

THOUSANDS ATTEND NAMING OF AHMADIYYA PARK IN BRAMPTON



(FROM EXTREME LEFT: YUDHVIR JASWAL, Y MEDIA GROUP EDITOR & CEO; MP SONIA SIDHU; MINISTER OF SENIORS & MP KAMAL KHERA; ASHFAQ AHMED AMJ BRAMPTON; BRAMPTON MAYORAL CANDIDATE PATRICK BROWN; LAL KHAN MALIK PRESIDENT AMJ CANADA).

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'SHARP INCREASE IN HATE CRIMES': INDIAN GOVT ADVISES ITS CITIZENS, STUDENTS FROM INDIA IN CANADA TO REMAIN VIGILANT

The Ministry of External Affairs (MEA) on Friday issued an advisory for Indian nationals in Canada in the wake of a "sharp increase in incidents of hate crimes, sectarian violence and anti-India activities in Canada". The Ministry and the High Commission/Consulates General in Canada have "taken up these incidents with the Canadian authorities and requested them to investigate the said crimes and take appropriate action", the advisory said.

"The perpetrators of these crimes have not been brought to justice so far in Canada," it added. In view of the increasing incidences of the said crimes, "Indian nationals and students from India in Canada and those proceeding to Canada for travel/education are advised to exercise due caution and remain vigilant".

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CANADA ADVISES ITS CITIZENS IN INDIA TO EXERCISE 'HIGH DEGREE OF CAUTION' DUE TO THREAT OF TERRORIST ATTACKS

India – Exercise a high degree of caution
Exercise a high degree of caution in India due to the threat of terrorist attacks throughout the country.
Regional risks
Parts of Northeastern India – Avoid non-essential travel
Avoid non-essential travel to the following states due to the risk of terrorism and insurgency:
Assam
Manipur

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BLINKEN WELCOMES MODI'S REMARKS TO PUTIN, DEFENDS F-16 SPARES FOR PAKISTAN

US Secretary of State Antony Blinken on Tuesday welcomed Prime Minister Narendra Modi's recent public rebuke of Russian President Vladimir Putin for invading Ukraine, saying the Indian leader spoke for the rest of world that this is not the "era for war".

However, Blinken also defended the Joe Biden administration's proposal to provide Pakistan with \$450 million worth of "sustainment" package for its fleet of F-16 aircraft, ignoring Indian protests that Islamabad does not use these planes only for counter-terrorism operations, as stated by the US, but also against India.

Blinken also addressed the issue of long waiting period for visas and blamed it on Covid-related disruptions. He said the US has a plan for mitigating it for India and that it will be rolled out in a few months.

Blinken spoke to reporters along with India's External Affairs Minister S. Jaishankar after their bilateral meeting, and a working dinner the night before. The two officials had met last week on the sidelines of the UN General Assembly meetings, most significantly for the first such meeting with counterparts from the Quad partner countries Australia and Japan -- the first Quad meeting at the UNGA, with plans to make it an annual affair deepening the institutionalisation of the platform that is witnessing a robust second-coming.



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HOUSEHOLD GROWTH AMONG RENTERS (+21.5%) EXCEEDS THAT OF OWNER HOUSEHOLDS (+8.4%) IN CANADA: STATSCAN

The onset of the COVID-19 pandemic led to upheavals in the housing market and housing needs of many Canadians. But Canada's housing stock has been built over time through long-term construction trends, shifting housing preferences, population growth and an aging society, housing policy, and investment.

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YUDHBIR RANDHAWA, 31, FROM ST. CONSTANT, QUEBEC FACES IMPAIRED DRIVING CHARGES IN BRAMPTON

On Thursday, September 23, 2022, at approximately 3:15 p.m., Peel Police officers were alerted to a white Jeep driving erratically near Queen Street West and Chinguacousy Road in the City of Brampton. Officers located the vehicle, and during its attempts to evade police, the driver struck two trees, three civilian vehicles and several police cruisers. Officers took the driver into custody a short time later near Chinguacousy Road and Drinkwater Road in Brampton. No physical injuries were sustained to pedestrians, police or involved occupants of the vehicle.

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MISSISSAUGA CANADIAN TIRE STORE STABBING: VICTIM IDENTIFIED AS CHANDANPREET KAUR, 22, WIFE OF SUSPECT CHARANJEET SINGH

Officers from the Homicide and Missing Persons Bureau have identified the woman murdered at a retail store in the City of Mississauga. On Monday, September 19, 2022, at approximately 6:00 p.m., police were called to a retail store in the area of Mavis Road and Britannia Road West in Mississauga for a stabbing in progress. Police attended and located a woman suffering from apparent stab wounds. Chandanpreet Kaur, 22, was pronounced deceased on scene.

| CONTD. ON PAGE 13

HARSHDEEP BINNER, 24, OF BRAMPTON, ARRESTED IN VIOLENT ASSAULT OF RICHMOND HILL WOMAN

Investigators with the York Regional Police #2 District Criminal Investigations Bureau have made a second arrest in connection with the violent attack against victim Elnaz HAJTAMIRI that occurred in the City of Richmond Hill in 2021. On December 20, 2021, officers responded to an address on King William Crescent, which is in the area of Yonge Street and Bantry Avenue, for a call that a female victim was attacked by two males and struck with a frying pan in an underground parking garage.

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4 IN 10 REALTORS SAY THEY'VE SEEN A RENTAL DEAL FALL THROUGH DUE TO DISCRIMINATION -OREA

The housing affordability crisis is a growing problem across Canada, one that is disproportionately affecting BIPOC and LGBTQ2S+ communities who experience higher barriers to housing attainment due to historically discriminatory practices and social injustices that are still being perpetuated in today's housing market. A majority of both consumers and REALTORS® believe Ontario's rental process suffers from discrimination: 93% of Black REALTORS® and 60% of all consumers surveyed believe discrimination exists in the rental process, according to research conducted in partnership with Ipsos. In fact, 4 in 10 REALTORS® say they've seen a rental deal fall through due to discrimination, according to Fighting for Fair Housing, a new report from the Ontario Real Estate Association (OREA) looking at diversity, equity, and inclusion in housing.

PUNJAB CM MANN BATS FOR STRENGTHENING TIES BETWEEN PUNJAB, SASKATCHEWAN

Punjab Chief Minister Bhagwant Mann on Monday called for further strengthening ties between his state and Canada, especially with its Saskatchewan province. Meeting a high-level delegation from Saskatchewan which called on him at his residence here, he advocated strong and cordial ties between Punjab and the Canadian province, noting that Punjabis have been playing a vanguard role in the social and economic progress of Canada. Mann also said it is a matter of great pride and satisfaction that a large number of Punjabis have also carved a niche for themselves in the political arena of Canada too. The Chief Minister also showcased Punjab as the most preferred industrial destination across the country.

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Y MEDIA TEAM AT NAMING OF SHRI BHAGAVAD GITA PARK IN BRAMPTON.

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HELD IN MISSISSAUGA

Y MEDIA EXCLUSIVE: MISSISSAUGA ISMAILI
COMMUNITY ENGAGED IN EDUCATIONAL KAHOOT
COMPETITION AND SEED PLANTING ACTIVITY AS A
PART OF THE GLOBAL ISMAILI CIVIC INITIATIVE



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BRAMPTON MAYORAL
CANDIDATE NIKKI KAUR
OFFICIALLY LAUNCHES
CAMPAIGN

Y MEDIA TEAM AT NAMING OF
SHRI BHAGAVAD GITA PARK IN
BRAMPTON



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THOUSANDS ATTEND
NAMING OF AHMADIYYA
PARK IN BRAMPTON

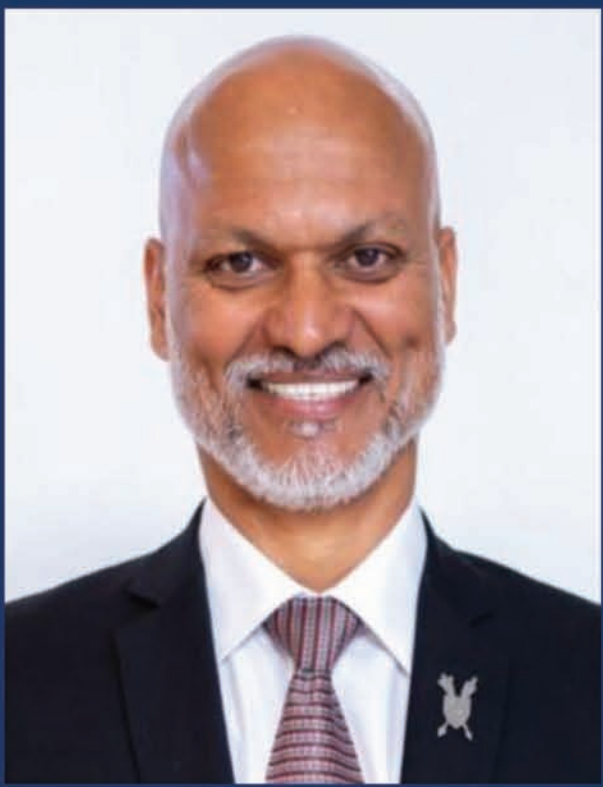
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Y MEDIA TEAM AT OFFICE
OPENING OF RON STARR,
MISSISSAUGA'S COUNCILLOR
CANDIDATE FOR WARD 6



Y MEDIA TEAM AT 19TH ANNUAL
CASHMERE COLLECTION CELESTIAL
AWAKENING: A CELEBRATION OF
STRENGTH, HOPE AND COMPASSION



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AS USUAL, TORONTO SMASHERS
BADMINTON LEAGUE 2022 IS A
HUGE SUCCESS!

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Y MEDIA TEAM AT CAMPAIGN
LAUNCH OF RIPUDAMAN DHILLON,
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BLINKEN WELCOMES MODI'S REMARKS TO PUTIN, DEFENDS F-16 SPARES FOR PAKISTAN



CONTD. FROM PAGE 1

"I really want to emphasise what Prime Minister Modi said because he captured as well as anyone I've heard fundamentally what this moment is about as he said, 'This is not an era, this is not a time for war'," Blinken said, referring to Modi's comments to Putin in Samarkand, Uzbekistan. "We could not agree more," Blinken said, adding, "We saw the aggression, the threat of the aggression mounting from Russia against Ukraine last year. We warned the world about it, and we tried everything possible to avert it through diplomacy. Unfortunately, President Putin pursued his aggression nonetheless."

The Russian invasion of Ukraine had introduced a rare area of dissonance in the India-US relationship as New Delhi refused to condemn it as robustly as the US-led coalition of western nations wanted. India also stepped up its purchases of Russian oil, which, the west argued, mitigated the pain of western sanctions on Russia somewhat.

Modi's remarks to Putin on the sidelines of the Shanghai Cooperation Organisation's (SCO) meeting in Samarkand not only erased all of the

disquiet felt with the Indian position in Washington, but earned India a position potentially in a peace process; Mexico has also suggested Modi should be on a peace committee. Meanwhile, the top US diplomat seemed less impressed by India's objections to the proposed \$450 million worth of spares for Pakistan's F-16 aircraft, something which Jaishankar hit out against soon after arriving in Washington for this visit. His criticism of the deal followed "concerns" conveyed by Defence Minister Rajnath Singh to his US counterpart Lloyd Austin in a phone call earlier.

"To be very clear, and it's important, this is a sustainment programme for F-16s that Pakistan has long had. These are not new planes, new systems, new weapons. It's sustaining what they have," Blinken said, adding, "We have a responsibility and an obligation to deliver, we provide military equipment to make sure that it's maintained and sustained. That's our obligation."

He added that Pakistan's programme bolsters its capability to deal with terrorist threats emanating from Pakistan and the region.

India has dismissed this claim, which was made on the grounds provided

'SHARP INCREASE IN HATE CRIMES': INDIAN GOVT ADVISES ITS CITIZENS, STUDENTS FROM INDIA IN CANADA TO REMAIN VIGILANT

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The advisory went on to mention that Indian nationals and students from India in Canada may also register with the High Commission in Ottawa or Consulates General in Toronto and Vancouver through their respective websites, or the MADAD portal madad.gov.in.

"Registration would enable the High Commission and the Consulates General to better connect with Indian citizens in Canada in the event of any requirement or emergency," it added.

CANADA ADVISES ITS CITIZENS IN INDIA TO EXERCISE 'HIGH DEGREE OF CAUTION' DUE TO THREAT OF TERRORIST ATTACKS

CONTD. FROM PAGE 1

Union Territory of Jammu and Kashmir – Avoid all travel

Avoid all travel to the Union Territory of Jammu and Kashmir due to the unpredictable security situation. There is a threat of terrorism, militancy, civil unrest and kidnapping.

This advisory excludes travelling to or within the Union Territory of Ladakh.

Border areas with Pakistan – Avoid all travel

Avoid all travel to areas within 10 km of the border with Pakistan in the following states due to the unpredictable security situation and presence of landmines and unexploded ordnance:

Gujarat, Punjab, Rajasthan

This advisory excludes the Wagah border crossing.

PUNJAB CM MANN BATS FOR STRENGTHENING TIES BETWEEN PUNJAB, SASKATCHEWAN

CONTD. FROM PAGE 1

He invited the delegation from Saskatchewan to encourage the entrepreneurs to invest in Punjab which is having favourable atmosphere for industrial growth.

Mann said the state government has already put the state on high growth trajectory of industrial growth which will benefit the investors. Batting for further streamlining the mechanism to ensure that Punjabis settled in Canada are able to get the branded products of state in a smooth and hassle-free manner, the Chief Minister said the renowned products of state like Sohna brand are acclaimed world over, adding that Punjabi diaspora have special liking for it.

Likewise, he said Verka products like ghee, milk, butter, lassi, kheer, curd, ice-cream, sweets and others have already created a niche for themselves.

Mann solicited support from Canadian delegation to enhance the supply of these goods to Punjabis sitting abroad.

The Chief Minister also said that cooperation between both Punjab and Canada, especially province of Saskatchewan, can be mutually beneficially for them.

He said this is need of the hour to give fillip to economic activity in Punjab and ensure the comprehensive development of the state.

Mann also envisioned that mutual cooperation between both Punjab and Canada will transform the destiny of the youth of state by opening



new vistas of employment for them. Meanwhile, the Canadian delegation comprising Saskatchewan Ministry of Trade and Export Development's ADM, International Engagement, Richelle Bourgoin, Saskatchewan India office MD Victor Lee, Consul General of Canada in Chandigarh Patrick Hebert, and Vice President of Research at University of Saskatchewan, Baljit Singh, thanked the Chief Minister for sparing his time. They also assured fulsome support and cooperation to the Chief Minister in every field.

STATISTICS CANADA SAYS JOB VACANCY RATE STANDS AT 5.7% FOR SECOND QUARTER OF 2022

Employers across all sectors in Canada were actively seeking to fill nearly one million (997,000) vacant positions in the second quarter, the highest quarterly number on record. Vacancies were up 4.7% (+45,000) from the first quarter, and 42.3% (+296,500) higher than in the second quarter of 2021 (key indicators from the quarterly Job Vacancy and Wage Survey are seasonally adjusted).

The job vacancy rate-which corresponds to the number of vacant positions as a proportion of total labour demand (the sum of filled and vacant positions)-was 5.7% in the second quarter, also an all-time high. Since the first quarter of 2020, growth in labour demand (+4.2%) has exceeded growth in payroll employment (+1.7%), resulting in record high job vacancies.

Offered wages increase less than Consumer Price Index

The record-high number of job vacancies in recent months has focused attention on the extent to which unmet labour demand was associated with higher wages. While the Labour Force Survey (LFS) provides information on the wages of employees, the Job Vacancy and Wage Survey (JVWS) includes information on offered wages associated with vacant positions.

Overall, average offered hourly wages increased 5.3% to \$24.05 in the second quarter on a year-over-year basis. Over the same period, average hourly wages of all employees (measured in the LFS) rose 4.1%. The Consumer Price Index (CPI) increased 7.5% in the second quarter, compared with the second quarter of 2021.

On a year-over-year basis, offered wages increased more than the CPI in the second quarter in five sectors, including professional, scientific and technical services (+11.3% to \$37.05) and wholesale trade (+10.6% to \$26.10). In comparison, increases in offered wages were lower than the CPI in the remaining sectors including retail trade (+5.7% to \$17.60); construction (+5.2% to \$27.30); and health care and social assistance (+3.6% to \$25.85). The sectors for which growth in offered hourly wages was on par with or below the CPI accounted for 82.9% of total vacancies in the second quarter of 2022.

Job vacancies up in six provinces

On a seasonally adjusted basis, job vacancies rose in six provinces from the first quarter to the second quarter: Ontario (+6.6% to 379,700), Nova Scotia (+6.0% to 22,400), British Columbia (+5.6% to 163,600), Manitoba (+5.2% to 29,300), Alberta (+4.4% to 100,900) and Quebec (+2.4% to 248,100). The number of vacancies decreased in New Brunswick (-6.1% to 15,200) and was little changed in the remaining provinces.

Canada's Retail Sales Decrease 2.5% To \$61.3 Billion In July: StatsCan

Retail sales decreased 2.5% to \$61.3 billion in July, the first decline observed in seven months. Sales were down in 9 of 11 subsectors, representing 94.5% of retail trade. The decrease was driven by lower sales at gasoline stations and clothing and clothing accessories stores. Core retail sales-which exclude gasoline stations and motor vehicle and parts dealers-decreased 0.9%.

