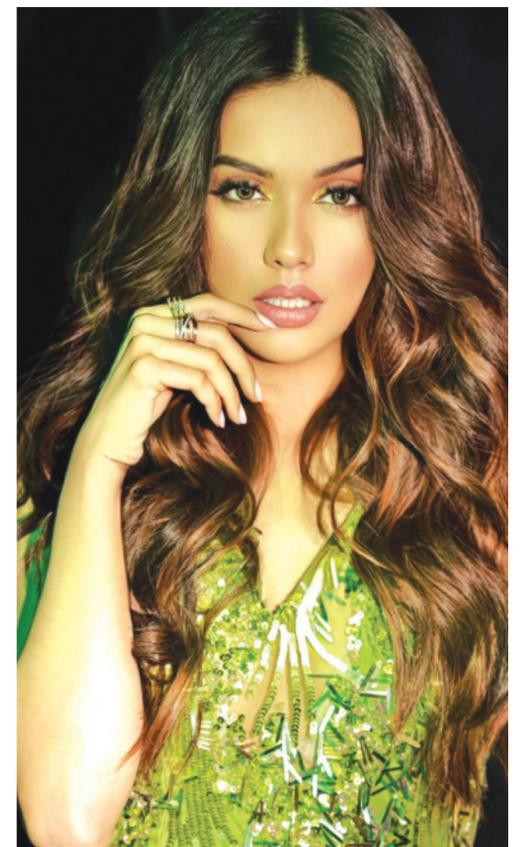
Siddhant Kapoor began his Bollywood career as an assistant director in successful films like Bhool Bhulaiya (2007), Bhagam Bhag (2006), Chup Chup Ke (2006) and Dhol (2007). In 2013, he made his acting debut with Sanjay Gupta's film, Shootout at Wadala. The actor shared the screen with Anil Kapoor, John Abraham and Kangana Ranaut in his first film. Siddhant was also a part of Anurag Kashyap's 2014 psychological thriller, Ugly. However, he came to the limelight with his role in the web series Bhaukaal (2020)

## MUSH ALERT! LOVEBIRDS ANUSHKA SHARMA AND VIRAT KOHLI WALK HAND-IN-HAND AT MUMBAI AIRPORT



Both Virat Kohli and Anushka Sharma enjoy a massive fan following. The couple walked hand in hand and made their fans go ga-ga over their stylish appearances at the Mumbai airport recently. Anushka Sharma and Virat Kohli were seen following Covid-19 guidelines and wore face masks as they stepped out. At the photographer's request, they took off their face masks and posed for pictures from a safe distance. Starting the fresh morning with a wide smile on their faces, both Anushka and Virat looked amazing as they were greeted by the paparazzi at the airport. Aren't they the cutest pair?

## DIVYA AGARWAL CONTINUES SHOOTING EVEN AFTER INJURY



Divya Agarwal, who is a self-confessed workaholic, prefers to work round the clock. At a recent shoot for a music video the actress injured herself and yet continued with her shoot. Divya injured her feet. But the actress didn't want her co-actor and the crew to be in an inconvenient situation. Meanwhile, on the work front, the actress has got rave reviews for Abhay 3 and has also done music videos.





## Kim Kardashian faces flak for allegedly damaging iconic Marilyn Monroe dress at Met Gala 2022

Star Kim Kardashian is facing the heat of public ire as photos showing alleged damage to the iconic Marilyn Monroe dress that the former sported at the Met Gala on May 2 have gone viral on the Internet, reports 'Variety'. Kardashian struck a deal with Ripley's Believe It or Not to wear the gold 'Happy Birthday' dress, which has been valued at nearly \$5 million, to the star-studded fashion event. According to 'Vari-

ety', the decision was met with pushback, initially because of Kardashian's comments about losing weight for the event. Professional conservators at the time also spoke out, saying it was ill-advised to wear any clothing item with so much history, no matter the reason or the person. "I'm frustrated because it sets back what is considered a professional treatment for historic costume," one conservator told

the 'L.A. Times'. 'Variety' further states that the new photos and videos of the dress were taken by creative director Chad Michael Morrisette, who has a history of assisting in the archiving of the dress, at Ripley's Hollywood, where the dress is currently housed. Morrisette wrote on Instagram, "This dress is a piece of my life and my heart. To see what @kimkardashian did in the damaging of it is heartbreaking," adding

the hashtags #nationaltreasure, #howdareyou, #ego, #greed and #thief. The Marilyn Monroe Collection accompanied its posts about the decision to let Kardashian wear it, including from Amanda Joiner, vice president of licensing and publishing at Ripley Entertainment. Joiner said in a statement to the 'Daily Beast', "The dress was never with Kim alone.

## Brahmastra's Ranbir Kapoor vs Marvel Superheroes: Is it fair to compare Bollywood film with Hollywood?

"Brahmastra looks like Marvel meets Harry Potter and beyond," said a user after watching the much anticipated trailer of Ayan Mukerji's film starring Ranbir Kapoor, Alia Bhatt, Amitabh Bachchan, Nagarjuna and Mouni Roy. The trailer of the upcoming magnum opus 'Brahmastra Part 1: Shiva' which was unveiled on Wednesday morning was packed with heavy

impressive VFX shots indicating the film's grand scale. Ranbir, as the titular character, Shiva is a superhero of sorts. He has some kind of astral "energy" and the fire doesn't burn him.

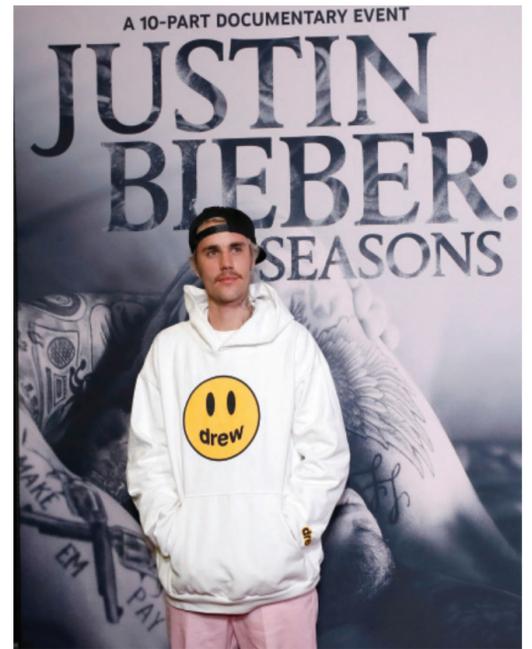
Brahmastra vs Marvel movies  
Soon after the trailer of Brahmastra was released, fans took to social media saying it reminded them of

multiple superheroes from Hollywood. While some compared Ranbir's character to Marvel superheroes, others said that the setting of Astraverse reminds them of Harry Potter. "#Brahmastra looks like Marvel meets Harry Potter and beyond. Looks out of this world. Could be the next level of Indian cinema. I'm excited," a Twitter user noted. While

another said, "brahmastra might be an indian version of a marvel movie." Is it fair to compare Bollywood film Brahmastra with big budget Hollywood movies?

As comparisons came running in, some also noted how it is unfair to compare Brahmastra with big-budget Hollywood superhero films from Marvel and DC.

## JUSTIN BIEBER: WHAT IS RAMSAY HUNT SYNDROME, THE CONDITION AFFECTING THE SINGER?



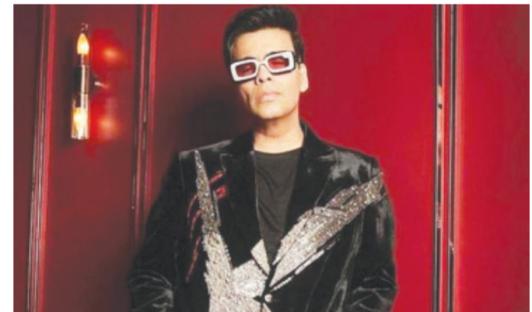
Justin Bieber has had to cancel future concert dates because of a viral infection that has paralysed one side of his face. "As you can see, this eye is not blinking," Bieber told his fans in a video on Instagram. "I can't smile on this side of my face. This nostril will not move." The 28-year-old Canadian popstar has a condition called Ramsay Hunt syndrome. It is caused by the varicella-zoster virus – the virus that causes chickenpox. After a person has recovered from chickenpox, the virus can remain dormant in the body for decades. It usually hides in a structure called the dorsal root ganglion – a collection of nerve cells next to the spinal cord. While it is dormant, the virus causes no symptoms. In some people, it becomes re-activated. This can happen spontaneously or by a known trigger, such as another infection (including COVID-19), a weakened immune system or stress. All of these things change the working of the immune system, enabling the varicella virus to spring back into action and cause disease.

## Twinkle Khanna drops hilarious video about 'struggles' of being a mother



Twinkle Khanna is known for her sense of humour and witty remarks. The author is quite active on social media and leaves no chance of making us laugh with her quirky commentary and comebacks. In her latest Instagram post, Twinkle has shared a funny video highlighting the struggles of being a mother. In the video, Twinkle can be seen coming out of the bathroom as the kids need their 'mamma'. She captioned the post in a funny way and wrote, "Is this a deliberate tactic to drive all mothers insane? Do they lurk around waiting to strike as soon as they sense that our bladders feel it's safe to let go? Are they secretly agents from L'Oreal hoping to turn our hair grey early so we spend all our money on hair dye? Raise your hand if this is the soundtrack of your life as well."

## Karan Johar says era of superstardom is over: 'This generation doesn't have the magic, aura of Amitabh Bachchan or Shah Rukh Khan'



There has often been discussions around how the era of the superstardom is over, that it ended with the Khans of the industry. The topic became a hot one, especially when all their movies started performing poorly at the box office, and the younger generation of actors, a breed more open to experimentation, took over. In a new interview with Film Companion, director-producer Karan Johar also spoke about superstardom, but not in connection with the superstars' box office performances. Instead, he said that the lack of such a superstardom is primarily due to lack of a certain mystery about the young artistes. These days everyone is so accessible, said Karan. "The magnetism, the aura, the mystery, I don't think this generation has it. When I was at a party, and Mr Amitabh Bachchan, Mr Dilip Kumar walked in, Mr Shah Rukh Khan walked in, there were heads turning everywhere, I have seen it. That aura, everybody feeling their presence, that was power, that was stardom. That was glory. Today, everybody is much easier, more casual, more accessible, more available. I know which gym you go to, which Pilates class you go to, I know what you eat, I know who you meet, I know everything about you, how can there be any mystery about you?" questioned Johar.

## SHAH RUKH KHAN ARRIVES IN HYDERABAD FOR JAWAN SHOOT



After staying away from the silver screen for four years, Shah Rukh Khan has now announced three films, and his fans can't hold back their excitement over watching SRK in three new avatars. The superstar is, especially, keeping his look for Jawan under wraps as he is often spotted in a hoodie and mask these days. Shah Rukh was recently photographed at the Hyderabad airport in a hoodie and mask. The actor is in the city for the shoot of Atlee's Jawan. The teaser of Jawan was released a few days ago and revealed Shah Rukh's face in bandages, thus hiding his look in the film. Even the latest images don't reveal his look. It has been reported that Jawan also stars Nayanthara. SRK recently attended Nayanthara and Vignesh Shivan's wedding. Talking about Jawan, Shah Rukh Khan earlier said in a statement, "Jawan is a universal story that goes beyond languages, geographies and is for all to enjoy. Credit goes to Atlee for creating this unique film, which has also been a fantastic experience for me as I love action films! The teaser is the just tip of the iceberg and gives a glimpse into what's to come." Jawan is also set to release in 2023. However, the exact release date is yet to be announced.

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## URVASHI RAUTELA'S EPIC REACTION GOES VIRAL AS FANS SHOUT RISHABH PANT'S NAME

Urvashi Rautela keeps making headlines for her photos and appearances on different platforms every now and then. Last month, she made her presence known on the Cannes Film Festival red carpet and won hearts with her looks. Recently, the actress visited her home town Dehradun in Uttarakhand to give a motivational speech at Ted X. A video from there has been going viral on the internet in which the actress can be seen walking

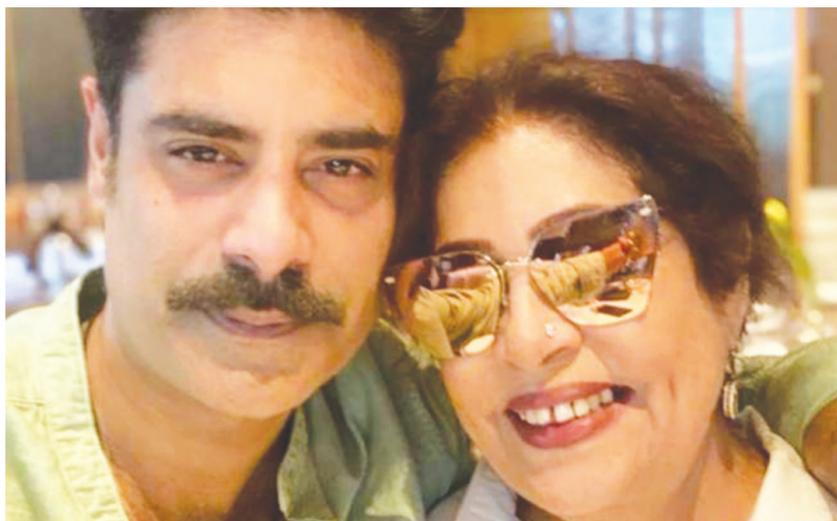
through the crowd when the fans start to chant cricketer Rishabh Pant's name. The video shows Urvashi Rautela, dressed in a hot pink pantsuit, responding to fans' screams while walking down. However, when she hears cheers of "Rishabh, Rishabh, Rishabh," at first she is taken aback but manages to ignore it and leave with a smile. For the unversed, Urvashi Rautela and batsman Rishabh Pant were rumoured to

be dating a few years ago. Reportedly, the duo was dating but before they could even make it official, they decided to part ways. The cricketer even blocked Urvashi on the popular messaging app WhatsApp. According to reports, the actress's spokesperson at that time claimed that the duo decided to block each other mutually. Now, the two have moved on in their lives. This isn't the first time when Urvashi Rautela has witnessed fans talk-

ing about Rishabh Pant around her. Earlier, a social media user had tried to troll the actress asking her if she had seen Rishabh scoring a century during his test match in South Africa's Capetown. Without losing her calm, she gave a befitting reply. The user asked, "Pant ka 100 dekha ya nhi kal." To which the actress gave a hilarious reply, "Oh U mean (Pant emoticon) ya I've seen that cuz everyone wears it. Also Rs 100 I've seen inside it."