In volume terms, retail sales were down 2.0% in July.

Given the continually evolving economic situation, Statistics Canada is providing an advance estimate of retail sales, which suggests that sales increased 0.4% in August. Owing to its early nature, this figure will be revised. This unofficial estimate was calculated based on responses received from 51.1% of companies surveyed. The average final response rate for the survey over the previous 12 months has been 91.0%.

CONFIDENCE MOTION NECESSITATED, SAYS PUNJAB CM IN ASSEMBLY



Terming the Congress and the BJP as two faces of the same coin, Punjab Chief Minister Bhagwant Mann on Tuesday said the confidence motion was necessitated as both the parties have joined hands to topple the democratically-elected governments in the state.

"The BJP is using anti-defection law as a new tool to form governments in the state through the backdoor and unfortunately despite of being its worst victim, the Congress is supporting it," he said, while introducing the confidence motion on the first day of the Assembly session. The Chief Minister said the BJP has toppled the elected governments in Madhya Pradesh, Maharashtra, Karnataka and others by luring MLAs. However, he said they failed in their sinister moves thrice in Delhi and now also in Punjab, they trying to purchase the MLAs. He said the BJP is chasing a mirage of garnering power in the state. The Chief Minister said the BJP is using its moneybags to cause an irreparable loss to democracy. He said in the past, the Congress has done the same and now the saffron party is following its footsteps.

Citing an example of connivance amongst the Congress and the BJP, Mann said the Congress leadership has started 'Bharat Jodo Yatra' from Kanyakumari to Kashmir but the poll-bound states of Gujarat and Himachal Pradesh have been deliberately excluded to give benefit to the BJP. He said that his Aam Aadmi Party (AAP) has set new agenda of public welfare in the politics, and due to this, the BJP leadership has been forced to shun its divisive agenda and talk about the well-being of people.

Mann said it is AAP effect that the leaders who had divided the people are now seen inaugurating schools, colleges, and hospitals.

The Chief Minister said turncoats are ruling the roost now and former Chief Minister Amarinder Singh, who had tacitly towed the line of the BJP during his stint, has now formally joined the party.

Training his guns against former Chief Minister Charanjit Singh Channi also, he said for the first time any Chief Minister face of a political party has gone missing after defeat in polls.

As a fact of matter, fear of misdeeds during the regime is haunting the former Chief Minister due to which he is on run, he claimed. Mann said these are the rejected leaders who have been ousted by people for their non- performance. He said these leaders who have been shunted out of the Assembly by the people are now organising 'Imaginative or Mock' Assembly sessions to mislead the people and vent out their frustration. He said the people of state have given vote for the hope and AAP is making strenuous efforts to make Punjab a frontrunner state in country. The Chief Minister said this motion reflects that people have faith in "us and we have faith in people".

INDIA'S RISE AS A GLOBAL COUNSEL AT SAMARKAND SUMMIT

D.C. PATHAK

The post-Cold War world - no more divided in rival camps created by two competing superpowers confronting each other for military and ideological reasons - ironically witnessed the rise of a new global terror primarily targeting the US, from the same 'geographical pivot of history' called Afghanistan that had earlier caused the demise of USSR, the other superpower.

Success of the anti-Soviet armed campaign in Afghanistan that was conducted on the slogan of Jihad, resulted in the establishment of the first Emirate of Taliban in Kabul in 1996. The latter carrying the historical legacy of the anti-West 'Wahhabi revolt', soon bared its fangs against the US, compelling the latter to work for its ouster.

This in turn laid the turf for 9/11 - the trans-Atlantic attack on the Twin Towers carried out by Al Qaeda that had worked in close collaboration with the Taliban in Afghanistan.

The 'war on terror' that followed first in Afghanistan and then in Iraq, saw India firmly coming on board with the US in its offensive against the Islamic radicals and consistently supporting the US at all fora in the call for global action against Islamic extremists and radicals.

Pakistan was a reluctant partner of US in the 'war on terror' playing a duplicitous role there and it later pretended to use its outreach to Taliban for mediating for peace at Doha talks to facilitate withdrawal of American troops from Afghanistan.

The US put up with the reinstallation of Taliban Emirate in Kabul in August 2021 on a flimsy assurance from Taliban that it will not permit Afghan territory to be used for another 9/11 type of terror act.

India was left to deal largely on its own with the increased danger of cross-border terror from the Pak-Afghan belt in Kashmir and elsewhere and the added threat to national security arising from the Sino-Pak axis that entailed military liaison between the two hostile neighbours of India. The geopolitical scenario was also soon affected by a contentious relationship between the US and Russia that cropped up on the advent of Joe Biden Presidency putting India's foreign policy on test.

Russia's military operation against Ukraine added to the challenge for India, of steering its national strategy. Under Prime Minister Narendra Modi, however, this nation has successfully tackled the new demands on security and economic fronts facing the country - with consistency, clarity and a new-found political will - and enabled India to steadily emerge as a global power and in particular establish itself as an Asian giant.

The strategy that Prime Minister Modi formulated, with the able assistance of his NSA, revolved around a firm declaration that there will be no talks with Pakistan until the latter renounces use of terror as an instrument of state policy in respect of India, bilateral relations with all based on mutuality of security and economic interests and special emphasis on India-US friendship as an expression of natural bonding between the two



largest democracies of the world without prejudice to the valuable India-Russia relationship that has been built over years to serve, among other things, the need for India to have a dependable source of modern military equipment-

Russia, in fact, has been the biggest supplier of arms to India in recent years. Besides, India has proved its total commitment to economic development of all in the interest of world peace. What is remarkable about this national strategy is that it rests on Prime Minister Modi's personal equation with both US President Biden as well as Russian President Vladimir Putin.

This has enabled India to play the role of a global counsel in the sensitive geopolitical situation created by the prolonged Ukraine-Russia conflict, in which the US and Europe have both got deeply involved in support of Ukraine.

It is in this context, Prime Minister Modi's participation in the Shanghai Cooperation Organisation (SCO) summit at Samarkand in Uzbekistan - where Iran joined in the group of Russia, China, India, Pakistan and the four CARs - established the stature of India as a world power and as a major influence on global geopolitics.

This happened since India kept Pakistan and China in their place, used the bilateral meeting between Putin and Modi to further strengthen their mutual ties while maintaining the stand that the Ukraine-Russia military conflict should end and peace negotiations should resume, pushing economic cooperation in the region on top of the agenda.

The Samarkand summit has enhanced the international standing of India and added to the stature of Prime Minister Modi as a world leader.

At the summit, Modi projected India as a great supporter of SCO, reminding the participants that the group accounted for 40 per cent of the world population and 30 per cent of the global GDP, and focused primarily on India's potential as a resurgent economy for contributing to the economic cooperation among the member countries.

He informed the summit that India has established more than 70,000 startups, including over a hundred unicorns, and announced the formation of a special working group on startups and innovation to share India's experience with others.

The Prime Minister talked of India being on the way to becoming the manufacturing hub of the world with a strong and young workforce that made India competitive and disclosed that India has already become the most appealing destination for medical and health tourism and a globally acknowledged centre for traditional medicine.

Speaking of the food and energy security, he referred to the disruption of global supply chains due to the Covid pandemic as also the Ukraine-Russia military conflict and highlighted the need for establishing connectivity among the member nations through grant of transit facility - drawing attention indirectly to the impediment caused by Pakistan to the efforts of India to rush food supplies and humanitarian assistance to Afghanistan.

Modi also gave a call for enhancing food security by promoting production of millets following the example of India.

In short, India came off as a lead player in SCO for boosting all-round economic development - this goes squarely to the credit of Prime Minister Modi.

A great outcome of the SCO summit was the in-person bilateral meeting between Putin and Modi that further cemented Indo-Russian bonds.

This happened even as Modi maintained that 'this is not an era of war' and repeated his call for peace negotiations between Ukraine and Moscow to end the conflict since, according to him, the world favoured 'democracy, diplomacy and dialogue'.

Putin's reasonable response was to tell Modi that he understood India's concerns and conveyed Russia's willingness to hold talks.

It may be mentioned here that Putin had called Russian action in Ukraine a military 'operation', not 'war'.

Prime Minister Modi's stand on Ukraine-Russia conflict remains consistent with the view that concerns of both sides have to be addressed - it establishes India's wise counsel, retains the trust of the conflicting sides in India's Prime Minister and does not adversely affect Indo-US friendship.

The handling of Indo-Russian relations has a bearing on India's strategy of tackling a hostile China. India is prepared to deal with PLA on the borders, is actively engaging with Quad to check Chinese aggressive designs in the Indo-Pacific and thus safeguard Indian Ocean too, and is fully supportive of the US-led efforts to promote economic cooperation to counter the Chinese Belt & Road Initiative (BRI) - a project designed by China to extend its influence in Asia and elsewhere.

Chinese President Xi Jinping would not like India to move totally to the US side, particularly after the eruption of American hostility against China on the issue of Taiwan, and at the same time would like to strengthen the China-Russia axis in the context of developments pertaining to Ukraine. India's approach to the Ukraine-Russia conflict helps to ensure that China-Russia bonds do not affect India's national security interests.

India does not mind omission of any reference to the relevance of the application of UN Charter in the context of Ukraine-Russia conflict in the joint statement of the summit, since a direct negotiation between the two sides, possibly with the informal help from a mutually acceptable friend like India, would be better than a formal third-party intervention there.

Although India did not show any keenness for a bilateral meeting between China and India at Samarkand, President Xi for his own reasons publicly welcomed India as the host of next year's SCO summit.

India has a lot to feel satisfied about the joint statement of the summit called Samarkand Declaration.

The statement advocated respect for the rights of people to independently and democratically choose political and socio-economic development and reaffirmed the principles of mutual respect for the sovereignty, independence and territorial integrity of states, non-interference in internal affairs and non-use of threat of force, as the basis for sustainable development of international relations.

Importantly for India, the summit expressed deep concerns over the security threats posed by terrorism, separatism and extremism in all its forms and manifestations, and strongly condemned terrorist acts around the world.

It called for implementation of the programme of cooperation among SCO countries for countering terrorism. It held that the most important factor for improving and strengthening security and stability in the SCO region is the speedy settlement of the situation in Afghanistan by way of providing an inclusive government there and making it free of terrorism and drugs. Considering the known fact that the return of the Taliban Emirate in Kabul was made possible because of the total support of Pakistan, the Samarkand Declaration was meant to identify the Pak-Afghan belt as the breeding ground of Islamic radicals, notwithstanding the familiar plea of Pakistan - repeated by Prime Minister Shehbaz Sharif at the summit - that Pakistan is itself a victim of terrorism.

India has every reason to feel happy that its stand on both economic development of the world and international security was fully vindicated at the SCO summit.

Disclaimer: The writer is a former Director of Intelligence Bureau. The opinions expressed within this article are the personal ideas of the author. The facts and conclusions appearing in the article do not reflect the views of Y Media and Midweek Newspaper, and Y Media does not assume any responsibility or liability for the same.

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Canadian Indigenous Population Hits 1.8m In 2021, Twice As Fast As Non-indigenous Populations: Census



The 2021 Census counted 1.8 million Indigenous people, accounting for 5.0% of the total population in Canada, up from 4.9% in 2016. The Indigenous population grew by 9.4% from 2016 to 2021, surpassing the growth of the non-Indigenous population over the same period (+5.3%). However, this growth was not as rapid as in years past. For example, from 2011 to 2016, the Indigenous population grew by 18.9%—more than double the 2021 growth rate. For the first time, the Census of Population enumerated more than 1 million First Nations people living in Canada (1,048,405). In 2021, there were 624,220 Métis living in Canada, up 6.3% from 2016. In 2021, there were 70,545 Inuit living in Canada, with just over two-thirds (69.0%) living in Inuit Nunangat—the homeland of Inuit in Canada. The Inuit population living outside Inuit Nunangat grew at a faster pace than the population within the Inuit homeland (+23.6% versus +2.9%). The Indigenous population living in large urban centres—801,045 people—has grown by 12.5% from 2016 to 2021. The Indigenous population was 8.2 years younger, on average, than the non-Indigenous population overall. Just over one in six working-age

Indigenous people (17.2%) were “close to retirement” (55 to 64 years), compared with 22.0% of the non-Indigenous population. For First Nations, Métis and Inuit families, grandparents often play an important role in raising children as well as in passing down values, traditions and cultural knowledge to younger generations. In 2021, 14.2% of Indigenous children lived with at least one grandparent, compared with 8.9% of non-Indigenous children. Indigenous people were more likely than the non-Indigenous population to be living in a dwelling that was in need of major repairs (16.4% versus 5.7%) or live in crowded housing (17.1% versus 9.4%) in 2021. In 2021, almost one in five Indigenous people in Canada (18.8%) lived in a low-income household, using the low-income measure, after tax. This was down nearly 10 percentage points from 2016. The decline was likely driven by government transfers in response to the COVID-19 pandemic. In Canada, 237,420 Indigenous people could speak an Indigenous language well enough to conduct a conversation. While the number of people with an Indigenous mother tongue has been in decline, there has been growth in the number of Indigenous second-language speakers.

EFFECTIVE OCT. 1, CANADA TO END COVID-19 BORDER AND QUARANTINE RESTRICTIONS



The federal government has announced the removal of all Covid-19 entry restrictions, as well as testing, quarantine, and isolation requirements for anyone entering Canada, from October 1. Public Health Agency of Canada said in a statement on Monday that the removal of border measures has been facilitated by a number of factors, including modelling, that indicates that Canada has largely passed the peak of the Omicron BA.4 and BA.5 fuelled wave, high vaccination rates, lower hospitalisation and death rates, as well as the availability and use of vaccine boosters, rapid tests, and treatments for Covid-19. According to the statement, all travellers will no longer have to submit public health information through the ArriveCAN app or website; provide proof of vaccination; undergo pre- or on-arrival testing; carry out Covid-19-related quarantine or isolation; and report if they develop signs or symptoms of Covid-19 upon arriving to Canada. Transport Canada is also removing existing travel requirements. As of October 1, travellers will no longer be required to undergo health checks for travel on air and rail; or wear masks on planes and trains. Cruise measures are also being lifted, Xinhua news agency reported. “We expect Covid-19 and other respiratory viruses will continue to circulate over the cold months, so I encourage everyone to stay up-to-date with their Covid-19 vaccination, including booster doses and exercise individual public health measures,” said Health Minister Jean-Yves Duclos. Although the masking requirement is being lifted, all travellers are strongly recommended to wear high quality and well-fitted masks during their journey, the statement added.

CANADA INVESTS \$2.3 MILLION IN ONTARIO’S ENERGY MARKET TRANSFORMATION

Julie Dabrusin, Parliamentary Secretary to the Minister of Natural Resources and Parliamentary Secretary to the Minister of Environment and Climate Change, on behalf of the Honourable Jonathan Wilkinson, Minister of Natural Resources, announced over \$2.3 million in funding to SWITCH Power Ontario Battery Operations Corporation to deploy vital energy storage infrastructure that will enable Ontario's energy market transformation. This investment with SWITCH Power brings the total investment to nearly \$7.8 million. This project will deploy six behind-the-meter energy storage systems in Toronto, Mississauga, Belleville and Mitchell, Ontario, and will install 3.82 MWs of energy storage capacity. SWITCH Power will be operating distributed energy resources (DERs) to showcase Ontario's capability of delivering grid and market transformation, in partnership with the Independent Electricity System Operator. This project will also support the development of an Energy Market Platform that will enable DERs to play a meaningful role in Ontario's energy grid. This will enable the grid to become more resilient and increase avenues for the delivery of electricity. Canada already has one of the cleanest grids in the world with more than three-quarters of its electricity supply being emissions-free. As Canada moves toward a net-zero economy and electricity system, grid modernization projects such as this will help solidify the country as a leader in clean electricity generation.

WALMART OPENS CANADA MARKETPLACE TO INDIAN SELLERS IN ADVANCE OF DIWALI

Walmart held a day-long Global Seller Summit in Delhi on September 27 to help Indian companies leverage Walmart’s eCommerce Marketplace to grow in the U.S. and Canada. Indian manufacturers, brands and sellers attended to hear from local and global Walmart experts, logistics and fintech service providers, and Indian companies that are already thriving on Walmart Marketplace.

Key insights

Building on a major drive to attract Indian sellers to its U.S. Marketplace, which kicked off in January, Walmart is now also inviting Indian sellers to apply to join its Marketplace in Canada.

- As part of Canada’s retail scene for almost 30 years, Walmart is one of Canada’s most popular brands. It operates more than 400 stores nationwide and is one of the largest online retailers and fastest growing marketplace platforms in Canada.
- The winter holiday season in North America is retail’s busiest time of the year. Walmart data shows that customers start researching their holiday buys in October, with steady sales throughout November and December.
- Walmart is preparing to help Indian sellers take advantage of this key shopping season with tools like Walmart Fulfillment Services (for fast and easy shipping) and Walmart Connect (for targeted seasonal promotions).
- Walmart sees outstanding potential for Indian sellers in highly searched categories like home, apparel, leather accessories, and beauty and personal care.
- Indian companies are leveraging the Walmart Marketplace for D2C export success. Walmart is seeing top suppliers like Welspun adding D2C sales to their business, as well as exciting new digital-first brands such as Rage Coffee and Mensa Brands coming on board the platform to grow in overseas markets.

Michelle Mi, VP, Emerging Markets and Business Development, Global Sourcing – Walmart – “Walmart is continuing to deepen our connections to Indian sellers and to invest in tools and services to support them to do business overseas. We are focused on building long-term relationships with even more Indian companies. Helping sellers build their business in the U.S. and establish themselves in Canada with Walmart Marketplace underscores our confidence in the potential of these markets for Indian sellers as we work towards building our exports from India to US\$10 billion a year by 2027.”

Dipali Goenka, CEO and Joint MD, Welspun India – “Welspun is a customer-centric company, and we are proud of our strong partnership with Walmart fostered over the last two decades. This year, we entered Walmart’s US Marketplace with our highly regarded Welhome products designed specifically for American shoppers. As a brand with digitization at its core, we are rapidly growing our e-selling capabilities to meet and exceed Walmart’s standards for excellence and continue to unlock new opportunities.”

Bharat Sethi, CEO and Founder, Rage Coffee – “Being a digitally native brand, we take an omnichannel approach to cater to consumers across online and offline formats. Our journey – from sourcing and production to distribution, retail and delivery – puts the customer experience front and centre, and we are proud to scale to global markets with a unique product proposition and a strong quality-first mindset. Our partnership with the Walmart U.S. Marketplace has helped us reach more consumers in that market and become part of their daily coffee routine. We are excited about possibilities to grow further and build a globally known brand.”

Pawan K Dasaraju, Founding Member, Mensa Brands – “At Mensa Brands, we understand the opportunity global eCommerce provides homegrown brands that aspire to grow and meet customer expectations in high-potential markets like the U.S. and Canada. With resources like Walmart Connect, brands on the Walmart US Marketplace can gain insight into what customers expect, build a custom assortment accordingly and ensure that quality standards are consistently met and improved upon. This is what helps brands build trust.”

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BOMBARDIER EXPANDS WORLDWIDE FOOTPRINT WITH GRAND OPENING OF NEW SERVICE CENTRE IN AUSTRALIA



New state-of-the-art facility in Melbourne will further enhance Bombardier’s customer service footprint in Asia-Pacific. Melbourne Service Centre will provide quick and efficient maintenance, repair, and overhaul (MRO) capabilities for all Bombardier business aircraft, including a parts depot and back shop capabilities. An important market for Bombardier, Australia is also part of a comprehensive worldwide aftermarket network expansion. Bombardier today announced the grand opening of its new Melbourne Service Centre at Essendon Fields Airport in Melbourne, Australia. The new facility is a testament to Bombardier’s commitment to the Australian market and establishes a key building block in its growing global customer support network. At full capacity, the new OEM-operated Melbourne Service Centre will add 65 aerospace jobs in the community, including more than 48 highly skilled technicians and boost Bombardier’s customer service footprint in Asia-Pacific by some 50,000 square feet. Australia is a key market for Bombardier with more than 80 aircraft in its Australian business fleet. Bombardier is also the OEM with the largest percentage of deliveries in Australia, representing 31% of the market (47% for medium and large business jets). This new, highly efficient facility will serve as an important gateway to Asia-Pacific, serving as a key focal point for customers in the region and for future growth prospects of the Bombardier fleet. “The addition of the Melbourne Service Centre is the latest in a series of worldwide infrastructure investments aimed at enhancing Bombardier’s customer service capacity in line with our 2025 plan,” said Éric Martel, President and CEO, Bombardier. “In the past year, we have added close to one million square feet of service capacity in several key locations, solidifying our plan to bring more Bombardier jets home no matter where they operate.” Earlier this year, Bombardier enhanced its customer service footprint in Asia-Pacific with the opening of the new Singapore Service Centre. Bombardier will soon celebrate the opening of its enhanced London Biggin Hill Service Centre in the UK, and later this year, will gather to highlight the opening of its new, state-of-the-art Service Centre at Miami-Opa Locka Executive Airport. Customers at the new Melbourne Service Centre will benefit from a variety of service options, including scheduled and unscheduled maintenance, modifications, avionics installations and AOG support for Bombardier’s dynamic family of aircraft – including the newly

introduced Global 8000 aircraft, the flagship of a new era. The facility will also boast a 4,000 sq. ft. parts depot. “The new Melbourne Service Centre brings essential, specialized services for our customers, enabling us to continue to deliver the service excellence they have come to expect from Bombardier,” said Jean-Christophe Gallagher, Executive Vice President, Services and Support, and Corporate Strategy, Bombardier. “Our new facility will provide infinite benefits, including quick aircraft turnarounds, greater convenience and OEM peace of mind to Bombardier’s growing customer base in Australia.” The creation of the new facility also underscores the steadfast commitment of the team from the Essendon Fields Airport as well as the Victoria Government, which has supported Bombardier’s development of the service centre and its growth plan. “Partnering with one of the world’s leading manufacturers of business aircraft for its new facility is evidence of Essendon Fields’ continued investment in creating a centre of excellence for general aviation here in Victoria. There are more business jets based here than anywhere in the country, and Bombardier’s commitment cements Essendon Fields as Australia’s home of business aircraft,” said Brendan Pihan, CEO of Essendon Fields. The new Melbourne Service Centre also aptly illustrates Bombardier’s comprehensive global customer service commitment to provide the best customer service experience in business aviation today. **About Bombardier** Bombardier is a global leader in aviation, focused on designing, manufacturing, and servicing the world’s most exceptional business jets. Bombardier’s Challenger and Global aircraft families are renowned for their cutting-edge innovation, cabin design, performance, and reliability. Bombardier has a worldwide fleet of approximately 5,000 aircraft in service with a wide variety of multinational corporations, charter and fractional ownership providers, governments, and private individuals. Bombardier aircraft are also trusted around the world in special-mission roles. Headquartered in Montréal, Québec, Bombardier operates aerostructure, assembly and completion facilities in Canada, the United States and Mexico. The company’s robust customer support network includes facilities in strategic locations in the United States and Canada, as well as in the United Kingdom, Germany, France, Switzerland, Italy, Austria, the UAE, Singapore, China, and an Australian facility opening in 2022.

CASTING YOUR VOTE IN DURHAM IN THE 2022 MUNICIPAL ELECTION

On October 24, or through advance voting opportunities, eligible voters in Ontario will head to the polls for the 2022 municipal election. As part of this process, eligible voters will have the chance to choose who will represent them, at the municipal level, for the next four years. Voters in Durham Region will have a chance to vote for a Regional Chair, in addition to mayors, local and regional councillors, and school board trustees. The Regional Chair is accountable to all 696,992 regional residents. This person is head of Durham Regional Council and Chief Executive Officer of the corporation; presides over all meetings of Regional Council and Committee of the Whole; promotes and advances the Region; acts as a representative on various boards, committees and organizations; and works with 28 other councillors to make a final decision on the Region's yearly budget (about \$2.2 billion). To learn more about the duties of the Regional Chair, please visit durham.ca/RegionalChair. It is important to note that, even though the Regional Chair is a Regional position, area municipalities conduct the election in their specific city/town. Voting results are reported to the Regional Clerk, who then prepares a summary of the vote and announces the successful candidate. Depending on the municipality, votes may be cast via mail, telephone, internet or in person. Eligible electors are encouraged to contact the local municipality directly (there are eight total in Durham Region) to learn more about voting methods, dates and locations. To learn more about Regional elections please visit durham.ca/Elections.

HOUSEHOLD GROWTH AMONG RENTERS (+21.5%) EXCEEDS THAT OF OWNER HOUSEHOLDS (+8.4%) IN CANADA: STATSCAN

CONTD. FROM PAGE 1
The resulting difference in housing supply and demand, coupled with modified expectations for the future, has led to large changes in home prices. The housing market has continued to change since Census Day on May 11, 2021, with house prices continuing to rise through February 2022 before tumbling over the spring and summer in the face of interest rate hikes designed to curb inflation. Trying to figure out the right time to buy is a difficult decision that can leave Canadians wondering how long they want to hold out on entering the real estate market—or whether they even want to. For many Canadians, both in and outside the housing market, housing options will continue to unfold over time. The 2021 Canadian Housing Survey reported that the growth of renter households outpaced the growth of owner households, pushing down the homeownership rate in Canada. The 2020 Canadian Housing Statistics Program also highlighted that the share of owner-occupied dwellings had edged down from 2019 to 2020, while non-resident ownership remained low. Today’s release, from the 2021 Census, builds on these findings. It highlights the housing tenure trends of the past decade and the change in housing affordability since the onset of the pandemic. It explores downtown areas, where growth in population and housing investment is large, with two out of five households downtown (39.9%) living in condominiums in 2021 and half (50.1%) of these downtown condominiums being rented. It concludes by examining the differences in housing needs across generations.

Happy National Seniors Day!

October 1st is National Seniors Day! Our government is committed to strengthening the financial security & wellbeing of seniors across Canada

Expanding Old Age Security

- One time payment of \$500 to seniors 75+ (2021)
- 10% permanent increase to OAS for seniors 75+, adding \$800 to the pockets of full pensioners

New Horizon for Seniors Program

- Community projects that foster social inclusion, healthy aging & celebrate diversity
- APPLICATIONS ARE NOW OPEN & CLOSE NOVEMBER 1ST

Doubling GST Credit

- Doubling the GST credit for six months
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 - Transportation, laundry, snow removal & more



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DR. FRANK MARTINO, PRESIDENT AND CEO, WILLIAM OSLER HEALTH SYSTEM, SPEAKS TO GUESTS DURING ETOBICOKE GENERAL HOSPITAL 50TH ANNIVERSARY CELEBRATION EVENT.

CELEBRATING ETOBICOKE GENERAL HOSPITAL'S PAST, PRESENT AND FUTURE

As William Osler Health System (Osler) marks the 50th Anniversary of Etobicoke General Hospital on September 25, 2022, we pause to reflect on this significant milestone with a shared sense of pride and celebration with the community.

Even before opening its doors in 1972, the hospital was destined to enjoy long-standing and meaningful connections with the community, thanks in large part to a passionate group of local citizens - the Etobicoke General Hospital Auxiliary - who raised funds at that time to build a full service hospital in north Etobicoke to meet the health care needs of a growing community.

A question at the heart of planning the hospital was, "what will the patient want?". That sentiment is still what drives us today and we value the input of Patient and Family Advisors who continue to help us shape key hospital policies, plans and initiatives at Osler. This special partnership with the community has supported Etobicoke General to continually evolve and deliver the programs and services the community needs, close to home.

Perhaps the most significant example of this vital collaboration is the recent expansion at Etobicoke General, with the Etobicoke Wellness Centre and a new modern patient tower, opening in 2018 and 2019 respectively. These buildings and the services within them reflect the voices and needs of today's patients and their families, including a larger emergency department, speciality clinics for renal and diabetic care, and a bright, modern Birthing Unit.

Osler's generous donors and community members once again stepped forward to make this a reality, generously raising \$25 million in what was the largest fundraising campaign in the hospital's history.

Incredibly, Etobicoke General is also home to many health care innovations, including the first finger implantation in Ontario and Canada's first laparoscopic hysterectomy. During the SARS pandemic in 2003, the Ontario government designated Etobicoke General as one of four key SARS hospitals. As the closest hospital to Pearson International Airport, Etobicoke General is also designated the 'first responder' hospital during any medical crisis.

And, as COVID-19 cases rose locally and across the province in April 2020, Etobicoke General played a key role in testing and vaccinating tens of thousands of residents in the community. Etobicoke General's illustrious legacy is possible thanks to so many: the dedicated Osler team members who provide exemplary patient care to close to 16,000 inpatients and enable more than 120,000 outpatient visits each year; the patients and families whose valued input shapes our services; our government partners, who ensure that we can continue to meet the needs of our patients; our health system and academic partners who work alongside us to ensure the health of our community; and the donors whose commitment ensures that our teams have access to the facilities and essential equipment to provide the very best care for the community.

And of course, we thank our incredible, vibrant community for 50 years of unwavering support. We are so proud to be your hospital - the place where residents and families come to for care when it's needed most. It continues to be an honour and privilege to serve you and your loved ones. We are grateful to everyone who has played a role in Etobicoke General Hospital's first five decades. We look forward to working together as we begin the next exciting chapter in the hospital's long and proud history. Happy 50th Anniversary, Etobicoke General Hospital!

ONTARIO RESIDENTS FEEL UNDERPREPARED TO DEAL WITH BREAST CANCER: NEW SURVEY

Approximately 28,000 Canadians will be diagnosed with breast cancer this year. Despite this pervasive disease, 87 per cent of Ontario residents diagnosed with breast cancer felt unprepared when they or a loved one received their diagnosis. This is according to The Know More Breast Cancer survey.

Over three-quarters (79%) of Ontario women feel that they have more to learn about breast cancer and how it could affect them.

On a positive note, three-quarters of Ontario residents (76%) feel that their doctors are informed with the best or latest treatment information and 63 per cent feel they have experienced the best and latest cancer treatment available, either personally or someone they know.

Increasing our understanding of breast cancer research starts with making information more accessible. 76 per cent of Ontarians were unable to even provide an approximate guess when asked how many known types of breast cancer - astonishingly, there are over 50 types.

Quotes by Kimberly Carson, CEO of Breast Cancer Canada.

"Any cancer diagnosis feels earth-shattering. We are committed to demystifying research and information so that people feel less afraid when they, or a loved one, receives an unexpected diagnosis."

"Given that one-in-eight women in Canada will develop breast cancer in their lifetime, the results from our Angus Reid poll were shocking to see."

"We conducted this survey to get a benchmark of Canadian's knowledge and awareness of breast cancer and clearly there is an opportunity for Canadians to know more about the disease that affects us all."

As an initiative aimed at raising awareness about the vital role of research, Breast Cancer Canada encourages Ontario to "Know more."

Breast Cancer Canada is funding a new era of research that presents knowledge in a meaningful and fresh way, making lifesaving information both inspiring and accessible.

For more information, visit www.breastcancerprogress.ca.

CITY OF GUELPH HONOURS NATIONAL DAY FOR TRUTH AND RECONCILIATION

The City is encouraging municipal employees and the community to reflect on National Day for Truth and Reconciliation on September 30 and to take an active part in the reconciliation process throughout the year.

The Truth and Reconciliation Commission's (TRC) 95 calls to action include a call for all levels of government to provide education to public servants on the history of Indigenous Peoples, including the history and legacy of Residential Schools and more.

While National Day for Truth and Reconciliation is not a municipal or provincial holiday, honouring the day is part of the call to action for all levels of government. Earlier this month, the City leveraged Welcoming Week events to provide newcomers with information about the Indigenous history of the land we call Guelph, including the City's Territorial Acknowledgement, in their first language. Sharing this information with newcomers is another of the TRC's calls to action.

"We know the impact colonization and Residential Schools had, and continues to have on Indigenous children, their families and communities," says Mayor Cam Guthrie. "As settlers, we must accept that history, and take active steps to reconcile. That means learning, breaking down stereotypes and connecting with and supporting Indigenous communities."

Invitation to City staff to participate

Throughout September, City staff is encouraged to participate in different training opportunities including attending Indigenous relations awareness training provided by Indigenous Corporate Training Inc., registering for and completing the University of Alberta's Indigenous Canada online course, and exploring other provided resources including videos, podcasts and articles. Staff is also invited to join a book group to read and discuss "Five Little Indians" by Michelle Good.

Invitation to the community to participate

The Museum is hosting events leading up to September 30, and City staff and the community are welcome to attend:

- * Virtual Tour of the Former Mohawk Institute Residential School
- * #HopeAndHealingCanada art installation, by Métis artist Tracey-Mae Chambers at Riverside Park
- * No Word for Art Indigenous beadwork workshop with Naomi Smith, Chippewas of Nawash First Nation
- * Conversations in Pipigwan Flute, a presentation by Rene Meshake, a residential school survivor

"The TRC says the number of Indigenous children counted buried in unmarked graves will reach 3,200 in Canada," notes Scott Stewart, the City's chief administrative officer. "The Woodland Cultural Centre in Brantford has taught me so much about Residential Schools and the legacy they've left behind. Taking part in these learning opportunities allows me to support City staff as we build a more inclusive organization and deliver better public service."

What might meaningful action look like?

An early step towards reconciliation is learning about the truth of the Residential School system and the damage to Indigenous Peoples, their families and social structures. What might meaningful action look like for individuals?

- * Read a book by an Indigenous author
- * Take a course to learn more about the history of Indigenous Peoples
- * Watch an Indigenous documentary or movie
- * Donate to an Indigenous organization
- * Volunteer with an Indigenous organization
- * Shop at an Indigenous business
- * Attend a cultural event
- * Support Indigenous artists and musicians

SAVIOUR OF HOMELESS PATIENTS DR MANGAT TO VISIT BRAMPTON-MISSISSAUGA FROM OCT 8 -11



DR MANGAT HELPS BATHING A DISABLED PATIENT.