## KIRRON KHER ENJOYS LUNCH WITH SON SIKANDER KHER AS SHE CELEBRATES HER 70TH BIRTHDAY

Veteran actor Kirron Kher celebrated her 70th birthday with her son Sikander Kher as they stepped out for a birthday lunch. She shared a glimpse of her birthday celebrations and thanked her friends and fans for their wishes on social media. The 70-year-old actor took to her Instagram handle on Tuesday and posted adorable selfies with Sikander. In the pictures, the mother-son can be seen having a good time with each other. For the special day, Kirron opted a printed white outfit and paired them with sunglasses while Sikander wore a green shirt. Sharing the photos, she wrote, "Out for lunch with my son @sikandarkher on my birthday. Thank you so much for all your good wishes and blessings. Love and warmth." Fans reactions As soon as she shared the post, celebrities and fans extended



heartfelt birthday greetings to her. A fan wrote, "Happy birthday beautiful lady and outstanding actor." Another fan commented, "Happy birthday to you, wonder-

ful soul. Stay healthy and blessed." Gul Panag wrote, "Happy Birthday." A user also said, "Happy Birthday Mam. Wish you have a good health & great

days ahead." Earlier, Sikander took to his Instagram and shared a cute picture where Kirron sat on his lap. He captioned the post, "Happy birthday Maa."

## RAM CHARAN & WIFE UPASANA ARE A SIGHT TO BEHOLD AS THEY CELEBRATE 10TH WEDDING ANNIVERSARY

Actor Ram Charan and wife Upasana Kamineni Konidela celebrated their 10th wedding anniversary on Tuesday and to make this special occasion more memorable, Upasana has posted a couple of pictures on social media. Taking to her Instagram handle, Upasana dropped some snaps where the lovebirds make for one royal couple. In the pictures, Ram Charan looks handsome in a checkered coat and pants, while Upasana looks stunning in a green one-piece. Along with the post, Upasana

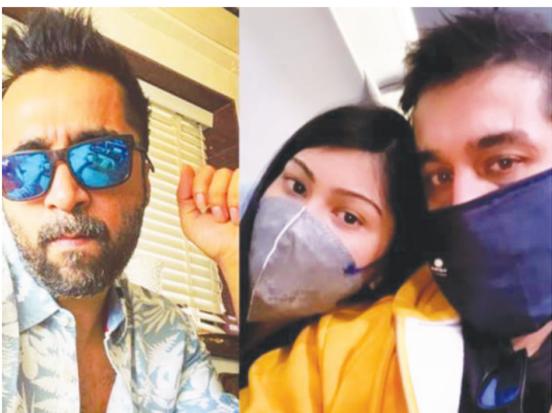


wrote, "so much to be thankful for @alwaysramcharan." As soon as she shared the post, celebrities from the film fraternity wished the

couple. While Samantha Ruth Prabhu wrote, "Happy anniversary my favourites", Kajal Aggarwal commented, "Happy

anniversary guys! Wish you both a lifetime of love, laughter and togetherness. p.s- love the vintage vibe to the pics" Before that, Ram Charan also shared an adorable picture on his Instagram handle in which the couple was twinning. In the picture, the couple can be seen in white outfits and paired with sunglasses. Ram Charan and Upasana tied the knot on June 14, 2012, after dating for several years. Upasana often share pictures of the couple on her spoicla media handle.

## SIDDHANTH KAPOOR DRUG CASE: ACTOR SHARES SELFIE WITH MYSTERIOUS WOMAN IN 1ST INSTAGRAM POST AFTER GETTING BAIL



Siddhant Kapoor drug case: Veteran actor Shakti Kapoor's son and actor Siddhant Kapoor who was arrested on Monday when his medical reports confirmed his consumption of drugs has been released on bail. The actor was detained from a party at a five-star hotel in Bengaluru. Hours after his release, Siddhant took to Instagram and shared a selfie with a woman on a flight. He added a red heart, folded hands, and evil-eye amulet emojis to the picture, in which he can be seen sitting with the woman on the flight. Both of them

had their masks on their faces. This marks Siddhant's first post after he was arrested for alleged consumption of drugs. However, it seems like he has now deleted the image. Siddhant was detained with four other people on Sunday night. Bengaluru City Police's Deputy Commissioner of Police (east) Bhemashankar S Guled said, "Siddhant Kapoor's medical shows he had consumed drugs. We have already arrested him and are following the procedure. We will be sending him to judicial custody."

## STRANGER THINGS 4 VOL 2 FIRST PHOTOS: DUSTIN & STEVE ARE PLANNING SOMETHING BUT WHAT'S ELEVEN UP TO?



Stranger Things 4 Vol 2 FIRST Photos are out. The much loved Netflix series will return on July 1 and increasing the anticipation are the new pics from the web show. The post shared by Netflix has all the main characters. The streaming giant treated fans of the show with a total of six new images from the final two episodes of Stranger Things 4. These include Steve Dustin, Eddie, Maggie, Lucas, Max, Will, Mike and other major characters. One of the photos has the Hellfire group and their friends are seen planning something, while in the other one, Joyce Byers (Winona Ryder), Jim Hopper (David Harbour) and their Russian troop are seen together. The first look also teases a moment between Max and Lucas and Eleven and Dr Brenner aka Papa. About Stranger Things

Back in 2016, The Duffer Brothers brought the science-fiction horror drama alive, with a bonanza of nostalgic 1970s and 1980s references. Created by Matt and Ross Duffer, the horror show is set in the fictional town of Hawkins. It follows the story of four friends Will (Noah Schnapp), Mike (Finn Wolfhard), Dustin (Gaten Matarazzo), Lucas (Caleb McLaughlin) as they form an unlikely alliance with Eleven (Millie Bobby Brown) to save their town from alien invasion.

Stranger Things to conclude with Season 5

Meanwhile, the Sci-fi horror drama series 'Stranger Things' will end with Season 5. Earlier when announcing the season 4 and 5 of it, the showrunners credited as the Duffer Brothers shared: "Seven years ago, we planned out the complete story arc for 'Stranger Things'. At the time, we predicted the story would last four to five seasons." "It proved too large to tell in four, but -- as you'll soon see for yourselves -- we are now hurtling toward our finale. Season 4 will be the penultimate season; season 5 will be the last. There are still many more exciting stories to tell within the world of 'Stranger Things'; new mysteries, new adventures, new unexpected heroes," the letter further read.

## Akshay Kumar-Tiger Shroff starrer Bade Miyan Chote Miyan shelved? Director Ali Abbas Zafar responds

After Akshay Kumar's Samrat Prithviraj flopped badly at the box office, there were rumours in the industry that the big-budget action-packed entertainer Bade Miyan Chote Miyan starring Akshay and Tiger Shroff has been shelved. Now, its director Ali Abbas Zafar has dismissed all the rumours calling them 'absolutely baseless'. Talking to Hindustan Times, Ali said, "This is absolutely baseless. We are very much on track and there's no truth to the shelving rumours. We are currently working on the pre-production. I don't know where these rumours are coming from. For a film of this large scale, months of pre-production is needed. We will go on floors by the end of this year or early next year and shoot in the UK." Also, while talking to ETimes, the director has said that Bade Miyan Chote Miyan is a completely new film and has nothing to do with the old one with which it shares its title. The David Dhawan-directed 1998 comedy starred Amitabh Bachchan and Govinda with both the actors playing double roles. It was in February when the film was announced with a teaser video featuring the two stars that also mentioned its release date as Christmas 2023. The film will clash with Shah Rukh Khan-Rajkumar Hirani's Dunki which is scheduled to release on December 22, 2023.

## ARJUN KAPOOR LIFTS BHUMI PEDNEKAR IN HIS ARMS, FANS GO 'MALAIKA ARORA



Actor Arjun Kapoor shared a new photos and videos on Instagram with his The Ladykiller co-star Bhumi Pednekar. As soon as he posted them, fans started pulling his leg, and tagged his girlfriend Malaika Arora in the comments section. Arjun's sister Anshula Kapoor also reacted to the Arjun and Bhumi's pictures, and called them 'cuties'. Sharing his post, Arjun wrote, "After 45 days of shoot, a failed attempt at getting some killer ones by The Lady And The Ladykiller." In the first picture, Arjun and Bhumi are looking into each others' eyes. In one video Arjun is seen lifting Bhumi up, and in another one the duo is seen laughing as they posed together for pictures. In one picture, they are seen sitting on grass.

## Kareena Kapoor carries Jehangir Ali Khan in her arms; school kids wave at them

Kareena Kapoor was photographed with her younger son Jehangir Ali Khan on her latest outing. Kareena carried Jeh in her arms as they stepped out of their house on Wednesday. She also gave him a kiss as they walked towards their car. Jeh's nanny could also be seen walking behind them. As Kareena left with Jeh in her car, she was greeted by some young fans. In a video shared by a paparazzo account, Kareena was seen leaving her house in a casual blue shirt and trousers, while Jeh was in a striped T-shirt and a pair of shorts.

## SHABANA AZMI SHARES PIC FROM HER GET-TOGETHER WITH ANIL KAPOOR, DIA MIRZA

Veteran actor Shabana Azmi has shared a throwback picture of her get-together with several actors – Anil Kapoor, Dia Mirza, Konkona Sen Sharma, Richa Chadha, Divya Dutta and Sandhya Mridul. Taking to Instagram on Tuesday, Shabana posted the photo in which they all sat together posing for the camera. In the picture, Shabana was dressed in a black and orange outfit, Anil opted for a white and black ethnic wear and Dia Mirza wore an orange kurti. Richa wore off-shoulder maroon and yellow outfit and Konkona was in a blue dress. Sandhya and Divya were seen in white and off-white outfits respectively. All the actors sat inside a room as they smiled for the photo. Shabana sat on a red couch along with Anil, Sandhya, Konkona, Richa, and Divya. Dia sat on the floor near Anil. Several beverages and a food plate were seen on the coffee table near them. Sharing the photo, Shabana wrote, "Happy moments...." Reacting to the post, Divya wrote, "How much I miss them." Dia commented, "Misssssss you." They also dropped red heart emojis.



## SHEHNAAZ GILL SETS INTERNET ABLAZE WITH SULTRY PICS; FAN CALLS HER 'PROPER PATOLA'



Shehnaaz Gill never fails to surprise her fans with her fashion statements and diverse sartorial choices. From traditional Indian attires to bold outfits, Shehnaaz has learned the art of acing every look with absolute ease. Recently, the actress-singer left the internet ablaze with her pictures from a photoshoot. After leaving her fans going gaga over her swimming pool pictures, the latest photos were a visual treat for them. Dressed in a stunning beige corset pantsuit, the Bigg Boss 13 fame looked every inch gorgeous. Shehnaaz took to her Instagram handle and dropped some jaw-dropping glimpses in a beige-hued corset jumpsuit, flaunting her fashionable side. "I'm right here" she captioned the post.

## TIGER SHROFF-STARRER 'GANAPATH' ALL SET TO MAKE IT AN ACTION-PACKED CHRISTMAS

The action genre has seen a resurgence with recent big releases, notably 'KGF', 'Vikram' and 'RRR', and now, action superstar Tiger Shroff is all set to show his moves in the thriller, 'Ganapath', slated for a Christmas release. Helmed by Vikas Bahl, the dystopian thriller is shot immaculately and offers non-stop thrilling action and special effects, which promise to blow everyone's mind. Add to all this the energetic ferocity of Tiger Shroff and it is most likely that the box-office registers will be ringing on Christmas. A source close to the production house, who has seen rushes of the film, said: "Ganapath' is something we've never ever seen before in Indian cinema. It is mind-blowing, the film is an epic visual extravaganza, with world-class special effects. The production values will leave the audience asking for more. Tiger's role and character is larger than life, with heavy-duty dialogues, world-class action sequences. This is going to make history at the box office on Christmas." The source added: "Plus, the most loved debutant pair of 'Heropanti' -- Tiger and Kriti Sanon -- are reuniting, so there is this nostalgic angle as well. And the makers are rightly aiming to utilise the Christmas weekend for its release."

## THE RETURN OF GUNS AND GOONS

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Where did it all start? You can blame it on cricket. These countries did not play cricket, but cricket stadiums were developed in Dubai and Sharjah. The teams and managements of the cricket-playing nations were ready and willing to comply and play at these venues. Of course, the real cricket in these countries was cricket between the arch-rivals, India and Pakistan, because the expatriates from these two countries flocked to the stadiums. These venues and the matches had become so popular that almost all the Indian consumer brands took up advertising space along the boundary lines. The actor-producer Feroz Khan started a trend when he advertised his film 'Janbaaz' at the venue. Boney Kapoor, always believing in picking up a good idea when he saw one, followed suit with 'Mr India'. The ads were expensive. These were also the first instances of Indian filmmakers advertising their films overseas.

One prominent face seen at these matches was Dawood Ibrahim, aka the Don. It is another story, but these matches facilitated what came to be known in cricket match fixing, which caught on and went on to become the scourge of the sport.

So far, the underworld, which had taken shelter in these countries, was happy mingling with and cultivating small-time actors, mainly female starlets. Soon, the big stars became regular features at this jamboree.