**A LIVING EXAMPLE OF SELFLESS SERVICE TO HUMANITY
DR NAURANG SINGH MANGAT WILL BE VISITING**

Brampton-Mississauga from October 8 (morning) to Oct 11 (Noon). During his visit, he will stay at Sri Guru Singh Sabha Gurdwara, Malton. For the last 17 years he has been looking after and trying to save lives of the destitute, homeless, blind, disabled, mentally challenged and poor sick people lying on the streets of Punjab. It was in 2005 that Dr. Mangat went to Punjab and began cycling around Ludhiana city providing free medical care to homeless and sick people lying on the roadsides and at other places. His untiring efforts to help the homeless sick have now taken the shape of three-storey building which is located near village Sarabha of Ludhiana district. Till today this registered charity called "Guru Amar Das Apahaj Ashram" has admitted about 950 patients. Many were rehabilitated after medical treatment and some expired due to their critical medical condition. However, nearly 200 patients are living in the Ashram permanently. Of these 125 are mentally challenged. About 75 are bedridden and unable to answer the call of nature on their own. Some have total memory loss. These patients are provided food, clothes, medical treatment, nursing care - ALL FREE OF COST. Out of these, 75 patients are living in the three story building. However, the remaining 125 male patients are living in makeshift steel shacks. Dr Mangat who is a former Professor and Scientist of PAU, Ludhiana, University of Windsor, and Morrison Scientific Calgary said that on completion of the new building being constructed, the Ashram would be able to move these male patients living in the temporary iron sheds to the new multi-storey building. Ashram has employed 35 people to look after these patients. These include a doctor, nurses, care takers, security guards and some for preparing food. As the Charity has no source of income, the expenses running into lakhs of rupees per month are supported by the Public.

For more information, Dr Mangat can be reached at his India cell phone 95018-42506; Canada cell phone 403-401-8787 or at nsmangat14@hotmail.com

Y MEDIA GROUP



GURPREET KAUR SANGHA DIES IN HOSPITAL, HIT AND RUN INCIDENT: KAUR'S HUSBAND AND 2 CHILDREN IN INDIA

Y MEDIA PLUS

CHANNEL Y

RADIO Y FM 91.9

MIDWEEK NEWSPAPER

SOUTHASIAN AILY.COM

5 RISK FACTORS FOR ARTHRITIS YOU CAN CONTROL



While we can't control everything in life, there are risk factors for arthritis we can affect.

"We can't change our age, sex or genetics, but you don't have to feel powerless when it comes to arthritis as there are a number of factors you can control," explains Trish Barbato, president and CEO of Arthritis Society Canada. To decrease your chance of developing arthritis, work to modify these risk factors.

Diet and weight

Excess weight can contribute to both the onset and progression of knee and hip osteoarthritis, so maintaining a healthy weight can help.

Smoking

Smoking cigarettes is linked to several health concerns, including the progression and severity of rheumatoid arthritis and lupus.

Physical inactivity

Lack of exercise is associated with an increased severity and progression of many types of arthritis. Physical activity lubricates our joints and can help build the muscle around them, which provides support.

Occupation

Certain jobs that involve repetitive knee bending and squatting are associated with osteoarthritis of the knee and hip.

Joint injuries

Previous injuries that led to damage to a joint can contribute to the development of osteoarthritis in that joint later in life. Learn how you can reduce your risk and find more information at arthritis.ca.

Consulate General of India, Toronto will be organizing Consular Camp in Brampton on Saturday, 1 October, 2022 to address and resolve various queries related to Consular matters viz, Passport, Visa, OCI, PCC, Surrender Certificate, Attestation, Life Certificate, etc as per details given below :

2. The Consular Camp is meant to resolve any long-pending issues and is repeat NOT meant to provide the consular service on the spot. However, the applications for SURRENDER CERTIFICATE & ATTESTATION services if found complete in all respects will be accepted.
3. Fee for Surrender Certificate will be payable by Debit Card/Demand Draft in favour of "BLS International Services Canada". Fee for Attestation services will be payable only through Demand Draft in favour of "Consulate General of India, Toronto". For attestation service applicant must attach a self-addressed prepaid envelope for return of serviced documents. Applicants are therefore requested to go through the following links to understand the documentary requirements and applicable fee:
Link 1: <https://www.cgitoronto.gov.in/>
Link 2: <https://www.blsindia-canada.com/toronto-jurisdiction/index.php>
4. Applications will be accepted only if all documents and forms are submitted. Applicants are required to submit original and photocopy of all the documents and the forms as prescribed in the above links. Soft copy of any document will not be accepted.
5. The Covid-19 guidelines must be strictly adhered to at the camp.

All Indian Passport holders, after obtaining foreign nationality, are compulsorily required by law to surrender their Indian Passports at the nearest Indian Mission/Post. Those Indian Origin Canadian/foreign nationals who are yet to surrender their Indian Passports are advised do so immediately and obtain a Surrender Certificate. The details of the process to Surrender the Indian Passport can be seen on the website: <https://www.cgitoronto.gov.in>

2. In view of the difficulties being faced by aged Persons of Indian origin who arrived in Canada long ago and are unable to trace their old Indian Passports, the Consulate has decided to relax the requirement of providing Surrender Certificate/ old cancelled Indian Passport.

3. Person of Indian origin who acquired Canadian citizenship before 1st June 2010 and are unable to provide copy of Surrender Certificate / old Indian Passport may provide a duly notarized Affidavit with regard to unavailability of Surrender Certificate / old cancelled Indian Passport. The format of Affidavit can be seen on the Mission's website at the link below:
<https://www.cgitoronto.gov.in/docs/1663087092visa%20affidavit.pdf>

4. Persons of Indian origin having the Surrender Certificate / old cancelled Indian Passport may continue to submit a copy of Surrender Certificate / old cancelled Indian Passport with their visa application.

Yudhbir Randhawa, a 31-year-old man from St. Constant, Quebec, was taken into custody and was transported to a local hospital for assessment. Yudhbir Randhawa was cleared medically and was held for a bail hearing. He faces the following charges:

- * Impaired Operation While Impaired - Drugs
- * Failure or Refusal to Comply with Demand - Drugs
- * Flight from Peace Officer
- * Fail to Comply with release order
- * Possession for the Purpose - Schedule 1 Other Drugs
- * Possession of a Controlled Substance - Heroin
- * Possession of a Controlled Substance - Methamphetamines

Yudhbir Randhawa has a criminal history which includes convictions for Dangerous Operation of a Motor Vehicle, Flight from Police and drug-related offences.

Two passengers inside the vehicle involved, 41-year-old Harpreet Saggu from Brampton and 23-year-old Jashanpreet Singh from Lasalle, Quebec, were also taken into custody and charged with drug-related offences.

Yudhbir Randhawa was held for a bail hearing and appeared before the Ontario Court of Justice in Brampton on Friday, September 23, 2022. Harpreet Saggu was released on an undertaking and will attend the Ontario Court of Justice in Brampton on November 24, 2022.

Jashanpreet Singh was released on an undertaking and will attend the Ontario Court of Justice in Brampton on December 1, 2022.

Anyone with information pertaining to this matter is asked to contact Road Safety Services at 905-453-2121 x 3702. Anonymous information may also be submitted by calling Peel Crime Stoppers at 1-800-222-TIPS (8477), or by visiting [peelcrimestoppers.ca](https://www.peelcrimestoppers.ca).

None of the allegations have been proven in court.

1 Carden Street, Guelph, Ontario N1H 3A1
We'll reach out to you directly after applications close to discuss the next steps.
What is a community garden?
In Guelph, volunteers manage community gardens where neighbours share the space, the work, and the rewards. It's great for people who don't have a suitable yard for growing fruit, vegetables, herbs or flowers. Community gardens are great places to make new friends, or connect with neighbours, and welcome new people to our community. Getting out in the garden can improve our physical and mental health, and make nutritious food more accessible for everyone.

The incident was interrupted by a concerned citizen and the suspects fled in a vehicle. The victim was taken to hospital with non-life-threatening injuries. Through the investigation, officers determined that the suspect vehicle had been stolen from the area of Finch Avenue and Don Mills Road in Toronto. The vehicle was recovered. On April 13, 2022, investigators executed a warrant at a residence in the City of Brampton and arrested the first suspect Riyasat SINGH, 23, of Brampton. He was charged with Attempt Murder, Attempted Kidnapping, Possession of Property Obtained by Crime Over \$5,000 and Mischief Over \$5,000. On April 14, 2022, a Canada-wide arrest warrant was issued for the second suspect and he was arrested on Monday, September 19, 2022. Both BINNER and SINGH remain in custody awaiting future court appearances.

The victim's husband of three years, Charanjeet Singh, 26, from Mississauga, was arrested at the scene. He was transported to a trauma centre where his injuries were determined to be non-life threatening. He was charged with First Degree Murder and appeared before the Ontario Court of Justice in Brampton. Anyone with information on this incident, surveillance video, and/or Dash Cam footage, that may have captured the moments leading up to, during, or after the incident is asked to contact investigators at 905-453-2121 extension 3205. Anonymous information may also be submitted by calling Peel Crime Stoppers at 1-800-222-TIPS (8477), by visiting peelcrimestoppers.ca. None of the allegations have been proven in court.



CHANDIGARH AIRPORT TO BE NAMED AFTER BHAGAT SINGH: PM MODI

As a tribute to the great freedom fighter Bhagat Singh, the Chandigarh airport will now be named after the iconic martyr, Prime Minister Narendra Modi said on Sunday during his monthly radio broadcast 'Mann Ki Baat'. "It has been decided that the Chandigarh airport will now be named after Shaheed Bhagat Singh. It had been waiting for a long time. I congratulate the people of Chandigarh, Punjab, and Haryana and the entire country for this decision," he said in his half-hour address. Touching upon various subjects, Modi also spoke about the translocation of Cheetahs from Namibia to Madhya Pradesh's Kuno National Park earlier this month. "People from many corners of the country expressed happiness over the return of Cheetahs. 130 crore Indians are elated and filled with

pride. A task force will monitor Cheetahs, on the basis of which we will decide when you can visit the Cheetahs," Modi said. The Prime Minister invited suggestions for naming the wild cats. "I request people to share their views on the naming of the campaign and Cheetahs. It will be great if the naming of Cheetahs is in tune with our traditions. Also, suggest how humans should treat animals. Participate in this contest and maybe you could be the first one to witness the Cheetahs," he added. Modi asked the people of India to break all previous records of buying khadi, handloom or handicraft products. Plastic bags are extensively used during festivals, he said. However, the harmful waste of polythene during the festivals of cleanliness is against the spirit of the festivals, he said.

JAISHANKAR, SULLIVAN DISCUSS BILATERAL TIES, INDO-PACIFIC



External Affairs Minister S Jaishankar held talks with US National Security Adviser Jake Sullivan during which they reviewed the progress in the US-India strategic partnership and exchanged views on global and regional issues, including approaches to advance a free, open, secure, and prosperous Indo-Pacific. Jaishankar, who is on a four-day official trip to Washington, also discussed Ukraine conflict with Sullivan during their meeting at the White House on Tuesday. "Met today with Indian External Affairs Minister @DrSJaisankar to discuss our shared efforts to deepen

the US-India strategic partnership, mitigate the impacts of Russia's war in Ukraine, and advance a free, open, secure, and prosperous Indo-Pacific," Sullivan said in a tweet. In a readout, his office said that Sullivan and Jaishankar met "to review progress in the US-India strategic partnership and exchange views on global and regional priorities, including the implications of Russia's aggression against Ukraine and its impact on food and energy insecurity around the world". It said they discussed "approaches to promoting debt sustainability and advancing a free, open, secure, and prosperous Indo-Pacific". The US, India and several other world powers have been discussing the need to ensure a free, open and thriving Indo-Pacific in the backdrop of China's rising military manoeuvring in the region. China claims nearly all of the disputed South China Sea, though Taiwan, the Philippines, Brunei, Malaysia and Vietnam all claim parts of it. Beijing has built artificial islands and military installations in the South China Sea. Jaishankar said that they discussed the Ukraine conflict and its repercussions, the Indo-Pacific situation, South Asia and the Gulf. "Good to meet US National Security Advisor @JakeSullivan46. Discussed the Ukraine conflict and its repercussions, the Indo-Pacific situation, South Asia and the Gulf. Exchanged views on addressing the current global economic volatility," he tweeted.

ASHOK GEHLOT APOLOGISES TO SONIA GANDHI FOR RAJASTHAN CRISIS, SAYS WON'T CONTEST CONGRESS PRESIDENTIAL POLL



Rajasthan Chief Minister Ashok Gehlot Thursday said that he will not contest the upcoming Congress presidential election. Gehlot made his decision public after meeting party president Sonia Gandhi at the latter's residence. The meeting comes amid speculation over whether Gehlot would file his nomination for the Congress president's election after the crisis in Rajasthan. Gehlot arrived at Gandhi's residence prior to the scheduled meeting time. Speaking to reporters, Gehlot said he has always been a disciplined soldier of the Congress and that he will not contest the presidential poll in view of the recent developments in Rajasthan. "It was

my moral responsibility that the resolution should have been passed (in the CLP). So I have decided that I won't contest (party president) election in these circumstances. It is my decision," he said following the meeting. When asked about whether he would continue as the Rajasthan CM, Gehlot said that Sonia Gandhi will decide on the matter. "I felt sorry, have apologised to Sonia Gandhi for developments in Rajasthan," he added. Earlier, while talking to reporters, Gehlot said internal issues that have cropped up within the party ahead of the election will be resolved soon. He said the party has internal discipline, which helped it "survive the decline in Lok Sabha numbers" and that it continues to be a national party. "There is discipline in the party under Soniji," he said. On Sunday, the MLAs backing Gehlot had skipped the Congress Legislature Party (CLP) meeting convened by the party's high command and tendered their resignations to Assembly Speaker CP Joshi. While the legislators on the CM's side have been vocal, those in the Pilot camp have not yet publicly commented on the tussle. The Congress had on Tuesday issued a showcase notice to Gehlot loyalists Shanti Dhariwal, Mahesh Joshi and Dharmendra Rathore. With Friday the last date for filing nominations, Congress leaders are in hectic discussions to resolve the political conundrum that has everyone guessing – who all will contest the election for party president.

LAST PHASE OF CONGRESS'S BHARAT JODO YATRA IN KERALA ENDS

Congress leader Rahul Gandhi on Thursday (September 29) concluded his Kerala leg of the Bharat Jodo Yatra, which entered the state on September 10, and will resume the foot march from Tamil Nadu in the afternoon. After the yatra ended its Kerala phase at Vazhikaddavu here, Gandhi and senior Congress leaders Jairam Ramesh and Digvijaya Singh thanked the KPCC and UDF leaders, party workers, and everyone else who participated in the foot march during the over 18 days it spent in the state. "Home is where you get love, and Kerala is home for me. No matter how much affection I give, I always get more in return from the people here. I am forever indebted. Thank you. I would also like to wholeheartedly thank the Congress & UDF leaders and workers, Kerala police, media personnel & every individual who has been part of the #BharatJodoYatra in this beautiful state. The support you have given us makes our resolve firmer & our strides stronger," Gandhi, who was accompanied by a huge crowd of supporters in the morning phase of the yatra, tweeted. Ramesh, the AICC general secretary in charge of communications, tweeted, "Day 22 of #BharatJodoYatra is the last day in Kerala. Padayatris are walking from Nilambur to Vazhikaddavu this morning. From Vazhikaddavu we cross to Gudalur in Tamil Nadu by vehicle thro' Nilgiris hills. We are extremely grateful to the people of Kerala for their goodwill and response."

'EC DELIBERATELY REDUCED VOTES OF YADAVS & MUSLIMS ON BJP'S DIKTAT': AKHILESH YADAV

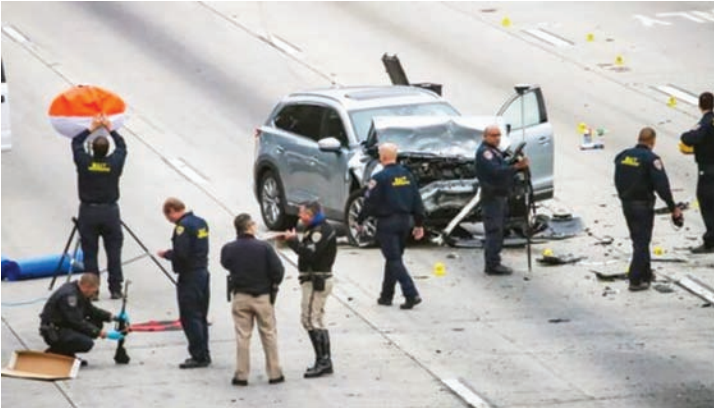
Samajwadi Party chief Akhilesh Yadav on Thursday said that the election commission had deliberately reduced votes of Yadavs and Muslims by 20,000 in almost every Vidhan sabha seat on the command of Bharatiya Janata Party and its aides. "The leader said that if a probe is conducted, it will be found that names of many people were removed," SP chief Akhilesh Yadav. "This government is not made by people, even people don't believe how the Bharatiya Janata Party formed the government. "They and their machinery snatched away the government from Samajwadi party because they knew if they lose power in UP they will lose power in Delhi," said SP chief Akhilesh Yadav

ALL WOMEN ENTITLED TO SAFE, LEGAL ABORTION, RULES SUPREME COURT

The Supreme Court on Thursday held that all women, irrespective of their marital status, are entitled to safe and legal abortion till 24 weeks of pregnancy under the Medical Termination of Pregnancy (MTP) Act. A bench of Justices DY Chandrachud, JB Pardiwala and AS Bopanna delivered the verdict on the interpretation of the MTP Act, and whether unmarried or single women can be allowed like their married counterparts the benefit of abortion up to 24 weeks. While reading out the judgement, Justice DY Chandrachud said, "If Rule 3bc was to be interpreted that it applies to married woman it would mean that unmarried does not involve in sex. thus the artificial distinction between married and unmarried woman cannot be sustained." "Each woman circumstances are unique. a woman in a situation of emergency or disaster may decide to have the child but it may also impact the choice of a woman who may think pregnancy is not viable to keep. It is prerogative of a woman. Mention of divorce and widowhood in Rule 3 b c does not hinder our decision. woman may undergone seachange in life other than separation like fetal abnormality as this may lead to same mental situation."