Most of them considered it a privilege to be invited by the Don to share his VIP box! You saw most of them beam at the TV cameras for their fans back home. As it turned out, cricket was for show of power and a business. The stars were there for pleasure; having them at his beck and call was an ego booster for the Don.

But, then, cricket was the most popular sport, the one that Indians and, especially, the stars were familiar with. And who did not want to be in Dubai to watch cricket? Especially so as special invitees of the Don?

So, year after year, while the matches were played, the stars, with family and friends, made a beeline for these matches to be seen with the powerful man who called terms even with politicians and the cops. What can give

one a greater kick than being surrounded by the best of Mumbai film industry, counting from the Kapoor family downwards?

For the stars, what was wrong about gracing a Dubai event where an invitation also included five-star hospitality and return gifts of the most coveted luxuries of that time, the biggest television available in the market along with a video player? The items were expensive and the customs duties were exorbitant, besides, foreign currencies were scarce. Soon, there came a time when the Don was the man to approach in case of disputes and not a court of law or the cops!

It was all friendship and brotherhood so far. But the Don now had an extended family of underlings, right-hand men, left-hand men, and so on. They knew how the film folk were in awe of the Don. And they started the business of 'Or else...'. Extortion. Actors were making lakhs and the gangsters promised them protection, as in letting them continue with their work and rake in the money in peace, and the gang would never disturb them! Protection from whom? From the very gang that made the threat calls. It was a strange proposition. But paying up was the only option.

The film industry being so big, also had its own Jaichands, the informers, who tipped off the gangs about who made how much and other details. Besides the stars, the film producers also started getting threat calls. Any person who did not attend to the calls got a warning bullet shot at him.

These were no trained shooters. They were from the poorer states in the North, their loyalty was bought for as little as Rs 5,000. So, even a warning shot could very well prove to be fatal. There were quite a few targets who were shot at but survived. These worked as a warning that the Don meant business.

A producer would get threat calls when his film was being released and he was expected to come into money. In fact, some of those who were the eyes and ears of the underworld, the Jaichands, also fell victim when they were suspected of straying. Ajit Dewani, the secretary to actress Mandakini, and later to Manisha Koirala, was one. Shot dead.

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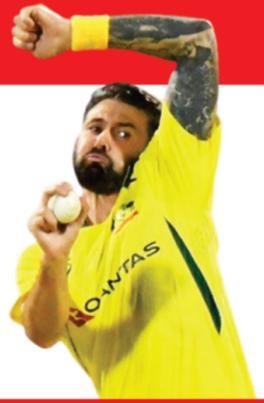


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# MidWeek Sports

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## INDIA VS SOUTH AFRICA: HEINRICH KLAASEN HOPES BARABATI KNOCK PROLONGS HIS CAREER

South Africa wicketkeeper-batter Heinrich Klaasen hopes his match-winning effort against India in the second T20 helps him prolong his international career. Dropped after the T20 World Cup last year, Klaasen also found himself out of the ODI side and also

lost his central contract. He would not have got a look-in had Quinton de Kock not injured his wrist before the game on Sunday as the 30-year-old finally got a chance. He took the game away from India with his fiery 46-ball 81, his career-best T20 score. "It was difficult (pitch) to bat. I

found myself struggling up front. Then I decided if I go out today I would rather go my way and try to be positive. It's just one of those days that it came off," he said at the post-match media interaction. "It's a blessing from above that this innings came at this time for me in my

career... That puts me on the map ahead of international cricket. So hopefully this will just prolong my career a little bit longer." He said he got an indication about playing a couple of days back after de Kock injured his hand and it was on the eve of the match he was confirmed a place in the XI.

## RESILIENT INDIAN MEN'S HOCKEY TEAM BEAT OLYMPIC CHAMPIONS BELGIUM 5-4 IN THRILLING SHOOTOUT



Sensational effort by experienced India goalkeeper PR Sreejesh and on-target attack in a thrilling shootout saw India beat Olympic Champions Belgium 5-4 in the FIH Hockey Pro League match here on Saturday. It was a penalty stroke save by Sreejesh off an attempt by Nicolas de Kerpel during the shootout that ensured India were victorious while Harmanpreet Singh, Abhishek, Lalit Upadhyay, Shamsher Singh and Akashdeep Singh converted for India. Earlier during the regulation time, Indian Men's Hockey team held their nerves, making a brilliant comeback in the final quarter to overcome a 1-3 deficit only to hold Belgium 3-3 and take the encounter to a thrilling shootout. Both teams lived up to the billing as their built on their rivalry from hooter-hooter in a packed stadium. It was goals from Harmanpreet Singh

(52) and Jarmanpreet Singh (57) that brought India back to the game in the fourth quarter after Shamsher Singh (18) opened the scoreboard in the second quarter while Cedric Charlier (21), Simon Gougnard (36) and Nicolas de Kerpel (51) scored for the reigning Olympic Champions. It was a high-voltage start to the match with both teams getting off the blocks with aggression and speed in their attack. It was India who made inroads to the striking circle, with a successful penetration that saw them win the first PC of the match as early as 5th minute. But Jugraj Singh's attempt was well defended by a strong Belgian defence. Three minutes later, experienced forward Akashdeep Singh made a skillful foray into the striking circle but his valiant field goal attempt was off target. A defensive error by young Jugraj Singh trying to stop Belgium attacker from taking a potential shot on goal saw India conceding a PC with just four minutes left for the first hooter. However, a brilliant effort by Sreejesh who dived low to stop Tom Boon from converting worked splendidly, to keep the score at 0-0. The first quarter belonged to the experienced Indian goalkeeper who made another great save off Alexander Hendrickx's attempt at a PC. It was finally Shamsher Singh who broke the deadlock when he picked up a rebound from Abhishek to score the goal in the 18th minute. Only three minutes later, Belgians showcased brilliant team work and one-touch hockey skills to slice through the Indian circle and beat Sreejesh with a fine field goal, leveling the score to 1-1.

## IND VS SA 2022 T20 SQUAD & SCHEDULE



- 1ST T20I- JUNE, 9 – DELHI
- 2ND T20I- JUNE 12 – CUTTACK
- 3RD T20I- JUNE 14 – VISAKHAPATNAM
- 4TH T20I- JUNE 17 – RAJKOT
- 5TH T20I- JUNE 19-BENGALURU

## SHREYAS IYER EXPLAINS WHY INDIA HELD DINESH KARTHIK BACK



IND vs SA 2nd T20: When Hardik Pandya was bowled by Wayne Parnell, India had been reduced to 90 for 4 in the 13th over against South Africa in the second T20I in Cuttack. Dinesh Karthik had been slotted in at No 6 but he was held back as India decided to send in Axar Patel instead. While Patel could manage only 10 off 11 deliveries, Karthik, who arrived at No 7 with five overs left, overcame a slow start to knock an unbeaten 30 off 21. However, India could only post 148 for 6 in a four-wicket defeat. After the game, Shreyas Iyer said that India would continue to preserve Karthik for the death overs, although the decision came in for criticism from former South Africa captain Graeme Smith in the post-match broadcast analysis. "It's definitely something we have strategised earlier as well.

## INDIA CREATE HISTORY AS THEY QUALIFY FOR FIFAE NATIONS CUP 2022

India has created history on Saturday as they qualify for the FIFAE Nations Cup 2022. This is the first time that India will play at the esports showpiece event, which is set to be held in Copenhagen, Denmark this year, from July 27 to July 30. India defeated Korea Republic and Malaysia in the FIFAE Nations Series 2022 Playoffs to seal their qualification for the showpiece event. The journey for the Indian efootball team kicked-off in January 2021 when AIFF signed the participation agreement with FIFA for the FIFAE Nations Series 2021. India was among 60 countries to participate and was placed in the Middle East & Africa Zone. India finished 3rd in its zone, narrowly missing out on a place in the FIFAE Nations Playoffs 2021. India ended the season with a global ranking of 22 and finished above heavyweights such as Italy, Argentina and Spain in the 2021 rankings. For the 2022 season, India was moved to Asia/Oceania region and was awarded a spot in the Play-Ins, which would provide direct qualification to the Playoffs (the last stage before the Nations Cup). During the play-ins, India played 32 games across 4 Match Weeks with 12 wins, 11 losses and 9 draws. Throughout the 4 Match Weeks, India retained their place in Division 1. With this, India successfully qualified to the Playoffs by finishing second in the Consistency Points chart, moving one step closer to the FIFAE Nations Cup 2022. During this period, India also achieved its highest global ranking of 19.



## CHATEAURoux 2022 WORLD CUP: LEKHARA BAGS 2ND GOLD, PISTOL SHOOTERS CLAIM TWO TEAM SILVER

Young Paralympic champion Avani Lekhara continued her rich form as she clinched her second gold medal at the ongoing Chateauroux 2022 World Shooting Para Sport World Cup on Saturday. Lekhara shot 458.3 in the R8 – Women's 50m Rifle 3 Positions SH1 finals to take the gold ahead of experienced Paralympic stars Veronica Vadovicova (456.6) of Slovakia and Sweden's Anna Normann (441.9). Vadovicova and Normann took the silver and bronze respectively. The promising shooter from Rajasthan made a slow start to the finals but quickly got back her rhythm to produce consistent shots, including over 10 scores in the last three rounds, to emerge the winner. The 20-year-old Lekhara has already won the R2 – Women's 10m Air Rifle Standing SH1 gold with a world record effort on Day 1, and ensured India a quota for Paris 2024 Paralympics Games. "Very emotional as I brought home the 2nd Gold Medal of this #WorldCup in the 50M 3P event with a score of 458.3. Couldn't be happier!" tweeted Lekhara who claimed the bronze medal at the Paralympics in the same event. She also clinched the Paralympic gold in R2-Women's 10m Air Rifle SH1 event, at Tokyo 2020. Another youngster to shine on the day was Rubina Francis, who claimed her second individual medal in consecutive days. Francis settled for the bronze shooting 213.1 in the P2 – Women's 10m Air Pistol SH1 finals, as Turkey's Aysel Ozgan clinched the gold with a world record effort of 240.0. Ozgan's fellow shooter from Turkey, Aysegul Pehlivanlar (236.7) claimed the silver medal. The team of Francis, Sumedha Pathak and Nisha Kanwar later went on to claim the silver in P2 – Women's 10m Air Pistol SH1 Team event with a total 1648-29x finishing behind China (1659-30x). Thailand (1589-15x) took the bronze. In the P1 – Men's 10m Air Pistol SH1 team event, Paralympic stars Manish Narwal, Singhraj and Nihal Singh won the silver aggregating a score of 1692-52x. China (1702-45x) took the gold while Turkey (1687-43x) the bronze.

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## PAK VS WI, 3RD ODI: BOYS IN GREEN EXECUTE CLINICAL SWEEP AGAINST CARIBBEAN TEAM

The Pakistan team under the leadership of Babar Azam is on a winning spree and is not taking any opposition lightly. After clinching the T20I series, Pakistan has now executed a clean sweep against the West Indies and has won the ODI series by 3-0. Ris-

ing to the occasion, Shadab Khan struck a career-best 86 off 78 balls which helped Pakistan to reach 269-9. The PCB along with the pitch curators were criticized heavily after the first ODI as many felt that the track prepared was not up to the mark and was favor-

ing Pakistan. When the hosts came out to bat first, people had expected them to score big but not many could predict that they'd stumble against the West Indies skipper Nicholas Pooran's bowling. The Sunrisers Hyderabad veteran who is an established

wicketkeeper decided to roll his arm over and claimed 4 wickets while conceding 48 runs in his quota of 10 overs. The pain against spin continued as the visitors came out to bat in the second innings of the match.

## IND VS SA: FANS MISS SANJU SAMSON'S PRESENCE IN TEAM INDIA, TWITTER POURS WITH FIERY EMOTIONS

In India versus South Africa's 2nd T20 international match, India failed to level the five-match series. The Rishabh Pant-led team lost to Proteas in Cuttack by four wickets on Sunday. Team South Africa won the toss and opted to field first. India's batting line-up struggled as the wickets kept falling and the runs weren't coming from the bat. India put a score of 148/6 in 20 overs. The Temba Bavuma-led team registered victory in just 18.2 overs. As India couldn't put up a good show in two consecutive matches, the players' performance and Rishabh Pant's captaincy have been criticized a lot. Fans on the other hand are visibly furious about not picking Sanju Samson in the T20 squad which was announced on 22nd May when the IPL 2022 was going on. Samson who led Rajasthan Royals had scored 458 runs in 17 matches with an average of 28.63 runs in this year's season. Twitter was flooded with fiery posts by fans who were missing Samson's presence on the team.



## CANADA PARA BADMINTON: JOSHI, RAMADASS BAG GOLD; PRAMOD BHAGAT WINS SILVER AS INDIA SIGN OFF WITH 9 MEDALS



CONTD. FROM PAGE 17

Joshi, the reigning world champion in women's SL3, displayed an impeccable performance winning all her round robin matches over fellow Indian Parul Parmar, France's Coraline Bergeron, Noriko Ito of Japan and Ukrainian Oksana Kozyna. While Joshi was hardly troubled by her first three opponents, she faced a strong challenge from Oksana. The Ukrainian rallied from a game down to take the second game and fought it out till the end before Joshi nailed it with a 21-18, 15-21, 22-20 win. This was Joshi's fourth title win in the women's singles event this season.

"Extremely delighted to be winning Gold in Singles & Bronze in Mixed Doubles with @RUTHICK\_INDIA at Canada para-badminton international. With this my one month tour to the Middle East & North America ends," tweeted Joshi, who also claimed the mixed doubles SL3-SU5 bronze with Ruthick Ragupathi. Like Joshi, Ramadass too followed her Fazza Dubai 2022 International title triumph winning the women's singles SU5 gold medal. The 17-year-old from Chennai kept her composure and fought it out to pull off a thrilling 27-25, 21-9 win over Japan's Akiko Sugino in

the final.

At Dubai too, the Ramadass defeated Sugino in straight games for the gold. This was her fourth women's singles gold in the SU5 category this season. Tokyo gold medalist Pramod Bhagat clinched the silver medal in the Men's Singles SL3 event. The ace shuttler went down to England's Daniel Bethell.

The 1 hour 6 minutes match was a closely contested match which went all the way down to the wire. The World No 1 went down 14-21 in the opening set but came back strongly to win the second set 21-09. The third set was closely fought and Bethell held his nerve to win the decider 21-15. The ace shuttler gave it all but fell short and had to settle for silver medal. Pramod Bhagat continued his brilliant run of ending up in the medals tally, he had recently won 2 golds at Bahrain Para Badminton International and also another gold at the 4th Fazza Dubai Para Badminton International in Dubai. Among other medallists are: Nitesh Kumar (Men's Singles SL3), Parul Parmar (Women's Singles SL3), Tarun Dhillon (Men's Singles SL4), Ruthick Ragupathi (Men's Singles SU5) and Tarun Dhillon (Men's Doubles SL3-SL4) who claimed the bronze medal in their respective categories.

## FIVE THINGS ABOUT HEINRICH KLAASEN, THE "POOR MAN'S DHONI" WHO FANCIES YUZVENDRA CHAHAL



Heinrich Klaasen hit a 46-ball 81, with 5 sixes and 7 fours to power South Africa to a win in the second T20 against India. He took a particular liking to Yuzvendra Chahal, clubbing 3 sixes. Here we present five things you didn't know about Klaasen.

Has Klaasen faced Chahal before?

Not only has he faced him, but has smashed him around for 5 big sixes in his second ODI in 2018 during a whirlwind match-winning knock of 69 from 30 balls. Some of the shots were pretty similar to what he dished out on Sunday. He backed outside leg and either crash-landed it over extra cover or heaved it over midwicket. There was one outstanding reverse-hit six over point too in that game in 2018 when he walloped 41 runs from 12 Chahal deliveries.

What did Klaasen say about Chahal then?

"I fancy him (Chahal) quite a lot. Especially when I was in amateur cricket, there were a couple of quality leg spinners in that time when I started my career."

## AUSTRALIA QUICK KANE RICHARDSON RULED OUT OF SRI LANKA ODIS



Australia fast bowler Kane Richardson has been ruled out of the five-match 50-overs series in Sri Lanka in the latest injury setback to the touring side. Richardson, who was added to the one-day squad as cover for injured fast bowler Mitchell Starc, suffered a "fairly severe hamstring injury" during Saturday's third Twenty20 match, a Cricket Australia spokesperson said on Monday. Richardson will be flying home and has been replaced by fast bowler Scott Boland for the series, starting on Tuesday.

## TWO-TIME ASIAN GAMES GOLD MEDALIST IN LONG-DISTANCE RUNNING, HARI CHAND, PASSES AWAY AT 69

Two-time Asian Games gold medalist in long-distance running, Hari Chand, passed away on Monday morning aged 69. Reports said the former athlete was undergoing treatment at Capitol Hospital in Jalandhar. The cremation will likely to take place on June 14 at Ghorewaha village in Punjab's Hoshiarpur district.



Hari Chand, the winner of gold medals in 5000m and 1000m events at the 1978 Bangkok Asian Games, also took part in two Olympics — 1976 Montreal and 1982 Moscow. The celebrated athlete also made national record in 10,000m at the Montreal Olympics, which stood for 32 years. He finished eighth in the second heat in the race, clocking 28:48.72. Some 32 years later Surendra Singh broke the record.

Hari Chand tried his luck one last time at the 1980 Moscow Olympics, but finished in 10th place in the 10,000m heats.

Among those who expressed condolences at the demise of the legendary athlete included Punjab Chief Minister Bhagwant Mann, who said the celebrated former athlete from Hoshiarpur was the "pride of Indian athletics".

## PAKISTAN PUSH INDIA TO FIFTH SPOT IN LATEST ICC ODI RANKINGS AFTER CLEAN SWEEP VS WEST INDIES

The Babar Azam-led Pakistan has pushed India to fifth spot in the latest round of ICC ODI rankings released on Monday, after their recent success in the three-match series against the West Indies in Multan. Pakistan, after making a clean sweep of the series, have 106 rating points, and lead India by one point. New Zealand are leading the charts with 125 rating points, followed closely by England (124) and Australia (107).

Before the start of the series, Pakistan were placed fifth in the rankings with a rating of 102. India, though, will have a chance to climb the rankings as they play England and the West Indies (three ODIs each) before Pakistan play their next ODI series in August.

Pakistan have enjoyed a brilliant last couple of years in the 50-over format. Apart from the blip against England away from home, they have taken on all comers and emerged victorious, including 2-1 series wins against Zimbabwe and South Africa.

They defeated Australia by the same margin when they came to visit Pakistan for the first time since 1998. West Indies stood no chance against Pakistan as they were rampaged 3-0.

This period of upsurge has come under the captaincy of Babar Azam, who has led by example for Pakistan in all formats of the game. With his recent century in the first match against West Indies, he became the first batter to score three consecutive ODI centuries twice, having previously achieved the feat in 2016 as well.

And with a fifty in the second ODI, he broke the world record for most consecutive 50-plus scores (9) in men's international cricket across all formats.

The top-ranked ODI batter has built a troop of trusted players along the way. One of them is Imam-ul-Haq, who has enjoyed a purple patch of late and has seven scores of 50-plus in his last seven ODIs to show for his efforts.



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# Living WITH Wellness

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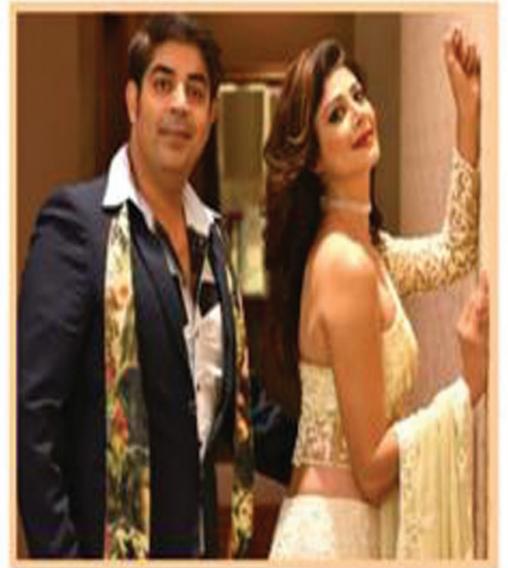


### Wellness Message LIVE with Sister Shivani

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## Program Agenda



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### Yoga on the Square with Pooja Batra

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### Cultural Performances

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Celebration Square  
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### Fashion Show with Dinesh K Ramsay and Music Concert

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# MidWeek LIFESTYLE

DAILY BURN OUT? YOU CAN  
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## ALIA BHATT CALLS BRAHMASTRA'S TRAILER A PIECE OF HER HEART, HERE'S HOW ANUSHKA SHARMA, JANHVI KAPOOR REACTED



BRAHMASTRA TRAILER IS OUT, AND BOLLYWOOD CELEBS HEAPED PRAISE ON DIRECTOR AYAN MUKERJI'S VISION. THE FILM STARS RANBIR KAPOOR AND ALIA BHATT IN THE LEAD ROLE. THE MAKERS OF BRAHMASTRA RELEASED THE FILM'S TRAILER ON WEDNESDAY MORNING. CELEBS SHARED THEIR REACTIONS FOR THE FILM, WHICH HAS BEEN IN THE MAKING FOR ALMOST FIVE YEARS NOW. FROM RANBIR-ALIA'S CHEMISTRY TO MOUNI ROY'S EVIL AVATAR, THE TRAILER GOT THUMBS UP FROM BOLLYWOOD. ANUSHKA SHARMA TOOK TO HER INSTAGRAM ACCOUNT AND CALLED BRAHMASTRA "EXCITING." "THIS LOOKS SO PROMISING AND EXCITING. KUDOS TEAM," SHE WROTE ON HER INSTAGRAM STORIES. SONI RAZDAN DROPPED A COMMENT ON ALIA BHATT'S INSTAGRAM UPDATE, WHICH READ, "HOW ABSOLUTELY AMAZINGLY STUNNING." "THIS IS HUGE! A FIRST FOR HINDI CINEMA. FEEL SUCH PRIDE TO FINALLY SEE A GLIMPSE OF HIS SPECTACULAR VISION. TRULY A WORLD LIKE WE HAVE NEVER SEEN BEFORE," WROTE JANHVI KAPOOR.

## GTA NEW HOME MARKET SLOWS DOWN IN APRIL

In April, the GTA new home market showed signs of slowing down from the exceptionally strong pace of the past year, the Building Industry and Land Development Association announced today.

Total April new home sales of 3,645 units were down 29 per cent from April 2021 though still 6 per cent above the 10-year average, according to Altus Group\*, BILD's official source for new home market intelligence. Single-family homes, including detached, linked, and semi-detached houses and townhouses (excluding stacked townhouses), accounted for 571 units sold, down 47 per cent from last April and 54 per cent below the 10-year average. Sales of new condominium apartments, including units in low, medium and high-rise buildings, stacked townhouses and loft units, with 3,074 units sold, were down 24 per cent from April 2021 but 40 per cent above the 10-year average. It was the 4th highest number of condominium apartment sales for April since Altus Group started tracking in 2000. "New condominium apartment sales are down from last year, but would have been viewed as robust in the pre-COVID world," said Edward Jegg, Research Manager at Altus Analytics, Altus Group. "The headwinds of rising interest rates and soaring inflation are starting to act as a drag after an exceptional 16 months. Meanwhile, single-family sales continue to languish as affordability issues persist." The benchmark price for new single-family homes in April was \$1,787,186, which was up 28.1 per cent over the last 12 months and the benchmark price for new condominium apartments was \$1,189,134, which



was up 12.3 per cent over the last 12 months. Due to a number of new project openings in April, total new home remaining inventory increased compared to the previous month, to 9,327 units, comprised of 7,936 condominium apartment units and 1,391 single family lots. "The unpredictability in construction costs, the supply chain disruptions and the strikes our industry is currently experiencing are expected to impact housing supply in the GTA in the coming months," said Dave Wilkes, BILD President & CEO. "Combined with the factors affecting the larger economy, we are likely to see some volatility in the housing market in the months ahead."

## 1 IN 2 CARS SOLD WILL HAVE ELECTRIC POWERTRAIN BY 2030: REPORT



Led by China, one in two cars will have an electric powertrain by 2030, a new report showed on Monday. Electric powertrain includes main components that generate and deliver power to the road surface for fully electric, hybrid electric and plug-in hybrid electric vehicle applications. Main components of its powertrain are engine, transmission and driveshaft. According to Counterpoint Research, the increase in environmental awareness among buyers, favourable carbon emission norms, support from governments and the collaborative efforts of ecosystem players are all helping electric vehicle (EV) adoption across the world. However, EV penetration was still below 10 per cent of global passenger vehicle sales in 2021. "China is leading the global EV market, followed by Europe and the US. The rest of the world will be the fastest growing region in terms of EV adoption, driven by India, Vietnam, Singapore, Thailand and Canada," said senior research Analyst Soumen Mandal said. "The EV sales in China are projected to cross six million units by the end of this year. Europe is aiming to reduce emission levels by 15 per cent in 2025 and by 37.5 per cent in 2030 from the 2021 levels. EV sales in the US increased by nearly 100 per cent YoY in 2021.

## SMARTPHONE USE CAN HAMPER MENTAL WELL-BEING IN YOUNG ADULTS



If you are a young adult and spend a lot of time on your smartphone that it may cause a rapid decline in your mental health, says new research. According to a report by Sapient Labs, the growth of smartphone use and an increase in social isolation point to a decline in the mental health of young adults aged 18-24. "Data shows that people now spend 7-10 hours online," Tara Thiagarajan, Chief Scientist at Sapient Labs, said in a statement. "This leaves little time for in-person social engagement. Prior to the Internet, by the time someone turned 18, we estimate that they would likely have spent anywhere from 15,000 to 25,000 hours interacting with peers and family in person." And now, Thiagarajan said, the research showed the internet age has likely cut that range down to 1,500 to 5,000 hours.

## LIFESTYLE TORONTO DAZZLES TORONTO WITH A TWO DAY SOUTH ASIAN FASHION EXTRAVAGANZA



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# RASHI AND NAVAL BAJAJ HOST SUNDERKAND PATH BY SHRI ASHWIN PATHAKJI



World Renowned Devout of Sunderkand Shree Guruji Ashwin Kumar Pathak ji toured Canada in month of May, he was in Brampton on June 4th, 2022 to Recite Sunderkand Path at Hindu Sabha Mandir hosted by Rashi & Naval Bajaj. He has been doing Sunderkand Path every single day since last 8039 days throughout the world, and on June 4th, 2022 he recited 8197th time Sunderkand Path. His main motive is to take this religious Path to as many people as possible throughout the Mankind in the world, implement the learning from Sunderkand and make your life beautiful and peaceful. Shree Guruji Ashwin Kumar Pathakji giving the introduction of Sunderkand mentioned: Sunderkand is the fifth chapter from the "Ramcharitmanas" which is written by the revered poet Goswami Tulsidas. It forms the heart of Ramayana It is one of the seven kands (sections) of what constitutes the epic Ramayana and it is believed that reciting Sunderkand Path on a regular basis can help ward off evils, remove obstacles in path and bestows one with happiness and prosperity. Sunderkand Path is one such text that mentions about a devotee's victory, is the only chapter of the Ramayana in which the hero is not Rama, but rather Hanuman. The work depicts the adventures of Hanuman and his selflessness, strength, and devotion to Rama are emphasized in the text. It highlights how Lord Hanuman crossed the ocean and survived the obstacles during his journey to Lanka to find Sita Maa. Since Lord Hanuman was successful in his mission to gather information about Sita, this chapter also depicts the wisdom and vigour of Lord Hanuman. Sunderkand Path also mentions a few significant life lessons.