WORLD

TRAFFIC DEATHS IN US INCREASED 0.5% TO 20,175 IN FIRST HALF OF 2022



Traffic deaths in the US increased 0.5 per cent to 20,175 in the first half of 2022, the highest number killed in the period since 2006, a US official estimate has said. Incidents of speeding and travelling without wearing seatbelts were higher than before the Covid-19 pandemic, Xinhua news agency reported, citing the US National Highway Traffic Safety Administration. Traffic fatalities increased after pandemic lockdowns ended, as more drivers engaged in risky behavior, US media reports said.

ASIAN DEVELOPMENT BANK (ADB) LOWERS ASIA GROWTH OUTLOOK TO 4.3% AS GLOBAL RISKS MOUNT



In an outlook report released on Wednesday, the Asian Development Bank (ADB) lowered its forecasts for economic growth in Asia and the Pacific to 4.3 per cent this year amid mounting challenges buffeting the region. The updated Asian Development Outlook 2022 projects the region's economy to grow by 4.9 per cent in 2023, compared with the bank's projection in April of a 5.3 per cent expansion, reports Xinhua news agency. The report said domestic consumer spending and investment are driving growth as economies in the region continue to recover from the pandemic, thanks in part to vaccination drives and declining Covid-19 deaths. However, it added the continuing Russia-Ukraine war has heightened global uncertainty, worsened supply disruptions, and unsettled energy and food markets. More aggressive monetary tightening by the US Federal Reserve and the European Central Bank is denting global demand and rattling financial markets. "Developing Asia continues to recover, but risks loom large," ADB Chief Economist Albert Park said, urging governments in developing Asia to remain vigilant against these risks and take the necessary steps to contain inflation without derailing growth. The ADB also raised its forecast for inflation in Asia this year to 4.5 per cent from a previous projection of 3.7 per cent. The forecast for next year is 4.0 per cent, up from 3.1 per cent.

IRAN PRESIDENT SAYS MAHSA AMINI'S DEATH IS 'TRAGIC INCIDENT', BUT 'CHAOS' UNACCEPTABLE



Iranian President Ebrahim Raisi on Wednesday said that the death of a young woman in custody had "saddened" everyone in the Islamic Republic, but warned that "chaos" would not be accepted amid spreading violent protests over Mahsa Amini's death. Amini's death two weeks ago has sparked anti-government protests across Iran, with protesters often calling for the end of the Islamic clerical establishment's more than four decades in power. "We all are saddened by this tragic incident ... (However)Chaos is unacceptable," Raisi said in an interview with state TV, while protests continued around the country. "The government's red line is our people's security ... One cannot allow people to disturb the peace of society through riots."

EU PLANS NEW PACKAGE OF BITING SANCTIONS AGAINST RUSSIA



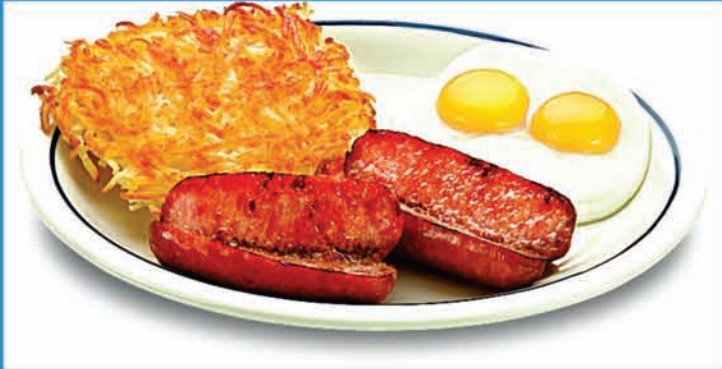
European Union countries should impose "biting sanctions" on Russian trade and hit officials responsible for "sham referendums" held in parts of Ukraine as Moscow ramps up the war, senior EU officials said Wednesday. European Commission President Ursula von der Leyen said the Kremlin-orchestrated referendums on joining Russia "are an illegal attempt to grab land and change international borders by force." "We are determined to make the Kremlin pay for this further escalation," she said, as she unveiled what she described as "sweeping new import bans on Russian products." "This will keep Russian products out of the European market and deprive Russia of an additional 7 billion euros in revenue," von der Leyen told reporters in Brussels.



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<p>Markfed Sohna Kachi Ghani Mustard Oil 1L Reg: \$11.99</p>  <p>Save: \$2.02 \$8.97 ea</p>	<p>Tapal Danedar Extra Strong Tea Bag 220 Bags Reg: \$13.99</p>  <p>Save: \$4.02 \$9.97 ea</p>	<p>Billy Bee Pure Honey 1kg Reg: \$13.99</p>  <p>Save: \$3.02 \$10.97 ea</p>	<p>Kwangcheonkim Kakao Friends Grispu Seaweed 20 Packs 30g Reg: \$15.99</p>  <p>Save: \$3.02 \$12.97 ea</p>
<p>Country Harvest Grain Bread 570g Reg: \$3.69</p>  <p>Save: \$0.42 \$3.27 pk</p>	<p>Vegetable Fried Rice 蔬菜炒飯 Reg: \$6.99</p>  <p>Save: \$2.00 \$4.99 order</p>	<p>Fresh Green Bean 新鮮青豆仔 Reg: \$1.99</p>  <p>Save: \$0.62 \$1.37 lb</p>	<p>Fresh Avocado In Bag 新鮮袋裝牛油果 Reg: \$3.99</p>  <p>Save: \$1.02 \$2.97 bag</p>

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 <p>Sun Thai Frozen Green Peas and Sweet Corn / Green Peas 200g Reg: \$2.99</p> <p>Save: \$1.02 \$1.97 ea</p>	 <p>Tandoori Oven Jamaican Style Beef Pattis 40pcs Reg: \$5.99</p> <p>Save: \$2.52 \$3.47 ea</p>	 <p>Apara Taste Samosa 25pcs Reg: \$4.99</p> <p>Save: \$1.02 \$3.97 ea</p>	 <p>Haagen-Dazs Selected Ice Cream 500ml Reg: \$6.99</p> <p>Save: \$2.52 \$4.47 ea</p>
 <p>SH Fajita Vegetable / California Mixed Vegetable 1.5kg Reg: \$6.99</p> <p>Save: \$2.02 \$4.97 ea</p>	 <p>Fresco Plain Paratha 20pcs Reg: \$7.99</p> <p>Save: \$2.02 \$5.97 ea</p>	 <p>Seven Baskets Vegetable Spring Rolls 40pcs Reg: \$7.99</p> <p>Save: \$2.02 \$5.97 ea</p>	 <p>Apara Taste Aloo Tikki Potato Patties 15pcs 750g Reg: \$7.99</p> <p>Save: \$2.02 \$5.97 ea</p>
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Armstrong Shredded Cheese 500g
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Save: \$4.02
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KAREENA CALLS SAIF, HRITHIK
'BEST ACTORS', DECLARES
'VIKRAM VEDHA' A 'BLOCKBUSTER'
| 19



September 27, 2022

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Alia Bhatt shares UNSEEN photo from Ranbir Kapoor's 40th birthday party; check out her cute caption



ALIA BHATT AND RANBIR KAPOOR ARE ONE OF THE MOST ADORABLE COUPLES IN B-TOWN. THE SOON-TO-BE DAD IS CELEBRATING HIS 40TH BIRTHDAY TODAY. ON THE OCCASION, WISHES HAVE BEEN POURING IN FROM THE ENTIRE FILM FRATERNITY. SEVERAL CELEBRITIES TOOK TO SOCIAL MEDIA TO EXPRESS THEIR HEARTY WISHES FOR THE ACTOR. ON TUESDAY NIGHT, THE ACTOR CELEBRATED HIS BIRTHDAY WITH HIS CLOSE FRIENDS AND FAMILY. MANY CELEBRITIES, INCLUDING SHAHEEN BHATT, AYAN MUKERJI, KARAN JOHAR, AND ROHIT DHAWAN, WERE SNAPPED AT HIS BANDRA HOUSE. NOW, ALIA BHATT HAS SHARED AN ADORABLE WISH FOR HER HUSBAND WITH AN UNSEEN PICTURE FROM HIS BIRTHDAY PARTY. ON WEDNESDAY, ALIA BHATT TOOK TO HER SOCIAL MEDIA AND SHARED A PICTURE THAT DEPICTS HER HOLDING A POLAROID PHOTOGRAPH. IN THE PICTURE, RANBIR KAPOOR APPEARS SUAVE, WEARING A WHITE SHIRT. HE POSED IN FRONT OF A BACKDROP THAT READ, "CHEERS TO FORTY YEARS." THE IMAGE ALSO SHOWS SOME OF THE PARTY DECORATIONS, WHICH INCLUDE NUMEROUS BALLOONS. SHARING THE PICTURE, THE ACTRESS WROTE, "HAPPY 40 BABY."

ALI FAZAL, RICHA CHADHA ARRIVE IN DELHI FOR PRE-WEDDING FESTIVITIES



Ali Fazal and Richa Chadha are set to tie the knot in the first week of October 2022.. Reportedly, the couple's wedding ceremony will be held at a South Mumbai hotel. Ahead of their grand wedding, the couple is hosting an intimate dinner gathering for their near and dear ones on Wednesday night in Delhi. They were snapped at the Mumbai airport leaving for the national capital. Richa looked breathtakingly beautiful in the yellow suit. On the other hand, Ali looked dashing in casual beige pants, teamed with a black coat and a t-shirt.

Richa Chadha and Ali Fazal's pre-wedding

Richa Chadha and Ali Fazal's pre-wedding celebrations will be taking place in one India's oldest club. Established in 1913, the club is one of the country's oldest and most exclusive venues in the National Capital, the Delhi Gymkhana Club. The venue will host one of the ceremonies. The club is said to have a wait list of almost 37 years for membership. The couple will have their wedding festivities begin by end of this month and will conclude in Mumbai in the first week of October.

RANVEER SINGH SAYS THIS ABOUT RELATIONSHIP WITH DEEPIKA PADUKONE AMID SEPARATION RUMOURS



Bollywood actor Ranveer Singh, who attended the FICCI Frames Fast Track 2022 convention on Tuesday, at the event, spoke about his wife Deepika Padukone and their relationship. Amidst the ongoing rumours of a rift between the Bollywood lovebirds, Ranveer's statement brought a sense of relief to the worried fans. For a few days, social media is abuzz with reports claiming that all is not well between Ranveer and his wife Deepika. It all started when a tweet stating, "BREAKING ! Everything is not OK between #DeepikaPadukone & #RanveerSingh !!!" started going viral on Twitter. When during the event he was asked about his relationship with wife Deepika, the actor was seen saying, "Touchwood...We met and started dating in 2012... so 2022 is ten years of me and Deepika." DeepVeer fans are delighted to know that everything is fine between Ranveer and Deepika. They have bombarded social media with their sweet wishes for the couple. One of them wrote, "I can't take my eyes off them." Another said, "Haaye nazar na lge." "Enjoy every moment with her," said another. On several occasions, Ranveer Singh has been seen showering love and singing praises about his wife and actress Deepika Padukone.

DILJIT, SARGUN JIVE TO FOOT-TAPPING DANCE NUMBERS FROM 'BABE BHANGRA PAUNDE NE'



AFTER THE RELEASE OF 'JOGI', ACTOR DILJIT DOSANJH IS ALL SET FOR HIS NEXT PROJECT 'BABE BHANGRA PAUNDE NE' OPPOSITE SARGUN MEHTA.

ASHA PAREKH ONLY THE 7TH WOMAN AMONG 52 DADASAHEB PHALKE AWARDEES



ONE OF THE FEW HINDI FILM STARS TO APPEAR ONSCREEN FROM A CHILD TO A DOWAGER, ASHA PAREKH IS THE SEVENTH WOMAN -- OUT OF A TOTAL OF 52 AWARDEES.

SRK DROPS SHIRTLESS PIC ON SOCIAL MEDIA, FLAUNTS 'PATHAAN' ABS, LONG HAIR



SHAH RUKH KHAN ADDED HIS BIT TO GLOBAL WARMING AS HE POSTED A SHIRTLESS PICTURE OF HIMSELF ON THE SOCIAL MEDIA AND LEFT HIS FANS SWOONING OVER IT.

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ARSHDEEP SINGH STARTED WITH A THREE-WICKET OVER.

DETAILS ON PAGE 25

VIRAT KOHLI IS ONE OF THE BEST CHASE MASTERS IN WORLD; HIS CONSISTENCY IS AMAZING: AJAY JADEJA

MUMBAI: Former India cricketer Ajay Jadeja has called Virat Kohli one of the best chase masters in the world of cricket, adding that the solidity the former skipper provides to the team is just unrivalled. Virat played a pivotal role in helping India win the three-match T20I series against Australia in the last game at Hyderabad, scoring a 48-ball 63 that helped the hosts chase down the Kangaroos' competitive target of 187 to seal the series 2-1. With his 104-run stand with batter Suryakumar Yadav, 69, it was a treat to watch the two batters go about their task of punishing the visitors' bowling that had the likes of Pat Cummins, Josh Hazlewood and Cameron Green among others. Ever during the Asia Cup in the UAE recently, Kohli, returning to the side after taking a month-long break from the game to recharge his batteries, was in his peak batting form. "That's the key to Indian cricket. It's been that for a while, for a long time. There was a period where Virat Kohli would score runs and if there was anything, MS Dhoni would finish it off at the end," said Jadeja on Cricbuzz.



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KAREENA CALLS SAIF, HRITHIK 'BEST ACTORS', DECLARES 'VIKRAM VEDHA' A 'BLOCKBUSTER'

Bollywood diva Kareena Kapoor Khan has tagged her actor-husband Saif Ali Khan and actor Hrithik Roshan, with whom she has worked in films such as 'Yaadein', 'Kabhi Khushi Kabhie Gham' and 'Main Prem Ki Deewani Hoon' as best actors. The actress, who is known for her pout, also called their upcoming film 'Vikram Vedha' a "blockbuster". She took to her Instagram story and shared a poster of the film and wrote: "Best film, best actors, best story, best directors, what a film... a blockbuster. 'Vikram Vedha' is an action-thriller written & directed

by Pushkar-Gayatri. The story of Vikram Vedha is full of twists and turns, as the tough cop Vikram sets out to track and chase a dreaded gangster Vedha. 'Vikram Vedha' is presented by Gulshan Kumar, T-Series and Reliance Entertainment in association with Friday Filmworks & Jio Studios and a YNOT Studios Production. The film is directed by Pushkar and Gayatri and produced by Bhushan Kumar & S. Sashikanth and Reliance Entertainment. 'Vikram Vedha' will hit the big screens globally on September 30.

HRITHIK ROSHAN, SAIF ALI KHAN'S NEW SONG 'BANDE' IS FULL OF ACTION



Action and more action is what best defines the track 'Bande' from Hrithik Roshan and Saif Ali Khan-starrer 'Vikram Vedha', which was unveiled on Monday morning by the makers. The song features Vikram (Saif Ali Khan) & Vedha (Hrithik Roshan) in action mode. The lyrics of the song 'Bande' are an ode to the dichotomy of the characters of Vikram and Vedha. It describes the moral ambiguities faced by Vikram Vedha as they set out to unveil the truth. The theme song 'Bande' is composed, arranged and programmed by SAM C. S., as singer Sivam lends his powerful vocals to the lyrics by Manoj Muntashir. The track gives a fresh glimpse of all the action

along with the cat-mouse chase between Vikram and Vedha. 'Vikram Vedha' is an action-thriller written & directed by Pushkar-Gayatri. The story of Vikram Vedha is full of twists and turns, as the tough cop Vikram sets out to track and chase a dreaded gangster Vedha. 'Vikram Vedha' is presented by Gulshan Kumar, T-Series and Reliance Entertainment in association with Friday Filmworks & Jio Studios and a YNOT Studios Production. The film is directed by Pushkar and Gayatri and produced by Bhushan Kumar & S. Sashikanth and Reliance Entertainment. 'Vikram Vedha' will hit the big screens globally on September 30.