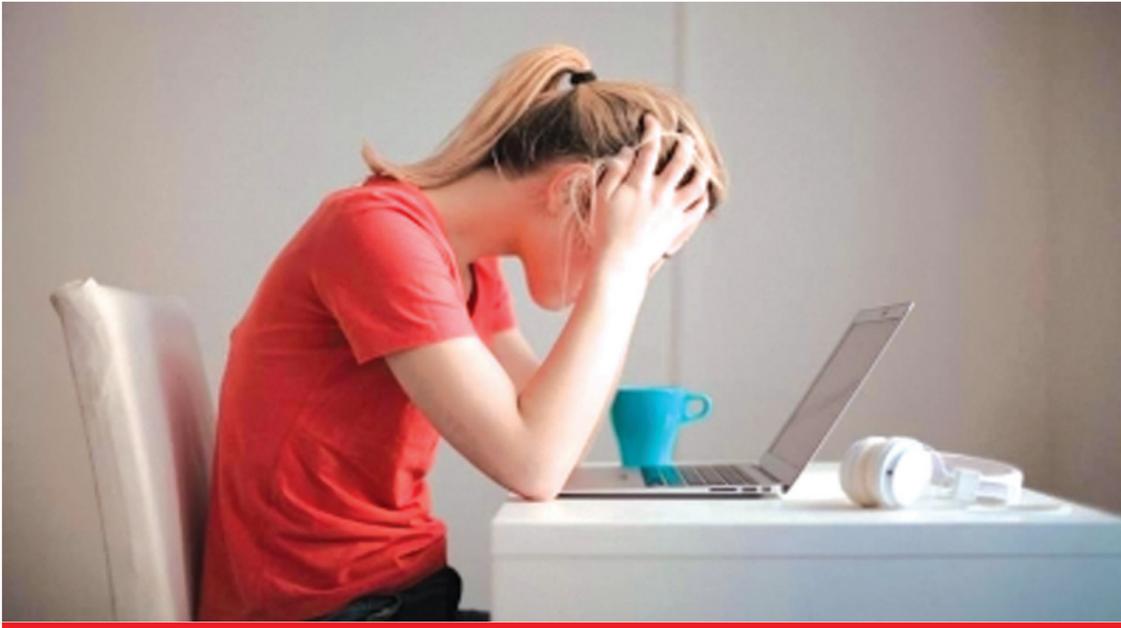
Reciting Sunderkand Path does not only offer mental peace but also gives the strength and determination to achieve success in your tasks. It is very beneficial for restoring peace and harmony and also removes negativity, which helps to make your life beautiful, which ultimately results into good health, Mental Peace, resulting into Beautiful life and leading to Moksha. The main aim of Sunderkand is to live a humble life. This lesson is recited preferably on Tuesdays and Saturdays, these days having been earmarked for special prayers to Hanuman. In the Sunderkand, Rama is pictured beautifully by Hanuman, and the story itself is beautiful where the separated couple are informed about their better halves by a messenger. Moreover, Seeta is pictured beautifully by Tulsidas with all her morals in this chapter, and the description of ashokavana itself is mesmerizing. The selection of words and metres by Tulsidas ji is also outstanding in the Sundarakanda, and most of all - Hanuman's characterization in Sundarakanda is mind-blowing. The way Hanuman carries out his duty as Rama's messenger to both Seetha and Ravana is depicted in an excellent way. Sunderkand Path on June 4th in Brampton was attended by more than five thousand People from throughout the GTA, which was one of the largest gathering in the history of the temple, many devotees travelled all the way from Ottawa, Montreal, New York, including many religious intuitions heads, priests from other temples, Organization heads, Politicians and community leaders. Amongst the dignitaries were present, the newly elected members

of the currently concluded Provincial elections - Hon Prabmeet Sarkari, President of treasury Board of Ontario, Hon Minister Nina Tangri, Mr. Amarjot Sandhu, Mr. Hardeep Grewal, Mr. Deepak Anand, the Mayor Of Brampton Patrick Brown Mr. Gurpreet Dhillon, Regional Councilor City of Brampton. Shree Guruji Ashwin Pathak ji thanked Rashi & Naval Bajaj for hosting this beautiful event in the city of Brampton and adding more colors to the city of Brampton and beautiful country Canada. Also speaking on this occasion, Host Mr. Naval Bajaj mentioned that we all are blessed that we live in one of the most beautiful county in World and blessed to have beautiful Sunderkand Path in our city, take the learning from it and implement it in our day to day life. It is great to see everyone getting together with two tough years of Pandemic, it was tough time for many of us and now as we get back towards normalcy, it is time to take the lessons learnt during the pandemic implement the learnings from Sunderkand, relieve stress which we all went through and let us make our and others life beautiful. He thanked everyone who was in attendance. He also thanked the entire Mandir committee including Mr. Kuldeep Gupta; Shastriji and the priests of the temple, Amy aunty and the entire kitchen staff, the volunteers and the friends and family who joined hands to make this event a huge success. The evening was made melodious by the bhajans sung by Shri Hemant Panwar, Vaishaliji, Vaishnavi, Vedant and Sachin Joshi. Naval Bajaj lastly thanked each and every one who attended and made this event a huge success. Finally he thanked his beautiful wife Rashi Baja, entire family and extended family who worked hard day and night to make this event successful.

## IHOP BRAMPTON'S FAMILY CELEBRATIONS ON JUNE 11 IN BRAMPTON



ON SATURDAY, JUNE 11, IHOP BRAMPTON CELEBRATED THEIR OPENING WEEKEND WITH EVENTS FOR FAMILIES. THIS ATTRACTED A LARGE AUDIENCE AT THEIR VENUE. THE EVENT WAS MARKED BY A LIVE BAND PERFORMANCE, BALLOONS AND MANY GIVEAWAYS FOR KIDS. IT WAS A SUCCESSFUL EVENT COMPLEMENTED WITH DELECTABLE FOOD. RECENTLY, IHOP® OPENED ITS NEW FRANCHISE LOCATION IN THE GREATER TORONTO AREA, LOCATED AT 50 BISCAYNE CRESCENT IN BRAMPTON. THIS NEW RESTAURANT WILL SPREAD HAPPINESS BY SERVING THE BRAND'S WORLD-FAMOUS BUTTERMILK PANCAKES AND FAMILIAR COMFORT FOODS ALL DAY LONG, LEAVING GUESTS WITH A SMILE.



## DAILY BURN OUT? YOU CAN CHANGE THIS!

"If only I could have another vacation to the mountains, I don't carry this much longer." Do you catch yourself saying this very often? Symptoms of burn out and unmanaged stress at the workplace can lead to:

- \* Feelings of energy depletion or exhaustion
- \* Increased mental distance from one's job, or feelings of negativism or cynicism related to one's job
- \* Reduced professional efficacy

Should I Jump Ship if I'm Burnt Out? Sitting back and taking a wider look can help you reset your priorities. A burnout can either be caused from your own relationship with your job, or the simple fact that the job just doesn't suit your personal nature. Before quitting, ask yourself if you can change how you relate with my

job. Is it your own mismanagement of stress which is causing the problems? Reassess You might want to look into potential reasons to then formulate a solution:

- \* Lack of control
- \* Unclear job expectations
- \* Dysfunctional workplace dynamics
- \* Extremes of activity
- \* Lack of social support
- \* Work-life imbalance

If you can spot clear reasons, try to have a conversation with someone and try to bring change rather than continuing to deal with the burnout. Over time, burnout can lead to:

- \* Excessive stress
- \* Fatigue
- \* Insomnia
- \* Sadness, anger or irritability
- \* Alcohol or substance misuse
- \* Heart disease

- \* High blood pressure
- \* Type 2 diabetes
- \* Vulnerability to illnesses

Stress Management In many cases, when we start to relax, we find that some problems are not stressful but challenging and enjoyable. Relaxation makes a big difference.

- \* Seek social support
- \* Take frequent breaks
- \* Get adequate sleep everyday
- \* Get adequate exercise everyday
- \* Practice mindfulness, especially when you start to feel the burnout
- \* Take a vacation if you really want it!
- \* Seek professional help if you need

When to Quit? If there is no way that the job can provide a relaxing work atmosphere, you might want to start

evaluating your options. Know the consequences of quitting, and weigh them against already existing or potential health problems. Saying 'no' when needed can be one of the most powerful gifts to our own selves. One of the most important things that we, as individuals, should do is to understand that we have put ourselves in tricky positions. When we start to take responsibility of our existence, we can start to take active action rather than be stuck in a victim mentality. References: World Health Organization, 'Burn-out an "occupational phenomenon": International Classification of Diseases', official WHO website (accessed on 11th June, 2020) US National Library of Medicine, 'Depression: What is burn-out?', official NCBI website (accessed on 11th June, 2020)

## GREEN OR BLACK TEA – WHICH IS BETTER FOR SUMMER?



Most of us enjoy sipping a cup of tea after meals or after waking up in the morning, not only for the health benefits but also as a daily way to relax. When we are stressed, tired, confused, or anxious, the first thing that comes to mind is a cup of tea. It's a magical drink that revives and rejuvenates us when we're tired or exhausted. What most people do not know is that both Green and Black teas are made from the top leaves of the same tea plant – Camellia Sinensis. Though both of them are derived from the same plant, they differ significantly. According to research, almost every tea has similar health benefits. Because green tea leaves aren't fermented and don't go through the oxidation process that black tea does, it's particularly high in EGCG (epigallocatechin gallate), the most abundant catechin, with powerful antioxidant properties that can help fight cancer, cardiovascular disease, and other ailments. Green tea has a quarter of the caffeine content of coffee, making it healthier. As there is no oxidation in the manufacturing of green tea, EGCG is not converted into other forms and is retained. It promotes diet as well as exercise-based weight loss programmes. Green tea is great for midday breaks and evening meditation. It is less acidic, thus it washes acidic waste away. Detoxifying pure organic green tea gives you bright skin, a faster metabolism, and higher immunity. Green tea has its own set of advantages. It may surprise you to learn that a hot cup of green tea can be more refreshing than a cold beverage. Nothing like a cup of green tea to keep you cool on the inside as sweat streams down your brow. It also soothes your body because it includes theanine, a natural substance with a calming and soothing impact on the drinker. During the fermentation process, the EGCG in black tea is converted to Theaflavins and Thearubigens. As a result, green tea outperforms black tea in terms of catechins quality and quantity. But Black tea is also healthy as it is abundant in antioxidants. It contains a third of the caffeine found in coffee, as well as L-Theanine – the combination of caffeine and L-Theanine helps stay mindfully alert. It also moisturizes the body and boosts blood flow to the brain while also

strengthening the immune system with bacteria-fighting antioxidants. Black tea promotes concentration and focus and is an 'eye-opener' for the morning. The acidity in black tea is higher and hence, lemon is required to neutralise the acidity in mild black tea. When people talk about tea in Western culture, they frequently refer to black tea. Sun tea, sweet tea, iced tea, and afternoon tea are all popular tea beverages made with black tea. Even well-known blends like English Breakfast and Earl Grey contain black tea leaves. Thus, Black Tea is a popular drink not only in India, but also in other countries, and it is one of the most preferred drink in the summer due to its amazing benefits. It will undoubtedly keep you hydrated while also speeding up your metabolism. As previously mentioned, there are some significant differences between black and green tea but there's also a lot of variety within these categories, from mellow to robust black teas to vegetal to nutty green teas. Aside from black and green teas, there are also white, oolong, pu-erh, and purple teas, each with their own distinct differences and strengths. In the end, black and green tea have far more in common than they do differences. Whatever type of tea you choose, you can be confident that you'll be drinking a healthy, flavourful cup! However, the caffeine in the tea may make you wonder whether drinking tea can actually keep you hydrated during summers. You're probably aware that only one ingredient is required to make tea: water. Tea is usually made by boiling or heating water and then pouring it over a cluster of black or green tea leaves, which impart flavour and scent to the drink. This means that you're drinking water while sipping a hot cup of tea. As a result, any type of tea is excellent for hydration and thus the perfect summer beverage. To summarise, while both black tea and green tea are made from Camellia sinensis leaves, only difference is their processing methods. Hence, both black and green tea are excellent beverage options, and both will benefit your overall health if consumed in moderation. So, to unwind this summer, try any of the teas and see which one's best suited for you.

## 5 WAYS TO BOOST THE VALUE OF YOUR HOME

A well-designed visual setting is only one aspect of home decor. It has now evolved into a form of self-expression, almost meditative in nature. While establishing a distinct identity for its occupant, it is the source of a sense of belonging. The value of such a space can only be measured in terms of the celebration of connection with the vibe and joy the space commands. When there is an opportunity to experiment with interior language, this feeling soars, increasing the value of a space not only in aesthetics but also in spirit.



Here's how you can indulge in interior play: Fill up radiance and cheer A well-lit space will always steal the show. Seek the advantages of good lighting by inviting natural light in through oversized windows or a dramatic lattice screen that entices with its shadow cast. Intensify it with reflective surfaces and light-colored colour palettes, a pastel or all-white aesthetic brings joy from the abundance of light. Mirrors, small or large, square, oval, or even asymmetrical, mounted on the wall or slanted along the floor, can also be used to create the illusion of a larger space with more room for happy happenings. Consider a kitchen island with bar counters, dining space with a French window view, or a simple balcony sit out with a cosy loveseat lined by houseplants for a cheerful atmosphere. Speak for purpose with your furnishings Value is qualitative rather than quantitative. This idea is similar to essentialism, which advocates for a predominantly minimalist style that allows for only the things with which we associate a personal value in nature. It can be as small as an antique relic cherished for years or as large as a newly purchased multipurpose bench. The essential nature of the item takes centre stage. Infuse the values of a sustainable lifestyle by under-

playing furniture and accessories and increasing inclusivity for pieces like reclaimed wood tables, hemp throws, jute planters, and so on that spell sustainability and repurpose. Allow for sleek profiles, geometric silhouettes, and neat trims that are timeless and versatile from a utilitarian standpoint. Create level viewpoints by installing large built-in closets across the wall, storage units beneath the window bay, and floating shelves along the lintel level. Downsized accessories should be avoided in favour of hefty, statement pieces such as an upholstered seater in a bright colour, an oversized pendant lamp hung from the ceiling, or a feature wall with spaced-out terrazzo patterns. Experiment with proportions and new boundaries of harmony with unusual furniture choices. Accommodate versatility with neutral palette Interior styling works best when it is set against a neutral backdrop. A neutral coloured moodboard is ideal for this, it is the scheme that allows old and new pieces of furniture to coexist and create a harmonious narrative. A neutral palette can be seen with earthen colours like Olive, Clay, Brick Red, Moss Green, or

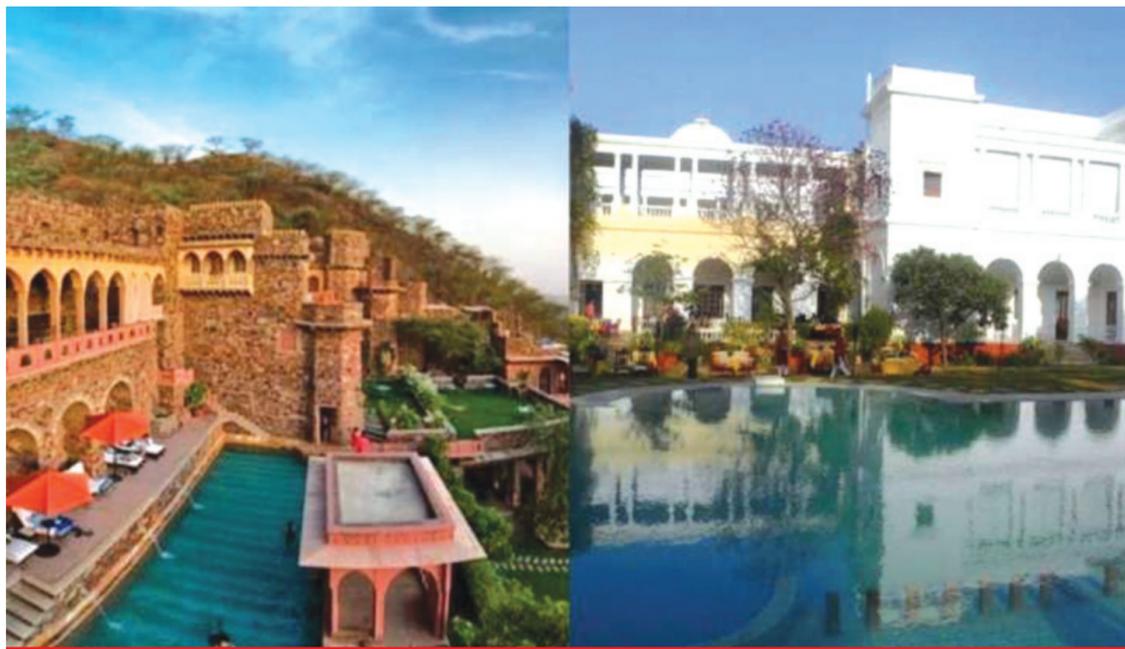
Cedar Brown, or as a straight Beige, Ivory, Gray, or Black. These wall-based palettes can be given a timeless meaning by using unadulterated metallic tones like gold or silver, as well as unconventional contemporary options like rose gold, copper, or brass. You can also experiment with monochrome styles using different tints and shades of a colour. Keep the language of adaptability alive by keeping the finishes all matte or with a toned-down expression of texture with subtle stripes or fine textures that soften the visual appeal. Bring in a work of art The pieces that highlight a signature style tell the story of a space. Custom-made pieces in furniture and decor, such as wooden panels with stone inlays, tabletops with single-stone marble, closet doors with iconographic knobs, tapestries with printed artworks, and more, become one-of-a-kind interior finds. Create a single point of focus by using feature walls to showcase some commissioned artworks in the centre with tufted fabrics lining the sides or an extravagant indoor garden to make the best first impression. Make the artistic elements stand out with light ac-

cents, such as a signature crystal chandelier hung as a spotlight for wall art, a triple pendant atop the focal point, or a flushed LED strip lining the backdrops of the television, vanity, and so on. Give a digital edge to the space: Contemporary homes are all about smart character, the styling concept extends beyond still life to mobile elements that create a transitional effect. With mood settings and smart lighting systems that combine colour psychology and touch-free technology, home automation enhances the sensorial character of styling. There are tinted LEDs for common space false ceilings and low-light sleep modes for private spaces. Parties, family gatherings, and at-home celebrations necessitate projectors, digital installations, and other elements that set the mood. On the other hand, for the growing hybrid homes post-pandemic, more integrated systems with interior design have evolved to cater to both the space's lifestyle and work needs. AI audio systems, task lighting controls, automated window blinds, and other technologies are ready to articulate home decor in a futuristic sense that will undoubtedly surprise us all.

## MAINTAIN LUSTROUS HAIR THROUGH THE MONSOONS

The most anticipated season to escape the summer heat is approaching. While we enjoy soaking ourselves in the rain, the season can be the most difficult on hair care. Monsoons cause your hair to become tender, making it prone an unnatural level of frizz, resulting in a lack of shine, excessive dandruff, and hair fall. Want to keep your hair lustrous while also showing off your locks? Try these products: **Hair Smoothing Serum:** Because of the humidity in the air, frizzy hair is very common during the monsoon season. Frizz is an indication of dry, damaged hair. During the monsoon season, the air is moist, which dampens our hair and causes it to become frizzy and unmanageable. Taming Elixir Hair Smoothing Serum by Sebastian Professional is specially designed to smooth, tame frizz, and hydrate hair. The lightweight cream formula with avocado oil provides natural-looking definition and thermal protection, making it ideal for use with heat styling products. It also leaves hair feeling touchably supple. This ex-

actly curated serum contains avocado oil, which is high in vitamins such as biotin, which aids in the maintenance of a healthy mane. **How to use:** Work evenly through damp hair from roots to ends Blow Dry for a smooth, natural finish Use with flat irons for smooth, straight styles or with curl irons for softly defined curls. Price: Rs 1,950 for 140ml Leave in styling conditioner With hair becoming increasingly difficult to maintain and style during the monsoon season, the Sebastian Professional Potion 9 Leave-in styling conditioner nourishes and shapes hair, removing any form of dryness. This versatile cream conditioner contains 9 botanical extracts that help restore moisture and provide a flexible hold that allows the hair to be styled into multiple distinct looks, all while restoring the hair's natural shine. It contains jojoba oil, which is high in vitamins that are beneficial to hair.



## 5 PALACES RIGHT OUT OF FAIRY TALE NEAR DELHI-NCR

With the sudden change in the Delhi NCR weather and a significant drop in temperature, it is time to succumb to the temptation of a quick relaxing weekend trip. To make the most of this incredible change in weather, choose a location that is a perfect mix of comfort and outdoor spaces where one can unwind in the cool mornings and evenings.

Here are a few suggestions that are only a short drive from the city but will transport you to another world away from the city's hustle and bustle. And are ideal for relaxing in this weather to bring more life to the moments you spend.

**Neemrana Fort Palace:** Neemrana Fort Palace Hotel is a popular destination which is close to Delhi NCR because it retains its charm as a getaway that gives you a satisfying experience. A mix of luxury stay at a palace property and modern luxury; is a good option to spend a weekend. The grand structure makes for one of the most picturesque properties within a short distance from Delhi, Neemrana Fort Palace is a great place to spend a fun-filled weekend. There are enough outdoor and indoor experiences to keep your weekend engaged. It also offers great food to make the experience holistic. It is one of the best places to venture out to during good weather. Neemrana Fort Palace is a 3-hour drive from Delhi.

**Pataudi Palace:** Built in 1935, Pataudi Palace is also known as Ibrahim Kothi. Recently started serving as a luxury heritage hotel, it is very well known for various reasons. The magnificent white colonial mansion is spread over 25 acres and makes for a great view. It offers stylish interior decorations, artistically furnished rooms, classic verandahs, old model furniture, and modern amenities. The manicured lawns, gardens and open spaces are perfect hangouts during pleasant weather. One can easily lose track of time walking around admiring the beauty of the place. Just a 2-hour drive from Delhi, the Pataudi Palace is in Haryana.

**Lohagarh Fort Resort:** This luxury resort is conveniently located on the Delhi Jaipur Highway. A great place to spend a good weekend with family or friends, this place offers a luxurious stay with lots of activities to keep you engaged throughout the weekend. The tastefully done layout and ambience of the resort in itself is an attraction. One can easily sail through a whole weekend without feeling the need for leaving the resort. The open layout of the resort gives ample space to



relish good weather and go around the property for walks. They offer amazing options for luxurious accommodations and scrumptious food. Lohagarh Fort Resort is a 5-hour drive from Delhi.

**Dusit Devarana:** Very different from any other resort, Dusit Devarana stands out from the crowd like its name. A 5-star resort just 31 km from Delhi, offers an escape from the hustle-bustle of the city. They have a very interesting modern landscape and architecture, with beautiful grounds that can offer you the pleasure to stroll in amicable weather. Or dive into the pool for a cool experience. The great amenities and luxuries of the resort will ensure the utmost comfort during the stay. Overall, a very uncommon and differentiated experience for a weekend getaway.

**Noor Mahal, Karnal:** Noor Mahal is a majestic 5-star hotel in the rustic backdrop of Karnal. The grandeur of Noor Mahal has been brought to life with Rajputana and Mughal Architecture. Walking among the wide corridors, admiring the beautiful arches and intricately decorated walls, one feels like royalty. They offer luxurious chambers with modern comforts that ensure the ultimate experience during your stay. A destination in itself, one can spend almost unbelievably amazing mornings and evenings outdoors in the lovely weather. Evening by their mesmerising pool side is highly recommended. So, make your plans for the weekend to visit one of these splendid places to make most of the turned weather for a fortunately cool experience in the middle of harsh summers.

## CLOSET CONSCIOUS?

As life slowly comes back to normal, so does our penchant for impulsive clothing regain momentum. But with a new push towards sustainability, it's time to organise your closet and limit your purchases to only the most essential items. Unlike an overcrowded closet, a conscious closet frees up more of the world's resources. Tushar Sethi, Co-Founder of Jisora, shares some new closet essentials that will keep you in style while remaining inexpensive.

**Plain T-shirt:** Everyone should have at least one plain t-shirt in their closet. We'd say it's a must-have item that can be worn year-round, either beneath a leather jacket or with slacks or skirts. It works with any style and may be classified as an all-rounder. For a casual appearance, match it with your favourite pair of jeans and shoes, or for a shopping day out, pair it with your favourite pair of shorts or body-con skirt. T-shirts in black, white, grey, yellow, and red are some of the actual colours.

**Tank Top:** Everyone has a favourite shirt that they wear all the time, but nothing rivals the cool appeal of a tank top. Aside from serving as a strong primary layer, today's tanks experiment with the neckline, whether through asymmetrical cuts or ultra-thin shoulder straps designed to be flaunted on sunny days. No closet is complete without one, whether you combine it with a pair of soft sweat shorts or layer it over a slip dress.

**A Dress in Black**  
The eye-catching black dress will turn heads and is a must-have for any occasion. Pair your lovely black dress with a glittering necklace or a stunning choker. To go with this basic yet lovely dress, a pair of shoes would be ideal. When you walk into the party, we guarantee you'll turn heads. This style is absolutely wearable; we adore the basic yet stylish neckpiece and light makeup, which look well with this outfit.

**Denim Shorts**  
All of your casual outfits are incomplete without denim shorts. Denim shorts are one of the most comfortable pieces of casual clothing you can own. Pair it with a fancy top or your favourite graphic tee for the ultimate toasty and comfy look, whether it's a pool party day or a shopping day out with your friends. This season, high waist denim shorts, as well as torn ones, are really popular.

**A Shirt in White**  
Nothing beats a white shirt for versatility; it may be worn for casual wear, party wear, or formal dress. There is no way to avoid wearing a white shirt. It is the most basic essential that you must have. When it comes to a formal look, pair it with formal pants or a body-con skirt. If

you're searching for a casual style, wear it with denim shorts or a flared skirt for a unique look. Experiment with bright hues to come up with the greatest combinations, as fashion is all about experimenting.

**A Skirt with Flares**  
Flared skirts are one of today's most elegant dresses. A flared skirt differs from a bodycon skirt in that it has a more flowing shape than a bodycon skirt. It has a more feminine appearance and appears to be incredibly elegant. When it comes to the skirt's potential to trend, it's incredible; everyone from celebrities to fashion bloggers has been seen wearing it. To boost your style quotient, you need at least one flared skirt in your closet. It looks well with a variety of outfits, especially formal and party dresses.

**Comfy Jeans**  
That one pair of denim jeans that fits you perfectly and goes with everything and whose fit never fails to make your body form stand out. If you still don't have a pair of denim that fits you exactly, you're doing something wrong since having one pair of denim that fits you completely is really important. Without a solid pair of jeans, your casual outfit is incomplete. Get your favourite denim colour and get it customised to fit you perfectly. Pair it with a magnificent top and accent with some bright accessories for a party look, and Wow! You're all set to go! Remember to wear your spectacular heels to turn heads.

**Slip Shorts**  
A girl's outfit should also include a pair of black tights/Slip Shorts to save you from the see-through trousers and transparency. Purchase a pair of black tights to wear beneath your white or light-coloured dresses or when wearing transparent or light-coloured pants. Keep at least two pairs of slip shorts in your closet as essential wardrobe necessities.