Salman lends his own twist to the immortal lines of Bollywood baddies

From Gabbar Singh of 'Sholay' to KanchaCheena of 'Agneepath' and Mogambo of 'Mr India', Salman Khan slips into the persona of each of these Bollywood baddies in the new round of 'Bigg Boss 16' promos. In the latest promo, Salman dons the look of Amrish Puri's Mogambo by wearing a black jacket with gold detailing, and that iconic bracelet. He sits on a white throne with crystal balls, just like Mogambo was shown sitting in the 1987 movie 'Mr India', featuring Anil Kapoor and the late Sridevi. Salman gives his own twist to the immortal line from the movie -- "Mogambokhushhua"(Mogambo is happy now) -- and says, "Mogambo ab kabhikhushnahihogakyunki ab sabkodarilagega Bigg Boss se, Bigg Boss 16 game badlegakyunki Bigg Boss ab khud khelega (Mogambo will never be happy now because now everyone will be scared of Bigg Boss. With Bigg Boss 16, the game will change. Now, Bigg Boss will play himself)." In another promo, he appears in Sanjay Dutt's KanchaCheena look from 'Agneepath' (2012) starring Hrithik Roshan, Priyanka Chopra and the late Rishi Kapoor. And he can be seen saying in the promo: "KanchaCheenakeMandwa par bhisirf Bigg Boss ka khaufchaayega (KanchaCheena'sMandwa will also see the terror of Bigg Boss)." Earlier, in the first promo, Salman turned into Gabbar Singh, the iconic role played by Amjad Khan in the 1975 action film 'Sholay' starring Amitabh Bachchan, Dharmendra, late actor Sanjeev Kumar, Hema Malini, and Jaya Bachchan.



He repeated the popular dialogue from the film in a different way and said: "50-50 kos door jab bachcharaat ko royega to maa kahegi, beta so ja warna Bigg Boss aa jayega (Even 50 km away, when a child will cry at night, the mother will say, 'go to sleep or Bigg Boss will come')." 'Bigg Boss 16' is all set to start from October 1 at 9.30 p.m. on Colors.

PROGRAMMING ALERT: PONNIYIN SELVAN: I IS COMING TO TIFF BELL LIGHTBOX



Vandiyathevan sets out to cross the Chola land to deliver a message from the Crown Prince AdithaKarikalalan. Kundavai attempts to establish political peace in the land, with civil war seemingly being plotted by vassals and petty chieftains. Based on Kalki Krishnamurthy's hugely popular historical novel of the same name, directed by Mani Ratnam (TIME's All-TIME 100 movies for Nayakan), and scored by Academy Award winner A.R. Rahman, Ponniyin Selvan: I will be the first of a two-part series retelling the 10th-century story of the rise of the Chola dynasty in South India, starring Vikram, Aishwarya Rai Bachchan, Jayam Ravi, Karthi, and Trisha Krishnan. Tickets are available to TIFF Members on Wednesday, September 28 at 10am ET, and to the public on Thursday, September 29 at 10am ET.

RAJU SRIVASTAVA'S DAUGHTER TO BIG B: 'HE SAVED YOUR NUMBER AS GURU JI'



Raju Srivastava's daughter Antara has penned a heart-melting note for megastar Amitabh Bachchan, whom she is extremely grateful for being with her family in the tough times. Antara added that her father saved the cine icon's number as 'guruji'. She took to Instagram, where she shared a string of pictures of Raju Srivastava posing with Big B. She captioned it: "Extremely grateful to Shri @amitabhbachchan uncle for being there for us every single day during this tough time. Your prayers gave us an abundance of strength and support, which we will remember forever. You are my father's idol, inspiration, love and Guru." Antara added: "Since the first time dad saw you on the big screen, you have stayed within him forever. He not just followed you on-screen but off it also. "He had saved your number as 'Guru ji' in his contacts. Him reacting on listening to your audio clip clearly shows what you meant to him. My mother Shikha, brother @aayushmaan.srivastava, my entire family and I, @antarasrivastava, are eternally thankful to you. The love and admiration he receives globally is all because of you." On September 21, Raju Srivastava, who had been admitted to the All India Institute of Medical Sciences in the national capital, about six weeks ago, passed away aged 58. Srivastava was rushed to hospital on August 10 and put on a ventilator after he complained of chest pain and collapsed in his gym.

SAMUEL GOLDWYN FILMS' PREZ SUPPORTS INDIA'S SELECTION OF 'THE LAST FILM SHOW' FOR OSCARS

Peter Goldwyn, the president of the US distributor Samuel Goldwyn Films, has called India's selection of its competitor for this year's best international film race at the Oscars, 'The Last Film Show', which it will release in North America, "a really strong contender". Directed by Pan Nalin, the Gujarati-language film is the story of a nine-year old boy pursuing his dreams in cinema, reports 'Variety'. It debuted at the Tribeca Festival in 2021 and has since played fests in Palms Springs, Seattle and Mill Valley. "We believe that 'The Last Film Show' speaks to the heart and soul of cinema, which will be appealing not only to moviegoers in the United States but also Academy members," said SGF president Peter Goldwyn, quoted by 'Variety'. "We believe that the film is a really strong contender this year, and we're excited to bring it to American audiences. We are also eager to bring our expertise with Academy Awards campaigns to the release of this title," he added. According to 'Variety', 'The Last Film Show' will have its commercial release in Gujarat, India on October 14, giving it the necessary qualifying theatrical run in its home territory. The film had received backlash in its home country by the members of FWICE (Federation of Western India Cine Employees) over its origins and year of making, and from media over snubbing of S.S. Rajamouli's magnum opus 'RRR'.

SRK DROPS SHIRTLESS PIC ON SOCIAL MEDIA, FLAUNTS 'PATHAAN' ABS, LONG HAIR

Bollywood superstar Shah Rukh Khan added his bit to global warming as he posted a shirtless picture of himself on the social media and left his fans swooning over it. The actor, who has three massive releases lined up one after the other, took to his Instagram on Sunday and dropped a picture of himself where he can be seen sporting long hair, chiselled body with finely carved abs and arms while sitting on a sofa. In his caption, he said: "Me to My Shirt today: 'Tum hotitohkaisahota. Tum issbaat pe hairaanhota, tum issbaat pe kitnihansti... Tum hotitohaisahota.' Me also waiting for #Pathaan." As soon as SRK shared the picture, his admirers swarmed to the comments section and dropped comments, such as this one: "2023 belongs to you and only you! It makes me so emotional every time I think of how hard you are working to bless us with three movies next year. All my love and respect to you my hero."



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DILJIT, SARGUN JIVE TO FOOT-TAPPING DANCE NUMBERS FROM 'BABE BHANGRA PAUNDE NE'

After the release of 'Jogi', actor Diljit Dosanjh is all set for his next project 'Babe Bhangra Paunde Ne' opposite Sargun Mehta. The actor gets candid about the latest dance numbers from the movie, 'Koka' and 'Bachelor Party' He said: "'Koka' and 'Bachelor Party' are both Punjabi numbers, and what better than bringing this just before the festive season." While the first song 'Koka', sung by Diljit is a complete dance number, 'Bachelor Party' brings out the romantic chemistry between Diljit and Sargun. It is sung by Diljit and Inderjit Nikku. Diljit has worked in a number of Punjabi and Hindi films including 'Jatt & Juliet 2', 'Punjab 1984', 'Good Newwz' and others.

Sargun is also known for her TV shows and films. She was seen in 'Crime Patrol', 'Kya Huaa Tera Vaada', 'Jamai Raja' and also participated in reality shows such as 'Nach Baliye 5', 'Comedy Nights With Kapil'. She was also part of Akshay Kumar-starrer 'Cuttputti'. Now, as the actor is all set for his next Punjabi movie with Sargun, he has all the hopes that the audience will appreciate the film and its music. "Sargun and I had a blast shooting for them. I am hoping for the audience to fall in love with these two," he added. The Punjabi comedy-drama 'Babe Bhangra Paunde Ne' is directed by Amarjit Singh Saroon and produced by Daljit Thind and Diljit Dosanjh. It will be released on October 5.

'COME FALL IN LOVE' CAST TALK ABOUT HOW THE MUSICAL IS CREATING HISTORY WITH REPRESENTATION

Filmmaker Aditya Chopra's Broadway musical 'Come Fall In Love', which has 30 cast members, including 17 Indian-Americans, have spoken about creating history with representation. The musical has actors Amita Batra, Neha Dharmapuram, Rohit Gijare, Irvine Iqbal, Usman Ali Ishaq, Nika Lindsay, Caleb Mathura, Kinshuk Sen, Meher Mistry, Shoba Narayan, Shahil Patel, Rupal Pujara, Geetali Tampi, Vishal Vaidya, Sonya Venugopal, Bhumi Patel and Zain Patel. Irvine Iqbal, who plays Simran's father the turbaned Baldev on stage, says: "When the South Asian community is one of the largest ethnic minority groups in the US, why would we not ensure that our theatres reflect this demographic and see that musicals proportionately cast South Asian actors? Isn't this the world we live in today? It's increasingly clear that audiences are becoming more diverse and expect to see themselves reflected on our stages. "If we don't see ourselves represented on the

stage how can there be any representation? The collective frustration of the American South Asian talent out there comes from not being able to have a meeting or audition to showcase their talents. "We are either overlooked, ignored or simply invisible to many with the ability to affect change." Rupal Pujara, who plays Simran's mother Lajo, says: "'Come Fall In Love' is updating the beloved classic, DDLJ, by expanding the narrative of its female characters. In this version, Lajo is not only a devoted wife and mother, she's also strong, soulful and fiercely witty." Kinshuk Sen, who plays Kuljit, Simran's to be husband in the musical, says the show has one of the largest South Asian casts he has ever seen on a western stage, that too being guided by a creative team that is also predominantly South Asian. "Being from Delhi, but having lived and worked in the US now for almost a decade, I have almost always been the lone person of colour, let alone the only Indian person, in every circle I have been a part of."

Vishal Vaidya, who plays another principal character called Ajit, Kuljit's father, says: "As a Gujarati American who grew up dancing Garba, Raas, and Bhangra, I felt I had to leave that part of my identity behind when I pursued musical theatre. "I'm so excited about what this show will do for representation on stage. South Asian Americans have never really had a show that can also be a training ground for new talent, and I find great hope in the idea younger artists will see this show and feel that, finally, they belong in this industry." Neha Dharmapuram, again part of the ensemble, adds: "I go into work every day telling myself that by simply showing up for myself and my passions, I might be giving another South Asian creative the courage to pursue their dreams. Not only that, I hope that watching so many South Asians pursue a career in the arts on one stage will give parents the confidence to support their children in pursuing non-traditional careers."

Caleb Mathura, also a part of the ensemble, adds: "Representation always matters, but it's effect is so evident within the Arts. I have met people who have travelled across the country to see this show. "The show also champions diversity and every department from cast to technicians is a beautiful confluence of East and West as Indian and South Asian representation is at the heart of this show." The musical also has 18 original English songs to treat audiences with and the makers reveal that they also have a beautiful song 'Love In Every Colour' that celebrates the theme of inclusivity in the show. Meanwhile, The Old Globe, one of the most respected theatres in the US, has announced an extension of the World Premiere of 'Come Fall in Love - The DDLJ Musical'. The Broadway-bound production, which opened last week and has received standing ovations for every performance, has been extended for one week only and will now play through October 23.

RANVEER AND I ARE COMPLETE FASHION BUDDIES: KARAN JOHAR



They are both known for their eclectic and loud fashion choices. This is why filmmaker Karan Johar says that he and Bollywood's livewire star Ranveer Singh are fashion buddies. Karan will be joined by content creators Tanmay Bhatt, Danish Sait, Kusha Kapila and Niharika NM on the finale episode of 'Koffee With Karan' Season 7. He finally opens up about getting to share the style icon title with Ranveer Singh who is known for never following a rule book when it comes to clothes. "Ranveer and I are complete fashion buddies. We constantly text each other saying you killed that look. It then reached a point when we realized it was only us complementing each other, no one really bothered," said the host. 'Koffee with Karan' Season 7 airs on Disney+ Hotstar.

SALMAN SAYS HE HASN'T GOT RS 1,000 CRORE FOR 'BIGG BOSS 16'



Salman Khan candidly answered questions about the many rumours that are circulating about him, starting with nixing the theory that he wasn't going to host 'Bigg Boss 16' and that his fees have touched Rs 1,000 crore. Speaking to journalists at the virtual media briefing, Salman said: "Well, I am often asked if I am doing the show or not, so I get irritated sometimes and tell these people that I don't want to do the show. But these people are helpless as they feel if not me, then who else. So, they have no choice." By 'they', the star obviously meant the producers of the show. On the rumour that his fees added up to Rs 1,000 crore, he said: "I would never get this much and if in reality I get this amount, I don't think I'd be working. I have a lot of expenses like on lawyers and because of these rumours, income-tax people will start noticing me." When asked why he has returned to the show as host, he said: "I learn a lot on this show and get to meet so many people, and whenever they go off track, I bring them back in the right direction. I protect the bullied and bully the ones who bully. In the four months when this show goes on, we bond like a family." On whether he would like to invite a Bollywood couple on the show, Salman said: "No one. I don't think anyone can play the game inside. It's a different thing. I would not take the names but I would like to have a few contestants who would go inside single but come out from the house together." Salman then talked about his mother's diminishing love for the show. He revealed: "She used to watch it religiously. Now, she also watches other shows. This might be because she feels that she has had too much of 'Bigg Boss'." On being asked about a piece of advice given to him by his mother, he mentioned jokingly: "She tells me to go and teach them a lesson. That is why I get so charged up." 'Bigg Boss 16' is all set to start from October 1 at 9:30 p.m. on Colors.

ASHA PAREKH ONLY THE 7TH WOMAN AMONG 52 DADASAHEB PHALKE AWARDEES



One of the few Hindi film stars to appear onscreen from a child to a dowager, Asha Parekh is the seventh woman -- out of a total of 52 awardees -- to be conferred the country's most important film honour, Dadasahab Phalke Award, since its inception in 1969. She is also the second woman after Asha Bhosle to get the award since the dawn of the 2000s. Ironically, despite the limited representation of women in the roster of awardees, Devika Rani was the first to get it in 1969. The other lucky women were Ruby Myers (Sulochana) in 1973, Kanan Devi (1976), Durga Khote (1983) and Lata Mangeshkar (1989). Asha Bhosle got the award in 2000. Entering the film industry as a child artiste in 1952 when aged 10, Parekh worked in such roles for five more years, before concentrating on studies. After a major disappointment when she was rejected for a big-ticket film (Vijay Bhatt's "Goonj Uthi Shehnai", 1959) as she was not "star material", she made her name in "Dil Deke Dekho" (1959), which was among the first of Sharmmi Kapoor from his swinging era. Parekh became a favourite of film-maker Nasir Hussain, who went to cast her in six successful films across the next decade. from "Jab Pyar Kisi Se Hota Hai" (1961) to "Caravan" (1971). Mostly portrayed as a glamorous, even tomboyish, figure, with some notable exceptions, Parekh not only became a leading actress -- among the highest paid of her time -- but also was a style icon with her choice of clothes and elegant coiffure. She was cast in the same mould by filmmakers such as Vijay Anand and Mohan Segal, but Raj Khosla and then Shakti Samanta gave her more meaty roles that required her to emote more, and she performed. Paired with most of the leading heroes of her time, Parekh will be particularly remembered for her onscreen chemistry with Sharmmi Kapoor, particularly in "Teensy Manzil" (1966), be it the energetic jiving in "Aajaaaja, main hoonyartera" or "O Haseenazulfoonwalijaan-e-jahan", the heartfelt request in "O Mere Sona Re", or the smouldering emotional intensity on both sides of "Tumne mujhe dekha karmeharbaan".

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Y MEDIA TEAM AT 19TH ANNUAL CASHMERE COLLECTION CELESTIAL AWAKENING: A CELEBRATION OF STRENGTH, HOPE AND COMPASSION

INTERNATIONAL FASHION STAR JAY MANUEL PRESENTS 12 TOP CANADIAN DESIGNERS AND THEIR VISION OF A FUTURE WITHOUT CANCER TO KICK-OFF BREAST CANCER AWARENESS MONTH



Canada's fashion stars dazzled at the 19th Annual Cashmere Collection Celestial Awakening: A Celebration of Strength, Hope, and Compassion on Thursday, September 22, at The Symes in Toronto. Twelve brilliantly talented designers from across Canada revealed their unique and breathtaking visions of a future without Breast Cancer at a one-of-a-kind show of original couture - all entirely crafted in sheets of soft and luxurious NEW and improved Cashmere UltraLuxe Bathroom Tissue. Proudly made in Canada, Cashmere is Canada's best selling Bathroom Tissue brand.

A VIP audience of Canadian fashion industry stargazers and tastemakers sparkled at the annual, invite-only, runway event presented by Cashmere Collection Curator, Jay Manuel, who hails from Scarborough, Ontario and now calls New York City home. Famed for his roles on America's Next Top Model, Canada's Next Top Model and E! Network, Jay has been following the collection for years.

"Canada has an amazing wealth of fashion talent, and seeing these creative visionaries bring their show-stopping designs to life as a collection on the runway is truly an epic spectacle," says a proud Jay Manuel, who is curating the collection for the first time.

"Our 2022 theme, Celestial Awakening, is a Celebration of Strength, Hope, and Compassion and asked our designers to look to the heavens for inspiration. I am totally blown away by the creativity, skill, and craftsmanship that went into each and every design," he says.