**A Pair Of Eye-Catching Heels**  
Whether it's a peep toe, plain basic heels, pumps, or whatever you choose, a pair of striking heels are a wardrobe must-have. A pair of heels may give your clothing a whole new style, but it all relies on your comfort. If walking in tall heels is a difficulty for you, wedges and block heels are the statement footwear you need in your closet. Every woman should consider investing in a pair of heels for herself.

**Multi-Purpose Sneakers**  
Sneakers are a must-have accessory for everyone, and they will undoubtedly become your closest buddy for the rest of your life. A beautiful pair of shoes that works with skirts, shorts, jeans, and everything else you wear is a girl's dream come true; plus, they're also comfy, flat, and simple to run away with. You cannot dispute that they are an essential part of your wardrobe.

## MILK-BASED COFFEE RECIPES

Tierra is a unique blend of as many as 20 different coffees, selected from the best beans and toasted with care. The coffee that highlights the characteristics of its places of origin: Brazil, Colombia, Central America and India, is sustainable even throughout its supply chain. Here are a few exclusive recipes to try out:

Healthy honey coffee smoothie

Ingredients

Shot of Espresso

100 ml milk

2 tsp honey

60 ml soya cream

1 ripe bananas, frozen

1 tbsp chocolate syrup

4 ice cubes

Directions

Combine the coffee and honey with the water and stir.

Tip the brewed coffee, cream, bananas, syrup and ice cubes into

the blender.

Blend until smooth.

Pour into a glass and drizzle over a little more chocolate syrup if you like.

Blueberry and Honey coffee smoothie ingredients

Shot of Espresso

150 ml chilled milk

2 tsp honey

100 g fresh blueberries

50 gm rolled oats

4 ice cubes

Directions

Combine the coffee, milk, oats, blueberries, and honey into a blender.

Blend until smooth.

Pour into a glass and top with a few whole blueberries.

Marshmallows mocha

Ingredients

Shot of Espresso



20 ml milk

5-6 marshmallows

2 tbsp caramel sauce

Whipped cream

2 tbsp chocolate sauce

Directions

Take a shot of Espresso in a mug.

If you making it at cafe just froth the milk like latte, Heat the milk or cream in the microwave until hot but not boiling (about 30 seconds).

Add the espresso and give it a thorough mix with chocolate sauce, and caramel sauce.

Fill the mug with hot and frothed milk. Put generous amount of whipped cream.

Drizzle with lots of chocolate sauce and top with marshmallows.

Cinnamon Almond cappuccino Ingredients

Shot of Espresso

150 ml almond milk

Cinnamon powder

Nutmeg (just for taste)

Sugar to taste

Directions

Take a shots of espresso and starch it with hot water, half fill the mug.

Steam and Froth almond milk, until doubled in volume.

Pour it like Cappuccino, Sprinkle over a dash of cinnamon and very little nutmeg. Enjoy.

## TIPS TO MAINTAIN LUSTROUS HAIR THROUGH THE MONSOONS

The most anticipated season to escape the summer heat is approaching. While we enjoy soaking ourselves in the rain, the season can be the most difficult on hair care. Monsoons cause your hair to become tender, making it prone to an unnatural level of frizz, resulting in a lack of shine, excessive dandruff, and hair fall. Want to keep your hair lustrous while also showing off your locks? Try these products:

**Hair Smoothing Serum:** Because of the humidity in the air, frizzy hair is very common during the monsoon season. Frizz is an indication of dry, damaged hair. During the monsoon season, the air is moist, which dampens our hair and causes it to become frizzy and unmanageable. Taming Elixir Hair Smoothing Serum by Sebastian Professional is specially designed to smooth, tame frizz, and hydrate hair. The lightweight cream formula with avocado oil provides natural-looking definition and thermal protection, making it ideal for use

with heat styling products. It also leaves hair feeling touchably supple. This expertly curated serum contains avocado oil, which is high in vitamins such as biotin, which aids in the maintenance of a healthy mane.

How to use: Work evenly through damp hair from roots to ends

Blow Dry for a smooth, natural finish Use with flat irons for smooth, straight styles or with curl irons for softly defined curls. Leave in styling conditioner.

With hair becoming increasingly difficult to maintain and style during the monsoon season, the Sebastian Professional Potion 9 Leave-in styling conditioner nourishes and shapes hair, removing any form of dryness. This versatile cream conditioner contains 9 botanical extracts that help restore moisture and provide a flexible hold that allows the hair to be styled into multiple distinct looks, all while restoring the hair's natural shine. It contains jojoba oil, which is high in vitamins that are beneficial to hair.

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Harpreet Singh

## WORLD NO TOBACCO DAY 2022: HOW TO MINIMISE THE RISK OF LUNG CANCER IN FORMER SMOKERS

**World No Tobacco Day 2022: When it comes to ex-smokers and other types of cancers, they have gotten significantly less attention in terms of study. If a person has been smoking or consuming tobacco regularly for the past 5-10 years and has stopped smoking, then, unfortunately, quitting tobacco will not be able to undo all of the harm caused by earlier smoking.**



World No Tobacco Day 2022: Tobacco-related cancers have the highest mortality rate in India of all cancers. According to a report released in 2020 by the National Cancer Registry of India (NCRI), tobacco consumption is responsible for up to 27% of cancer incidences in the country. Tobacco is dangerous in all forms, and there is no such thing as a safe level of tobacco exposure. While cigarette smoking is the most common way of consuming tobacco in the world, other types of tobacco, such as smokeless tobacco, like dry snuff, plug/twist, loose-leaf chewing tobacco, and dissolvable products, are highly addictive and common in India. These products increase the incidence of cancers of the oral cavity, throat, esophagus, stomach, lungs and urinary system.

**Risk of Lung Cancer in Former Smokers:** Many current and former smokers are curious about their lung cancer risk in terms of numbers. Some people, for example, desire to know things like, "I have a 10% risk of getting the

disease." Assigning a numerical value to risk is difficult and often challenging to comprehend; whereas one individual may consider 10% to be a high probability. It's critical to remember that statistics like these are based on large groups of people and is difficult to translate what that means for a single person. When it comes to ex-smokers and other types of cancers, they have gotten significantly less attention in terms of study. If a person has been smoking or consuming tobacco regularly for the past 5-10 years and has stopped smoking, then, unfortunately, quitting tobacco will not be able to undo all of the harm caused by earlier smoking. So, one should always be open and honest with their healthcare providers about their smoking history and be aware of the dangers that it entails.

**Be aware of the symptoms** Knowing the symptoms of lung cancer can be the difference between identifying your condition early or after it has spread. Despite this, the majority of people

are unaware of the most prevalent symptoms and as a result, 90% of cases in India are recognized at late stages and are seldom cured of their disease. Part of this is due to the fact that lung cancer symptoms are vague.

Lung cancers usually cause the patient to cough out blood, an alarming symptom, which makes most people seek medical attention. The most frequent type of lung cancer today however is lung adenocarcinoma. These tumours tend to form in the outer parts of the lung. Such patients have mild cough, occasional breathing difficulties which may be dismissed as common cold. Always seek doctors' opinion when cough continues for more than a week, despite adequate treatment with medicines.

**Understand the importance of screening:** Lung cancer treatment is most effective when it is detected early. When nonsmokers and former smokers (those who quit years ago) develop lung cancer, it catches both healthcare providers and the patient by surprise, as lung cancer may not be on their radar when screening.

## GREENS CAN HELP CONTROL BODY ODOUR

In simple terms, body odour is the smell your body exudes when sweat comes in contact with the bacteria. The odour is not a result of just sweat but the bacteria that causes the sweat to smell. The most common affected areas are the armpits, groin, and pubic areas.

While body odour is common in most people and the extent of the odour depends from person to person, an individual may be more prone to body odour if they are overweight, eat certain types of foods, have certain prior health conditions or are under stress. There are many factors that cause our body to smell and according to Soumita Biswas, Chief Nutritionist, Aster RV Hospital, "Various factors like diet, sex, health, and medication contribute to body odour but the major contribution comes from bacterial activity on skin and gland secretions. There are three types of sweat glands present in the human body namely sebaceous glands, eccrine sweat glands and apocrine sweat glands. Body odour typically results from the apocrine sweat glands from which most chemical compounds are secreted that the microbiota present on the skin further processes into the substances that cause odour. Certain areas are more prone to this process, such as the underarm area, the navel area, the neck, the genitals and behind the ears. Largely the armpits are an area of concern in comparison to any other part of the body."

### How does diet play a role in body odour?

"Diet can play a contributing role in body odour. Potent items like chilly, garlic, onion etc. can give a pungent odour to the sweat. A protein-rich diet is also believed to be a cause of body odour. If you are eating high levels of certain foods, foul-smelling compounds they contain may be excreted through your sweat glands to give an unpleasant odour. Those compounds are known as VOCs (volatile organic compounds), and they can produce some particularly pungent sweat, according to a New York-based dermatological study", Soumita adds, "Increasing intake of certain nutrients helps reduce body odours.

**Greens:** Spinach, lettuce, kale, arugula and other leafy green vegetables contain high levels of chlorophyll. Odour-inducing components in the body can be easily neutralised by chlorophyll. **Fibre-rich Foods:** Food stuff like peas, lentils, and beans are high in fibre content. Ensure you are eating enough of these as it facilitates digestion. Consequently, any smelly compounds in your food is processed more quickly and less can exit through sweat.



## WHY LAB GROWN DIAMONDS ARE A RAGE AMONGST MILLENNIALS

The dazzling rise of lab-grown diamonds is certain to entice millennials to abandon conventionally mined diamonds. The big question here is why the shift occurred. What's the big deal? There is a lot of uncertainty surrounding the authenticity of a lab-grown diamond in terms of its origin and development. Lab-grown diamonds are created in a lab using cutting-edge technology by replicating the same technology as a mined diamond, and then your stunning lab-grown diamond is created.

The technological advances that have led to the creation of lab-grown diamonds have been spectacular in recent years. This has allowed lab-grown diamond entities to produce high-quality diamonds at a low cost. For a variety of environmental and humanitarian reasons, lab-grown diamonds are rapidly gaining popularity among millennials and Gen-Z. According to recent research, 70 percent of millennial-aged consumers prefer lab-grown diamonds for ceremonies and celebrations. Millennials are seen making deliberate efforts to support brands that stand for a cause and are morally just.

Lab-grown diamonds are not synthetic or artificial, but rather as genuine and pure as natural diamonds. CVD diamonds are available in an exquisite range of colours and designs, making them an illustrious and enticing choice. So, can we safely twist the adage, "A lab-grown diamond is a woman's best friend?" The younger generation wishes to free itself from the shackles of misery associated with the sourcing and mining of traditional diamonds. It is not a secret that the world's largest corporations engage in practices that exploit communities, workers, and children. The paradox is that diamond miners, who extract the most precious stone from the earth's shackles, are among the poorest people on the planet. Isn't that reason enough to source your diamonds from a cruelty-free and sustainable source? Because lab-grown diamonds are created in a controlled environment, they have higher purity and quality and fewer defects. Lab-grown diamonds are environmentally friendly, pure, and inexpensive, and most retailers offer a lifetime buyback and exchange policy. The beauty of the younger generation is that they are interested in the journey and process of what they consume. The growing demand for lab-grown diamonds is also due to the fact that acquiring lab-grown diamonds is free of human rights violations. When compared to their counterparts, lab-grown diamonds are more affordable and cost-effective.

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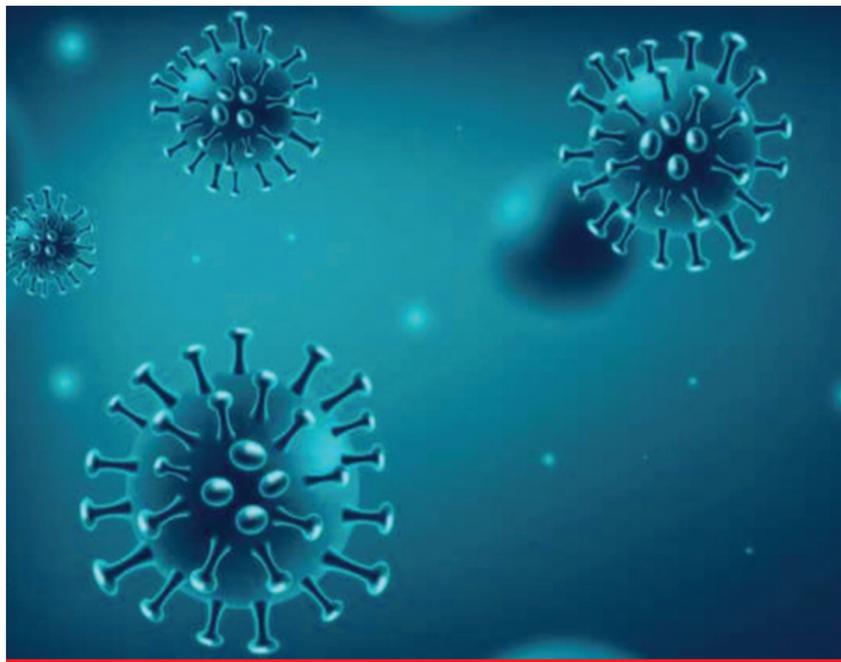
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## Children who had Covid infection or MIS-C are not protected against Omicron, claims study

Children who previously had Covid-19 or the inflammatory condition MIS-C, associated with the virus, are not protected against the newer Omicron variant, finds a study. The study, published in Nature Communications, showed that vaccination does afford protection. Though Covid was rare and mild in children, some of those infected faced severe multi-system inflammatory syndrome (MIS). The US Centers for Disease Control and Prevention (CDC) defines MIS-C as a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. "I hear parents say, 'Oh, my kid had Covid last year'. But we found that antibodies produced by prior infections in children

don't neutralise Omicron, meaning that unvaccinated children remain susceptible to Omicron," said Adrienne Randolph, from the Boston Children's Hospital. The researchers obtained blood samples from 62 children and adolescents hospitalised with severe Covid, 65 children and adolescents hospitalised with MIS-C, and 50 outpatients who had recovered from mild Covid-19. All the samples were taken during 2020 and early 2021, before the emergence of the Omicron variant. In the laboratory, they exposed the samples to a pseudovirus (derived from SARS-CoV-2, but stripped of its virulence), and measured how well antibodies in the samples were able to neutralise five different SARS-CoV-2 variants of concern: Alpha, Beta, Gamma, Delta, and Omicron.

Overall, children and adolescents showed some loss of antibody cross-neutralisation against all five variants, but the loss was most pronounced for Omicron. "Omicron is very different from previous variants, with many mutations on the spike protein, and this work confirms that it is able to evade the antibody response," Randolph said. "Unvaccinated children remain susceptible." In contrast, children who had received two doses of Covid-19 vaccine showed higher neutralising antibody titers against the five variants, including Omicron. Randolph hopes these data will encourage parents to have their children and teenagers vaccinated. An the Food and Drug Administration panel will meet on June 15 to consider authorisation of Covid vaccines for children under age 5.

## Conjunctivitis to Dry eye Syndrome: Common eye diseases you can get in summers. Know treatment

In summers, we see a rise in individuals walking to ophthalmologists with a red eye. The scorching sun brings a lot of discomfort to your body in many forms. Strong heat waves, and sun rays are causes for concern for your eyes in this season. However, eye problems can affect anyone at any time of the year, but in the summer season, a few types of issues may be more likely to develop. Here are some of the common problems that your eyes suffer from in the summers.

### 1. Dry eye Syndrome

Dry eye is a deficiency in any of the tear film components which may lead to loss of the tear film's stability. The dry eye will cause rapid break-up of tear film, and appearance of dry spots on the ocular surface. Due to the summer season, the tear film on the eye gets evaporated faster, causing a burning sensation and irritation in the eyes. Instillation of artificial lubricating eye drops, avoiding air conditioning, etc. may provide some relief.

**2. Eye allergies:** In summer there is more dust, pollen and several other substances in the air, which can elicit eye allergies. Small insects also thrive in numbers during the summer season, and their residue can spread in the air and elicit an allergic response in the



eyes. Change in weather usually aggravates all forms of allergies in spring and summer.

### 3. Conjunctivitis:

Conjunctivitis, also known as pink eye, is the inflammation of the white portion of the eye either due to a virus or bacteria. In summer season, there is a rise of pink eye cases in the hospitals. Conjunctivitis presents as redness of the eyes with a pricking sensation, sticky discharge and watering. It is a contagious disease, meaning it spreads by means of touch. It can be direct or indirect, i.e. the same objects being touched by a person with the infection and then by a normal person. Contrary to popular belief, conjunctivitis or pink eye does not spread by looking into the patient's eyes.

### 4. Tired eyes

Summer may mean an increase

in your social gatherings. Amid hot weather and climate, vacations, parties, and other summer activities can leave you short on sleep and cause tired, irritated eyes. For tired eyes, your best option is to give your eyes a break by getting enough sleep. Also, avoid using digital screens as those can make the situation worse.

### 5. Photokeratitis

Ultraviolet (UV) radiation can burn the surface of your eye and cause pain, redness, blurriness and temporary vision loss. The heavy dose of UV rays during summer can be harmful to the eyes in several ways. These can lead to the formation of a layer on the surface of the eye, cataracts, retina problems etc. You can prevent this from happening by wearing sunglasses with 100 per cent UV protection.

## VASTU TIPS: KEEPING MONEY PLANT LIKE THIS AT HOME CAN BRING YOU BAD LUCK AND FINANCIAL LOSS

Vastu Tips: Money plant is considered very auspicious in Vastu Shastra. It is believed that keeping it at home brings prosperity in money. But many times after planting this plant, a person has to face financial constraints. According to Vastu, if some things are not taken care of after installing a money plant, then it can lead to loss of money as well as many problems. If you keep some things in mind before or after planting a money plant, then it brings happiness and prosperity to your house and there is no shortage of money. So let's know about this.

According to Vastu, it is considered good to place a money plant in the southeast direction. By keeping this plant in this direction, along with improving the economic condition of the house, positive energy increases.

If you are planting a money plant, then keep in mind that do



not let its vine spread on the ground. This increases Vastu defects.

After planting money plant, take care of it. Keep in mind that it is necessary to water it from time to time. But giving too much water can also be harmful. So give water in limited quantity.

If you are planting a small money plant, then you can plant it in a flowerpot or bottle.

According to Vastu, money plant should never be kept in the sun. Therefore, keep it in such a

place of the house where sunlight does not come.

According to beliefs, the greener the money plant is, the more auspicious it is considered. If its leaves turn yellow or dry up, it is considered inauspicious. Therefore, its bad leaves should be removed from the vine immediately. Otherwise, it results in a loss of money.

Never place money plant in North-East direction. Doing so can have a negative effect on health.

## GROOMING TIPS FOR COLLEGE STUDENTS

Whether a high-achieving student or an average Joe, college students tend to have a hectic lifestyle with classes, internships, deadlines and more. But taking out time to take care of themselves is crucial. Today, self-care is important for mental health, physical health, emotional health and social health.

Personal grooming is an important part of your daily routine and says a lot about your personality. College-goers can make people notice and respect them by taking the time to stay at the top of their grooming game. From everyday classes and college events to orals and industry visits, grooming is essential for college students. Here are some tips on maintaining a good grooming routine and getting -- not just to look good, but to feel good about yourself.

### Ensure adequate sleep every night

Having a regular sleep schedule is an important part of improving sleep quality. Going to bed every night at a fixed time and getting up at the same time every morning improves the circadian rhythm. In case you face trouble falling asleep or staying asleep, you can try these things:

Keep a journal of what activities lead to better or worse sleep. You may notice that certain foods, drinks, or stress factors affect your sleep cycle.

Avoid electronic devices before bedtime as they emit blue light that can interfere with melatonin production (the hormone that helps regulate our circadian rhythm). Try reading a book instead!

Develop healthy habits like taking short walks after dinner (but don't overdo it as you don't want this walk to wake you from slumber).

### Skincare basics for that glow

As a college student, you'll be busy studying and working hard to earn your degree. But while you do that, don't forget to take care of your skin. Here are some tips for maintaining healthy skin while in college:

Wash your face at least twice a day using a quality face wash.

Use sunscreen every morning and apply moisturizer before you go to sleep.

Try an at-home facial once a week to clean out your pores. Try using a scrub and face mask.

Use a face towel to dab your skin dry after washing it with warm water (not cold) so that you don't get chapped lips or dry patches.

Always use makeup products that match or complement your skin tone.

Use sunscreen with an SPF of at least 30 when you're outside for long periods. This will protect your skin from harmful UV rays and avoid tanning.

### Hair is an important part of your appearance

The hair on your head is an essential part of who you are. It's an essential part of your identity as a person, and it can also be a major factor in how confident you feel about yourself. There are many reasons why you should keep your hair looking nice and clean.

Wash your hair regularly with shampoo and conditioner (or use dry shampoo if necessary, but sparingly as it leaves residue on the scalp). This will keep the mane shiny, soft, and fragrant. Use a small quantity of hair product (styling wax or cream) to ensure your hairstyle stays intact for at least a few hours. You might as well score a date or two if you're consistent with trimming your beard or going completely clean shaven, whichever you prefer.

### Keep your nails clean and neatly trimmed as well

Keeping your nails clean and neatly trimmed is an easy way to maintain good hygiene and feel great. Unclean or overgrown nails create a really bad impression. Trim nails regularly, so they don't get too long. Use a nail file to smooth the edges of your nails after trimming them with a clipper, or use an emery board for quick touch-ups. A nail buffer can also be used in this department if you'd like to give your nails some extra shine. Trimming your nails can also be therapeutic -- a good way of dealing with anxiety if there's something stressful going on in life.

Proper skin and hair care can help you feel more confident, and it can also give you a head-start for impressing potential employers or spark a college love story. There are a lot of resources available for learning about how to take good care of your hair and skin, including YouTube videos and free online articles. Additionally, there are many great books available on healthy hygiene practices. By following these tips, you'll be able to keep your skin in check and your life on track.



## GET GLOWING AND TRENDY SKIN FROM GLOW FACIALS THIS SUMMER

Get set glow is the most famous

Medi-facial this summer season. That is beneficial in resurfacing and exfoliating the skin. It helps to remove dead skin cells that get accumulated over time in the skin. Under this facial, highly trained experts exfoliate the dead skin. After which the application of customized serums exclusively as per the skin type is carried out. These serums are tailored by dermatologists as per the condition of the skin. The best part about the Get set glow facial is that it gives the patient that instant glow on the skin.

The treatment efficiently provides mild exfoliating effects. The exfoliation is beneficial in removing any sort of impurities or dead skin on the skin. Thus, resulting in skin resurfacing, and rejuvenation. And then ultimately achieving luminous vibrant skin. This trendy Get Set Glow Medi facial is an innovation in the field of Derma facials. The main focus of the Get set glow facial is to give you that refreshing, luminous, and younger-looking skin.

Benefits of the Get set glow facial - ? Enhances skin complexion- the mild exfoliation boosts the circulation of the blood in the skin. This ultimately will help in creating newer cells and shedding off dead cells. It helps to provide smoother and much

brighter skin complexion.

? Rejuvenates the skin- better the blood circulation, more will be the renewal of the skin cells. This facial is the best option for rejuvenating the skin.

? Provides profound hydration- The Get Set Glow facial is capable enough of unclogging the pores and cleaning the skin pores. As we all know, the unclog skin pores cause many skin issues. Keeping the pores clean and away from dirt and oil is crucial in healing fragile skin.

? Get Set Glow medi-facial uses an amalgamation of different enzymes, vitamins and other essential ingredients to help the skin to rejuvenate and replenish. It helps to provide nourishment to the skin and that makes the skin smooth, flawless and glowing..

? Get set glow facial helps to reduce the buildup on skin due to environmental factors resulting in uneven skin texture and skin tone.

Side effects and downtime after the Get Set Glow facial - No, there are no side effects of getting Set glow medi-facial. The Medi facial is completely safe and there is no downtime after the treatment. After the facial, always wear sunscreen. Minimal redness can appear on the skin post-treatment but it settles within some time.

Ideal candidate for the treatment -

They are suitable for everyone because the expert will use skin-type-specific ingredients to treat the disorders. In this facial, experts can use the techniques like LED therapy, dermaplaning, peels, microcurrents, microdermabrasion, photo rejuvenation, etc. A Get Set Glow medi-facial can help you get rid of dullness and dryness. It helps to tighten the loose dermal layer to make the face look rejuvenated. Along with providing the skin with hydration, it also adds a natural glow and helps the dermal layer fight the premature signs of ageing. Anybody who is suffering from fine lines, and a few imperfections on the skin can go for this treatment.

This treatment is customized for all skin types of people such as oily, dry, or combination skin. The Get set glow facial is for every skin type and especially great for skin problems such as age spots, acne spots, and uneven tone of skin, it can be safely done before a party or event. To get the best outcome of the Get Set Glow Medi facial you must repeat the treatment once every 3 to 4 weeks. And by simply adhering to post-facial preventive measures like application of the sunscreen lotion.

## Y MEDIA TEAM LIVE ON LOCATION ALONG WITH GROUP EDITOR & CEO, YUDHVIR JASWAL, AT LOWES IN BRAMPTON SOUTH WAS AN ENORMOUS SUCCESS



Y MEDIA \$250 BUMPER PRIZE WINNER: RAMAN SHARMA.



FIRST WINNER: SURINDER SINGH AND MANJEET KAUR.



LOWE'S GIFT CARD WINNER - GURDEEP SINGH.



LOWE'S GIFT CARD WINNER- ANGELA THOMAS.



LOWE'S GIFT CARD WINNER - MANOJ KAPIL (LEFT) ALONG WITH UPENDER AVASTHI, Y MEDIA'S ONTARIO PROVINCIAL ELECTION AND IPL TITLE SPONSOR (RIGHT).



\$100 GIFT CARD WINNER- ASHRAF.



POOJA LUTHRA



Y Media team was live at Lowe's store in Brampton South on Saturday, June 11, where up to 30% discount was available on selected products like power tools, BBQs, and gardening kits. The event was a huge success and attracted a large gathering of people. Y Media team actively engaged with the community by organizing different contests. The people participated in some of the contests to win various prizes. At the end of the day, Y Media Team gave out a mega prize of \$250 to one of the lucky winners. Congratulations to Raman Sharma, who won our mega award of \$250 at Lowe's Brampton. In addition to this, Y Media team created hype to engage the audience in the store by giving out Lowe's \$100 gift cards every hour. Y Media congratulates our contest winners, namely Surinder Singh and Manjeet Kaur, Angela Thomas, Gurdeep Singh, Manoj Kapil, and Ashraf.

Y Media covered this exclusive event LIVE on Radio Y 91.9 FM and Channel Y, wherein the participants came LIVE on air and described their experiences with the listeners and the viewers. You can watch this exclusive event coverage only on Channel Y Bell 828, Telus 2418, Rogers 857, Ignite 707 and listen on Radio Y 91.9 FM. You can also visit our website southasiandaily.com to know more information about the same. Follow us on our Twitter and Facebook pages: Y Media, to stay updated with the latest events. Read our 'Midweek' newspaper published every Tuesday to know what's happening in Canada and worldwide. After the massive success of this event, Y Media Group is doing another Live on location. Join Y Media on Saturday, June 18, from 1- 5 pm at Rona, Brampton (Major Intersection- Hurontario & Bovaird). On Sunday, June 19, Y Media Will Be Live At Lowe's North Brampton ((Major Intersection- Bovaird & Hwy 410). You can get up to 30% discount on Lowe's Father's Day, and don't miss the chance to win Y Media Bumper Prize worth \$250; for more information, call 416-475-5000.



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## Special Thali

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### SPECIAL MENU

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