THE STARS OF THE 2022 CASHMERE COLLECTION CELESTIAL AWAKENING INCLUDE:

- * Kelsey Erin - Upper Tantallon, Nova Scotia
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- * Doch - Ajax, Ontario
- * Madaleine Nelson - Gores Landing, Ontario
- * Afflatus Hijab - Edmonton, Alberta
- * Sam Stringer - Osoyoos, British Columbia

*** ANNUAL KICK-OFF TO OCTOBER BREAST CANCER AWARENESS MONTH**

* More than 240 top Canadian Designers have taken part in the Cashmere Collection, now celebrating its 19th year. Produced by Kruger Products, maker of Cashmere Bathroom Tissue, Canada's best-selling brand, it serves as the annual kick-off to October Breast Cancer Month.

* "It's a joy to celebrate a new normal in Canada after two plus years of lockdown," says Susan Irving, CMO Kruger Products. "The 2022 Cashmere Collection pays tribute to our ever-evolving lifestyle and the perseverance Canadians show as we adapt to our environment with empathy and compassion. Our Celestial Awakening honours fashion with compassion and all-Canadian creativity."

* "It's specifically designed to raise much-needed public support and funds for breast cancer awareness, prevention, and treatment programs through our long-standing partnerships with the Canadian Cancer Society (CCS) and the Quebec Breast Cancer Foundation (QBCF). Over the years, we have raised millions of dollars in support of the breast cancer cause," she says.

*** ESSENTIAL CASHMERE COLLECTION 2022 PARTNERS**

* Artistic Director and Canadian fashion show producer, Erika Larva, has led the collection since its beginnings in 2004. She is joined this year by Stylist Lisa Williams, who is making her Cashmere Collection debut.

* Internationally recognised fashion photographer Justin Wu captured the collection in a heavenly photo portfolio available at CashmereCollection2022.ca. An award-winning Toronto-based photographer and director, Justin is best known for shooting world-renowned fashion and beauty campaigns, directing

top Canadian talent on Run the Burbs and Kim's Convenience, and taking Europe by storm working with the likes of Vogue, ELLE and GQ.

*** CALLING ALL CANADIANS**

* The 19th Annual Cashmere Collection is calling on all Canadians to join in and support the breast cancer cause by taking part in this year's Cashmere Vote Couture for the Cure® at CashmereVoteCouture.com - where Canadians are invited to vote for their favourite design and Cashmere will donate \$1 (to a maximum of \$15,000), to the CCS and QBCF in the winning designer's name. Voters will also be entered for a chance to win a \$1,500 cash prize.

* Throughout October, twenty-five cents from the sale of every limited-edition pink package of Cashmere UltraLuxe Bathroom Tissue goes directly towards breast cancer efforts, up to a maximum of \$65,000.

*** ABOUT THE CASHMERE COLLECTION**

* Founded in 2004, the international award-winning Cashmere Collection is an ardent supporter of Canada's fashion design community and the Breast Cancer cause. Many of the greatest names in Canadian fashion have contributed to the collection including Marie Saint Pierre, Greta Constantine, Denis Gagnon, David Dixon, Rudsak, NARCES, Sonny Fong, Stephan Caras, Christopher Paunil, Lucian Matis, Matthew Gallagher, and far too many more to name drop.

*** ABOUT CASHMERE AND KRUGER PRODUCTS**

Cashmere Bathroom Tissue, Canada's best-selling brand, reflects Kruger Products' commitment to providing the finest quality, Canadian-made tissue products to consumers. Kruger Products is one of Canada's leading tissue manufacturers and serves the Canadian consumer market with well-known brands including Cashmere, Purex, SpongeTowels and Scotties; White Cloud in the U.S., as well as away-from-home products for industrial and commercial use across Canada and the U.S.

* A longstanding and committed contributor to the breast cancer cause, Kruger Products has supported the Canadian Breast Cancer Foundation (CBCF), now part of the Canadian Cancer Society (CCS) since the collection's debut in 2004 and is currently one of the top five national partners supporting the breast cancer cause at CCS.

* Kruger Products, with more than 2,700 employees, operates nine FSC® COC-certified (FSC® C-104904) production facilities in North America with headquarters in Toronto and Montreal.

*** ABOUT BREAST CANCER AND THE CANADIAN CANCER SOCIETY**

The Canadian Cancer Society (CCS) is the only national charity that supports Canadians with all cancers in communities across the country. No other organization does what we do; we are the voice for Canadians who care about cancer. We fund ground-breaking research, provide a support system for all those affected by cancer and shape health policies to prevent cancer and support those living with the disease.

* CCS is the largest national charitable funder of breast cancer research in Canada. Research investments combined with early detection, and better treatment therapies have resulted in a 44% decrease in the breast cancer death rate since the late 1980s. More work needs to be done as breast cancer is still the most commonly diagnosed cancer and the second leading cause of cancer-related deaths among women in Canada. Funds raised through this partnership will be invested in CCS's leading breast cancer research and support programs.

*** ABOUT THE QUEBEC BREAST CANCER FOUNDATION**

* The Quebec Breast Cancer Foundation is the only philanthropic organization to ensure that the benefits of its investments in breast cancer research stay here in Quebec. In over 28 years, it has raised more than \$61 million and invested it in Quebec in cutting-edge research and in defending the interests of breast cancer patients and their loved ones. Through research and innovation, support and education, it ensures that people with the disease and their families remain the real focus of its mission. Families, researchers, volunteers and donors all share the same hope: a future without breast cancer



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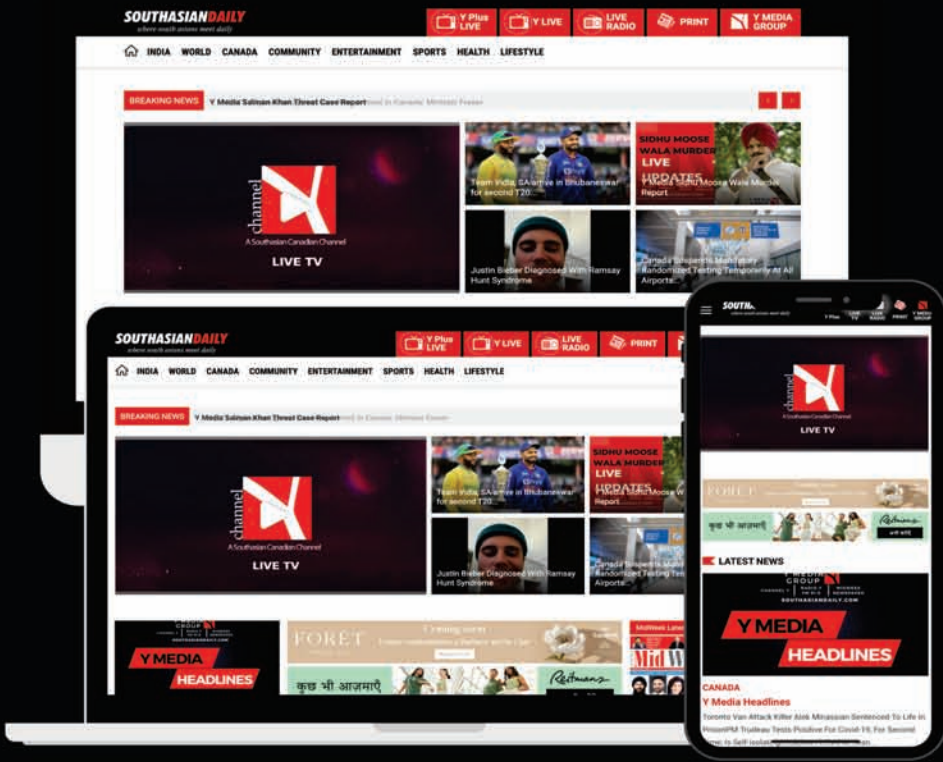
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YUDHVIR JASWAL (GROUP EDITOR- Y MEDIA) IN AN EXCLUSIVE INTERVIEW WITH PRIME MINISTER JUSTIN TRUDEAU

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MidWeek Sports



Tuesday, September 27, 2022

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POWERED BY ARSHDEEP, CHAHAR; INDIA DEFEAT SOUTH AFRICA BY 8 WICKETS

In the first T20I between India and South Africa on Wednesday, India bowlers shattered the Proteas batting line-up and won the match by eight wickets.

While Arshdeep took crucial wickets of Quinton de Kock, Rilee Rossouw, and David Miller, Deepak Chahar's two-wicket haul skipper Temba Bavuma and Tristan Stubbs sent the South Africa batters in trouble. Harshal Patel also took two wickets, Axar Patel conceded just 16 runs and picked a wicket during India's innings. South Africa's batting line-up collapsed and they managed to set a target of just 107 runs.

When it comes to India's batting, after losing skipper Rohit Sharma on a duck out and star batter Virat Kohli on 3 runs. KL Rahul and

Suryakumar Yadav stabilized the innings. While SKY smashed a 33-ball half-century, KL Rahul too scored a fifty by hitting a six and ending the one-sided game in style.

The next two games will be played on October 2 in Guwahati and on October 4 in Indore. Both teams will then play a three-match ODI series on beginning on 6th October.

Brief Scores:
South Africa: 106 for 8 in 20 overs (Keshav Maharaj 41, Aiden Markram 25, Wayne Parnell 24; Arshdeep Singh 3/32, Harshal Patel 2/26, Deepak Chahar 2/24).
India: 110 for 2 in 16.4 overs. (KL Rahul 51 not out, Suryakumar Yadav 50 not).

FIH HOCKEY WORLD CUP: OLYMPIC BRONZE MEDALLISTS INDIA START AGAINST SPAIN IN CURTAIN-RAISER ON 13 JAN 2023

Eight-time Olympic champions India will play Spain in the opening match of the 2023 FIH Hockey World Cup that kick starts in Odisha on January 13, 2023. The 1975 World Champions will have huge a task in hand to end the 48-year drought.

The Tokyo Olympics bronze medallists India, who are currently world No. 5 in the FIH rankings, are clubbed alongside England (6), Spain (8) and World Cup debutants Wales (16) in pool D.

India will play their second match in Rourkela, against on England on January 15, before moving to the capital city of Bhubaneswar, where they will face Wales in their final group match on January 19.

Pool A is headed up by world number one Australia, who got the bronze medal at the last World Cup in 2018. They were drawn along with 2016 Olympic champions Argentina, France and African champions South Africa. Reigning world champions Belgium are the top seed and they were drawn in Pool B along with 2006 winners Germany, Korea and Japan. Belgium are ranked second while Germany are fourth. Pool C will feature last edition finalists the Netherlands, ranked third in the world, along with Oceania representative New Zealand, Malaysia -- playing their ninth World Cup and debutants Chile. As per the fixtures released by FIH on Tuesday, 2016 Olympic



champions Argentina will take on South Africa, while world No.1 Australia face France on the same day at the Kalinga Stadium in Bhubaneswar. While India's game starts at 7pm IST, the tournament will start in Rourkella with England taking on Wales in the first game. Reigning champions and world No.2 Belgium, who won the title in the 2018 in Odisha, will take on South Korea in Bhubaneswar.



HARIS RAUF CLAIMED THE FIRST-BALL WICKET OF PHIL SALT.

| DETAILS ON PAGE 26

LED BY ARSHDEEP SINGH, INDIA BOWLING ATTACK SETS TWITTER ON FIRE



In the first T20I between India and South Africa on Wednesday, India bowlers shook the Proteas batting line-up. With Arshdeep Singh's 3-wicket haul, the men in blue took control of the innings very early. While Arshdeep took crucial wickets of Quinton de Kock, Rilee Rossouw, and David Miller, Deepak Chahar's two-wicket haul skipper Temba Bavuma and Tristan Stubbs sent the South Africa batters in trouble. Harshal Patel also took two wickets, Axar Patel conceded just 16 runs and picked a wicket during India's innings. South Africa's batting line-up was shattered and the Proteas managed to set a target of just 107 runs.

After looking at India's powerful bowling performance, the fans got impressed and flooded Twitter with funny posts.

The next two T20Is will be played on October 2 in Guwahati and on October 4 in Indore. Both teams will then play a three-match ODI series on beginning on 6th October. After the series, the men in blue and the Proteas will leave for the T20 World Cup to be held in Australia next month. Both the teams will want to clinch the series to strengthen their morale before the World Cup.

SURYAKUMAR YADAV SURPASSES SHIKHAR DHAWAN FOR MOST RUNS IN A CALENDAR YEAR FOR INDIA IN T20IS



Suryakumar Yadav has officially broken Shikhar Dhawan's record for most runs in a calendar year for India after he surpassed the Delhi batter's tally of 689 runs from 2018 in the first T20I against South Africa on Wednesday. With back-to-back sixes in the seventh over saw him break the record. Playing in his 21st match of 2022, the Indian star is already the highest scorer in the calendar year and did not show any mercy on the opposition. Despite losing Virat Kohli and Rohit Sharma early, Yadav was at top of his game. He needed just eight runs to break the record set by Shikhar set in 2018 which he surpassed easily.

MOHAMMED SHAMI TESTS NEGATIVE FOR COVID-19



India pacer Mohammed Shami on Wednesday tested negative for COVID-19, over 10 days after he had been infected by the virus. The 32-year-old posted his negative report on his Instagram account, hours after the BCCI named veteran pacer Umesh Yadav as his replacement for the three-match T20I series against South Africa, beginning on Wednesday in Thiruvananthapuram. "Negative," Shami wrote along with a picture of his COVID test report. The senior India pacer had tested positive for the virus on September 17. He was subsequently ruled out of the recently-concluded three-match series against Australia. Earlier in the day, the pacer had been ruled out of the T20s against South Africa with the BCCI saying he is "yet to attain full recovery from COVID-19."



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PAKISTAN WIN BY 5 RUNS, LEAD SERIES 3-2

Moeen Ali's late rally was in vain as Pakistan produced a spirited bowling display to beat England by six runs in the fifth Twenty20 in Lahore on Wednesday and take a 3-2 lead in the seven-match series. Chasing a modest 146, England needed 15 off the final over but debutant Aamer Jamal (1-13) held his nerve against the experienced Moeen (51 not out) to close out the game for Pakistan. England never got going in their chase, losing both openers early before Dawid Malan chipped in with a dogged 36 and Moeen kept them in the hunt with a few late blows but the England captain left himself too much to do in the last over.

Haris Rauf (2-41) shone with the ball and five other Pakistan bowlers picked up a wicket each. After being asked to bat, Pakistan's middle-order woes returned to haunt them as they crumbled to 88-6 after excellent spells from Mark Wood (3-20) and David Willey (2-23). The in-form Mohammad Rizwan (63) struck another half-century and combined with the lower order to push Pakistan towards a respectable total as the home side were bowled out for 145 in 19 overs. England effected two run outs and Sam Curran was also among the wickets with figures of 2-23. The teams meet again at the same venue on Friday.

BUMRAH IN WAUGH'S TOP-FIVE FOR T20 WORLD CUP

World Cup-winning former Australia opener Mark Waugh has picked Indian pace spearhead Jasprit Bumrah as one of his top five picks for the T20I showpiece Down Under. Bumrah recently returned to action after recovering from a back injury in the three-match T20 series against Australia that India won 2-1. The 28-year-old, who underwent rehab at the National Cricket Academy (NCA) in Bangalore, looked fully fit but he's yet to get back to his old rhythm. "I think he's a fantastic bowler in all formats, actually. His ability to get wickets in T20 cricket is key. He can bowl at the death and he can bowl up front," Waugh told the ICC website. Waugh picked Pakistan's Shaheen Afridi as Bumrah's new-ball partner as they were the only two pacers in his top-five which also featured Afghanistan spinner Rashid Khan, Aussie allrounder Glenn Maxwell and England's Jos Buttler. "To open the bowling at the other end we'll go with another great opening bowler, Shaheen Afridi from Pakistan, who is a tremendous left-arm fast bowler," Waugh said. Terming Shaheen as wicket-taker, Waugh said: "He sort of lifts the team. He's a guy that other players follow. "He is a left-armer so that's another point of difference. He can swing the ball back into the right-hander, he's quick as well, so I've got him number two." On picking Rashid, Waugh said: "In all competitions, he plays in, he's just the one guy who you know is going to bowl four overs. "He'll probably get two or three wickets and go for 20 runs, and he can bat. He can also whack the ball over the fence." On his rationale behind picking Buttler, the Australian said: "I think he's probably the number one batsman in world cricket in the T20 format. He's just a clean striker of the ball." The T20 World Cup will get underway on October 16.

FIFA HONOURS INDIA'S SUNIL CHHETRI, RELEASES THREE-EPIISODE SERIES ON HIS LIFE AND CAREER



World football governing body FIFA has released a three-episode series on the life and career of Indian star footballer Sunil Chhetri in recognition of his achievements and goal-scoring exploits. FIFA announced that the three episodes are available on FIFA+, its streaming platform. "You know all about Ronaldo and Messi, now get the definitive story of the third highest scoring active men's international. Sunil Chhetri, Captain Fantastic is available on FIFA+ now," FIFA tweeted from its World Cup handle. The 38-year-old Chhetri is the third on the list of active footballers with the most international goals with 84 strikes to his name. He is behind Cristiano Ronaldo (117) and Lionel Messi (90). "The first episode takes us back to where it all started...all leading up to his India debut at the age of 20. Close associates, loved ones, and footballing colleagues help tell the tale -- apart from the man himself, the man affectionately dubbed, 'Captain, Leader, Legend'," the synopsis of the first episode said.

YOU LEARN A LOT PLAYING ON TRICKY WICKETS: ROHIT



India captain Rohit Sharma is happy that his team got to "learn a lot" in their eight-wicket victory over South Africa in a low-scoring chase on a "tricky track" in the first T20 International. Suryakumar Yadav's unbeaten 50 off 33 balls ensured that India didn't face too many hiccups despite KL Rahul's struggles on a track where South Africa were left tottering at 9/5 at the start of the game. "The wicket was tricky. You learn a lot playing such a game. You understand what the team needs to do in tough conditions. It was nice to play a game like that. We knew the bowlers will get something seeing grass on the pitch, but we didn't expected help for the full 20 overs," Rohit said at the post-match presentation ceremony.

AS USUAL, TORONTO SMASHERS BADMINTON LEAGUE 2022 IS A HUGE SUCCESS!



Toronto Smashers Badminton Club was founded in 2018 and promotes a friendly, supportive and progressive badminton community that facilitates and develops the playing of badminton among children and adults of all ages regardless of gender, ethnicity, or ability. The Club inspires excellence in badminton and grows the love for the game. They treat each other with respect to play and work as a team. The Club continuously strives for excellence and is committed towards the betterment of all registered players. The maiden league tournament was held in 2019 with 1 division, 5 teams and 40 players at Melati Mas Sports, Pickering. There were 2 seasons held in 2019 and another in 2021. This year, the league was held at Epic Sports Badminton, Scarborough. There were 4 divisions (Diamond, Platinum, Gold, and Silver), 23 teams and 170 participants from GTA. Every Toronto Smasher's Tournaments have set a new milestone and a baseline for future tournaments. There is no doubt, the tournament was a huge success and already players are approaching them to enter in the next league. Next year, there will be a few changes to the divisions as well as woman doubles added to the format Toronto Smashers Badminton Club would like to extend their gratitude to all the participants, team managers, sponsors, volunteers, well-wishers and organizers for making this tournament a success & a memorable one for them.

The Winners are:
Diamond Division
Champions - Eagles
1st Runners Up - Fast & Furious
2nd Runners Up - Die Hard
Platinum Division
Champions - Fast & Furious
1st Runners Up - Eagles

2nd Runners Up - Bulldogs
Gold Division
Champions - Eagles
1st Runners Up - Bulldogs
2nd Runners Up - Sharks
Silver Division
Champions - Fast & Furious
1st Runners Up - Die Hard
2nd Runners Up - Capital Kings
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September 27, 2022

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NORA FATEHI FLAUNTS SEXY CURVES IN SHIMMERY BODYCON DRESS, PHOTOS GO VIRAL



ONE OF INDIA'S MOST FASHIONABLE ACTRESSES, NORA FATEHI FREQUENTLY ASTOUNDS HER FANS WITH HER SENSUAL IMAGES IN STUNNING OUTFITS. SHE RECENTLY SHARED PHOTOS WEARING A STUNNING RED DRESS THAT LOOKED AMAZING ON HER.

HOME PRICES DOWN IN BRAMPTON, INCREASE IN MISSISSAUGA IN AUGUST

According to the Toronto Regional Real Estate Board, the average price of a home in Brampton was \$1.02 million in August 2022. It's down 0.9 per cent or \$8,896 from July 2022 and down 3.9 per cent or \$41,638 from August 2021. The Toronto Regional Real Estate Board reports that the average price of a home in Mississauga was \$1.08 million in August 2022. It's up \$8,288 or 0.8 per cent from July 2022 and up \$114,413 or 11.9 per cent from August 2021. As of August 31, Brampton had 508 home sales after an average of 21 days on the market and 1,037 active listings. Compared to last year, sales were down 42.5% and active listings were up 139.5%. In Mississauga, 487 homes sold after an average of 23 days on the market, and 1,349 active listings were on the market. A year ago, sales were down 40.5% and active listings were up 83.8%.

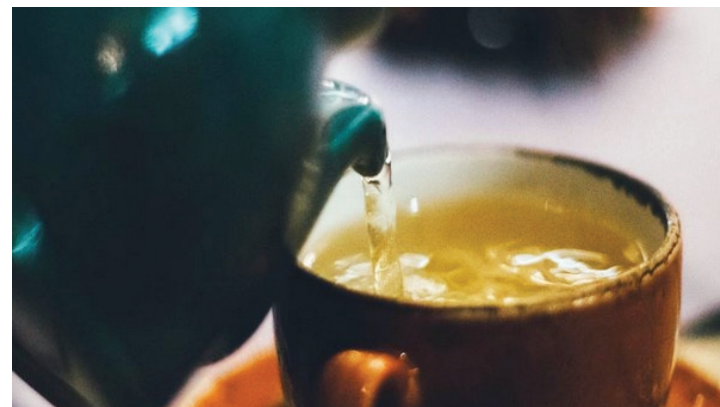


SOARING ENERGY COSTS THREATENING FUTURE OF ELECTRIC CARS



Soaring energy costs are threatening the future of the electric car, industry bosses in Germany have warned, media reports said. A rise in electricity prices as well as in raw material costs and availability, a chronic shortage of parts, and a widespread reduction in disposable income are having a considerable impact on the production and sales of cars, The Guardian reported. If the trend continues, there is also concern that there will be a knock-on effect on investors who will lack incentives to build charging facilities, making electric cars less attractive -- because they would be more impractical -- to run, it said. Until recently ownership of electric cars had been gaining in attractiveness as the cost of petrol rose. But since recent rises in electricity prices -- in Germany of around a third compared with a year ago -- the price differential has shrunk. Electric car owners, whether charging their cars at home or through contracts with charging operators, have seen price rises of 10 per cent or more. Further price rises are expected, owing to the fact that the price of electricity is linked to that of gas, which has become ever scarcer since Russia turned off its gas supplies to Germany almost two weeks ago. Allego, one of Germany's largest charging station operators, raised its prices at the start of this month from 43 cents a kilowatt hour to 47 cents.

TEA CONSUMPTION MAY LOWER RISK OF DEVELOPING TYPE 2 DIABETES: STUDY



WASHINGTON: According to a study of over 1 million adults from eight countries, moderate use of black, green, or Oolong tea is associated with a lower risk of developing type 2 diabetes. The findings, being presented at this year's European Association for the Study of Diabetes (EASD) Annual Meeting in Stockholm, Sweden (September 19-23), suggest that drinking at least four cups of tea a day is associated with a 17 per cent lower risk of T2D over an average period of 10 years. "Our results are exciting because they suggest that people can do something as simple as drinking four cups of tea a day to potentially lessen their risk of developing type 2 diabetes", says lead author Xiaying Li from Wuhan University of Science and Technology in China.



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THE MAGIC OF MALVERN CONTINUES

A beautiful, green, people-friendly new community will blossom and bloom



For many years there was a lot to love about Malvern Town Centre. It's been a great place to grab a bite, shop for groceries or find whatever you need for your home. And it's always a good spot to meet friends for walks and chats.

But what if Malvern Town Centre could become a true town centre with new parks, affordable housing, and community spaces, while still leaving room for retail? What if it could be even further enhanced to become an even more vibrant community, where you could live, raise your kids, entertain friends and family, shop, eat and have fun?

That's exactly the vision Davpart is proposing for Malvern Town Centre. Prioritizing the people who make Malvern Town Centre a vital part of their lives is important to this premier development company. After all, people are the only reason to create a community, and so it must fulfill a wide range of needs.

Davpart is excited to share the vision with everyone who is already a fan of the current amenities at Malvern

Town Centre: Their aspiration is to build a beautiful, inclusive and complete community, a marvelous place to live and visit.

For a smooth and harmonious transition, the plan is to proceed slowly, in 10 phases over a period of years. In Phase 1, which is expected to last from five to seven years, two new residential towers will be built in some of the parking areas of Malvern Town Centre. The mall itself will remain exactly as it currently is, unchanged during construction, for at least three years. Area residents will be able to shop in the mall and/or new retail venues throughout the stages of the community's progress. The Taibu Community Health Centre and Medicine Shoppe Pharmacy on the property will remain during the development of the initial phases.

The new buildings of 32 and 39 storeys will each be designed for sustainability and will include a vertical green wall consisting of living plants. A large new urban square will provide space for shoppers and people just wanting to take a stroll and enjoy the ambiance. The ground floors of the two buildings

will offer a host of retail that will complement what is already inside the existing mall.

Landscaping, tree plantings, and greenery are a large part of the vision, to create a pleasant environment that everyone will appreciate. Four acres are dedicated to a central park, central plaza, play area, and trail that will double as an ice rink in the winter. All of this new green space will extend the current boundaries of McLevin Woods Park. For residents and neighbours, the bountiful parkland will provide many options for play, relaxation, and socializing, year round.

As for all the new residences planned for the 27.4-acre site, it's a true mix. Not only will there be high-rise residential towers; there will also be mid-rise residences and walk-up townhomes. Condominiums, condo rentals, and affordable housing will serve the needs of a diverse community – as well as help address the overall need for housing in the GTA. A welcome opportunity in the Malvern community.

Davpart's purpose with all the care taken to plan a community around the needs of residents and neighbours is to foster a sense of connection and safety. The new tree-lined streets will be pedestrian and cyclist-friendly, with wider sidewalks. For transit riders, the transformation of Malvern Town Centre will come with easy access to an upcoming Eglinton East Light Rail Transit stop right at the corner.

Moving into the new housing will come with benefits as well: Living only steps from parkland, shops, food outlets, and transit, and 246,881.8 square feet of private resident amenities.

But whether you live in the area around the new Malvern Town Centre or move into one of the upcoming condominiums, rentals or townhomes, you're bound to feel a continued sense of pride to be part of this carefully considered, master-planned community.

Get ready to experience what it's like to be part of something new and invigorating. Get ready to discover the new Malvern Town Centre – designed around your needs.

PROPOSED COMMUNITY HIGHLIGHTS

- Enhanced connectivity and safety
- Better use of space
- Improved aesthetics
- An invigorating lifestyle
- A new residential destination
- Minimal disruption
- Two striking residential towers



ALL ILLUSTRATIONS ARE ARTIST'S CONCEPT OF PROPOSED PLAN. E.&O.E.

DAVPART HAS PLANS TO CONNECT WITH AREA RESIDENTS, INCLUDING SETTING UP MALL INFORMATION BOOTHS AND A WEBSITE. WATCH FOR DETAILS TO COME SOON.

THOUSANDS ATTEND NAMING OF AHMADIYYA PARK IN BRAMPTON



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Y MEDIA EXCLUSIVE: MISSISSAUGA ISMAILI COMMUNITY ENGAGED IN EDUCATIONAL KAHOOT COMPETITION AND SEED PLANTING ACTIVITY AS A PART OF THE GLOBAL ISMAILI CIVIC INITIATIVE



BONNIE CROMBIE, MISSISSAUGA
MAYORAL CANDIDATE



DEEPAK ANAND, MPP
MISSISSAUGA MALTON



ISMAILI CIVIC is a global initiative under which the members of the Ismaili community across the world have united around its centuries-old tradition of serving humanity by rendering voluntary service to improve the quality of life of the communities in which they live, regardless of faith, gender and background. Under this year's theme of 'Environmental Stewardship' Mississauga Ismaili community came together on the weekend of Sep 24th & 25th to participate in an educational Kahoot competition to raise awareness on environmental consciousness and a seed planting activity to raise awareness on nature and gardening practices. An E-waste drive in collaboration with EPRA (Electronic Products Recycling Association) was also organized to create awareness about E-waste and its threats to our environment. 90+ volunteers attended the events and that accounted for 360 hours of service. Mississauga City Mayoral candidate Bonnie Crombie & Mississauga Malton MPP Deepak Anand attended this event and presented certificate to the community for their ongoing contribution and service to the society.

Y MEDIA TEAM AT NAMING OF SHRI BHAGAVAD GITA PARK IN BRAMPTON



The Brampton Municipal Corporation in Canada on Wednesday named a park as Shri Bhagavad Gita Park that is spread over 3.75 acres in ward number VI.

As per the plan, the park will be beautifully landscaped and will have sculptures of Lord Krishna and Arjuna on a chariot, the two main characters of the Gita, besides some other Hindu deities.

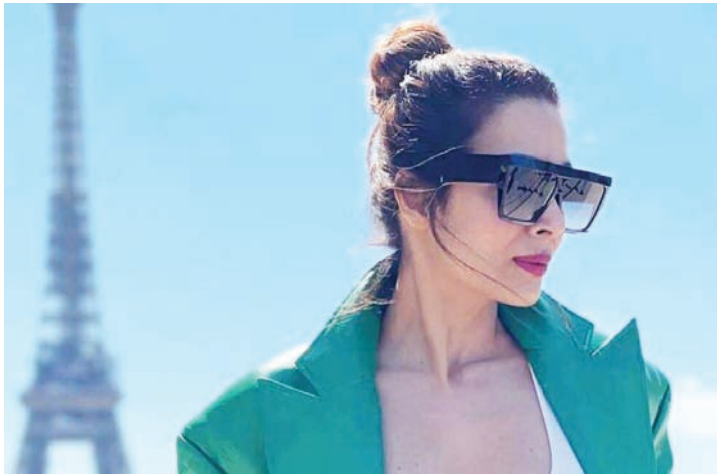
Lauding this initiative of renaming the park, Haryana Chief Minister Manohar Lal Khattar said this park will become symbolic in further spreading the eternal message of universal brotherhood love and harmony as taught in the holy Bhagavad Gita.

Speaking at the event, Patrick Brown, Mayor of Brampton, said: "I believe in the teachings of the Gita. We are very grateful to the Hindu community and this park is a symbol of that friendship."

The Gita Park is probably the only park outside India to be named after the Holy scripture Bhagavad Gita.

MALAIKA ARORA PRACTICES THIS MOVE EVERY DAY TO ‘BURN CALORIES, INCREASE LOWER BODY STRENGTH’

Almost every day, Malaika Arora shares a new fitness move. These, not only help add variety to our workouts but also some variations. However, turns out that the Chaiyya Chaiyya star swears by one move that she does daily. "I practise this movement almost every single day when I start my sessions," she captioned an Instagram video in which she can be seen acing the exercise. With the focus on 'strength building and burning calories,' Malaika could be seen performing slow knee taps and then doing the same move with specific variations. Dressed in a neon green tank top and matching exercise shorts, Malaika said this easy workout can be done "while watching movies or being on a call." Listing the multifarious benefits of the workout she wrote, "It helps in improving cardiovascular endurance, burn calories, and increase lower body strength." Though the recommended number of times to perform it is five times a day, Malaika said: "you can do it as many times as you want."



WORLD HEART DAY 2022: SIMPLE HABITS TO KEEP YOUR HEART HEALTHY

Actor-comedian Raju Srivastava's death, after being hospitalised for over 40 days, has once again highlighted the high fatality rate caused by heart diseases. Across the world, cardiovascular diseases (CVDs) are one of the leading causes of mortality. An estimated 17.9 million people perished due to CVDs in 2019, contributing to 32 per cent of deaths globally. Out of all the people who died from CVD, 85 per cent suffered a stroke and heart attack. Further, a quarter of these CVD deaths occur in low and middle-income countries, according to the World Health Organization. Keeping these statistics in mind, experts stress on the enormous need for awareness about the prevention of heart disease. As such, World Heart Day is an incredible platform to spread awareness about how people can prevent cardiac issues and reduce the burden caused by this condition, said Dr Prashant Pawar, consultant cardiologist, Fortis Hospital Vashi. "Since the heart is crucial to a person's survival, it is important to keep it healthy with a well-balanced diet, adequate sleep, and stress busters like meditation and yoga coupled with daily physical exercise while avoiding things like smoking and alcohol that can damage its arteries," said Dr Pawar.

Lack of physical activities

According to National Center for Chronic Disease Prevention and Health, a lack of physical activity can increase the risk of cardiac issues, even if a person does not have any other risk factors. Besides cardiac problems, being sedentary can also increase the likelihood of several other chronic diseases like obesity, high blood pressure, high blood cholesterol, and type 2 diabetes.

Turning 30? Here are some makeup tricks to follow in the new decade of your life

Turning 30 can be a major milestone — it is about taking with you the learnings of your 20s into the next big decade of your life. As such, much like everything else, how you look at vanity needs an overhaul, too.

Makeup is an important part of vanity. While it is true that everybody's makeup style is different, in your 30s, you can unlearn some things and adopt certain new things into your makeup routine so as to make a statement and stand out.

Reveka Setia, a makeup artist, shares some makeup hacks for your skin in your 30s — a time when most people begin to embrace age.

1. Your brows should be light: Keep them one shade lighter than your real brows. This way you get fuller-looking and not fake-looking brows. Use delicate, short strokes to fill in any empty areas, while also lengthening the ends.
2. Go light on the lips: Darker shades can appear to be sharp and make your lips look slender. A pinkish nude or light berry colour will increase your innate lip form while illuminating your whole face. Additional trick would be to add a tinge of gloss later to give the illusion of plump lips.
3. Choose the right primer: All primers will shine over fine lines and build a precise base for your makeup, but one with light-reflective particles will make your complexion glow before you apply foundation.
4. Look for the right tools: One of the fastest methods to unintentionally age yourself is by having a cakey base. A dampened makeup sponge assures that you get the faded, most airbrushed finish. Turning to the sponge, tap your foundation or concealer wherever there's any discolouration (especially under the eyes and around the nose) and buff any additional product onto the rest of your face.

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